## Getting Changed for PE



1. I take off my jumper.



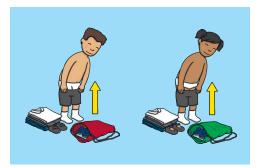
2. I take off my shoes.



3. I take off my trousers or skirt.



4. I take off my shirt or dress.



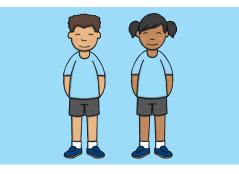
5. I put on my PE shorts.



6. I put on my PE shirt.



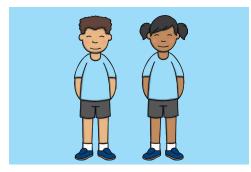
7. I put on my PE shoes.



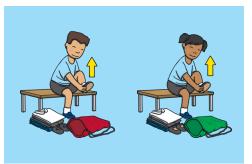
8. Now I am ready for PE.



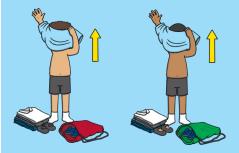
## Getting Changed After PE



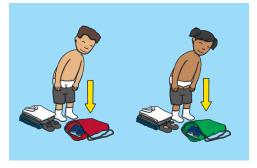
1. I am changing into my school uniform.



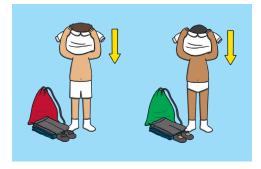
2. I take off my PE shoes.



3. I take off my PE shirt.



4. I take off my PE shorts.



5. I put on my shirt or dress.



6. I put on my trousers or skirt.



7. I put on my shoes.



8. I put on my jumper.

