

Year 1 Optional Homework – Autumn 1 2026

Write a fact file about yourself and your family.
Include appearance, special talents, home, and
interests.

Make a map of your route to school.

Sing head, shoulders, knees and toes and point at
the correct body part. Make up your own body
part verse!
Draw your body and label as many external parts
as you can.

Plan and draw a healthy meal for your family.
Make sure you include fruit and vegetables!