

# PRE- FORMAL CURRICULUM-LONG TERM PLAN 2024-2025

Year 1	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Theme	Me & My Family	Winter Wonderland	Alien Invasion	Minibeasts	Once upon a time...	Wish upon a star
Foci	Week 1: Myself Week 2: My favourite things Week 3: My Family Week 4: My School Week 5: My Community Week 6: My Body	Week 1: Bonfire Week Week 2: Remembrance Week Week 3: Winter Wildlife Week 4: Reindeers Week 5: Annabelle's Wish & Christmas Stories Week 6: North Pole Week Week 7: Christmas Film Week	Week 1: Aliens Week 2: Planets Week 3: Space Week 4: Rockets Week 5: Astronauts & Moon Week 6: Our Planet	Week 1: Habitats Week 2: Mini Explorers Expedition Week 3: The Hungry Caterpillar Week 4: Caterpillars Week 5: Planting Seeds Week 6: Things with Wings Week 7: Butterflies Week 8: Easter Week	Week 1: The Three Little Pigs Week 2: The Gruffalo Week 3: Goldilocks and the Three Bears Week 4: We're Going on a Bear Hunt	Week 1: The Jungle Book Week 2: The Lion King Week 3: Snow White Week 4: The Little Mermaid Week 5: Peter Pan Week 6: Wish
Pre-Reading	<p><b>Sensory Story:</b> Peace at Last</p> <p><b>Movement to Music:</b> topic themed songs/music</p> <p><b>Sensory Rhyme Time:</b> Finger family, Heads, Shoulders, Knees &amp; Toes, I Can Sing a Rainbow, If You're Happy &amp; You Know It, Miss Polly Had a Dolly, Wind the Bobbin up.</p> <p><b>TacTime:</b> different pieces of music / songs with linked resources presented on different body parts.</p> <p><b>Story Massage:</b> Let's Bake A Cake &amp; Team Effort</p>	<p><b>Sensory Story:</b> Sneezzy The Snowman</p> <p><b>Movement to Music:</b> topic themed songs/music</p> <p><b>Sensory Rhyme Time:</b> Build a Bonfire, It's Beginning to Look a Lot Like Christmas, Let it Snow, Let it Go.</p> <p><b>TacTime:</b> different pieces of music / songs with linked resources presented on different body parts.</p> <p><b>Story Massage:</b> Remember, Remember the 5<sup>th</sup> November and 12 Days of Christmas</p>	<p><b>Sensory Story:</b> Whatever Next</p> <p><b>Movement to Music:</b> topic themed songs/ music</p> <p><b>Sensory Rhyme Time:</b> 5 Little Men in a Flying Saucer, Planet Song, Twinkle, Twinkle, Little Star, Zoom Zoom We're Going to the Moon, Mr. Sun.</p> <p><b>TacTime:</b> different pieces of music / songs with linked resources presented on different body parts.</p> <p><b>Story Massage:</b> Twinkle, Twinkle Little Star, Walking on the Moon and Taking off in a Rocket</p>	<p><b>Sensory Story:</b> Little Frog</p> <p><b>Movement to Music:</b> topic/themed songs/ music</p> <p><b>Sensory Rhyme Time:</b> 5 Little Speckled Frogs, There's a worm at the Bottom of the Garden, Cecil is my Caterpillar, Baby Bumblebee, Two Little Dickie Birds.</p> <p><b>TacTime:</b> different pieces of music / songs with linked resources presented on different body parts.</p> <p><b>Story Massage:</b> The Little Frog/Bee/Ladybird</p>	<p><b>Sensory Story:</b> Based on weekly Themes (Tuff Tray)</p> <p><b>Movement to Music:</b> topic themed songs/ music</p> <p><b>Sensory Rhyme Time:</b> Debbie and Friends, Round and Round the Garden like a Teddy Bear, Nursery Rhymes.</p> <p><b>TacTime:</b> different pieces of music / songs with linked resources presented on different body parts.</p> <p><b>Story Massage:</b> Debbie and Friends story song (Goldilocks &amp; Three Pigs)</p>	<p><b>Sensory Story:</b> Based on weekly Themes (Tuff Tray)</p> <p><b>Movement to Music:</b> topic themed songs/ music</p> <p><b>Sensory Rhyme Time:</b> Debbie and Friends, Bear Necessities, Under the Sea, Hakuna Matata, Twinkle Twinkle Little Star</p> <p><b>TacTime:</b> different pieces of music / songs with linked resources presented on different body parts.</p> <p><b>Story Massage:</b> Songs based on themes</p>
Pre-Writing	<p><b>Hand Class:</b> topic themed resources (inc role play costumes, mirror, hairbrush, toothbrush, facecloth, tree, school shield.)</p> <p><b>Pre-Dough Disco</b></p> <p><b>Finger Gym</b></p> <p><b>Pencil grip practice</b></p> <p><b>Fine motor focus - Pipettes</b></p>	<p><b>Hand Class:</b> topic themed resources (inc 'sparkler's, snowballs, shaving foam, poppies, bells, pole, lights, tinsel.)</p> <p><b>Pre-Dough Disco</b></p> <p><b>Finger Gym</b></p> <p><b>Pencil grip practice</b></p> <p><b>Fine motor focus - Tweezers</b></p>	<p><b>Hand Class:</b> topic themed resources (inc space blankets, starlight projector, astronauts tools, alien slime, glow in the dark stars.)</p> <p><b>Dough Disco</b></p> <p><b>Finger Gym</b></p> <p><b>Scribble Disco/Tripod Grip</b></p> <p><b>Fine motor focus - Threading</b></p>	<p><b>Hand Class:</b> topic themed resources (inc hungry caterpillar story sticks, caterpillar, minibeast plastic bugs, 'pond' bug house, caterpillar tent.)</p> <p><b>Dough Disco</b></p> <p><b>Finger Gym</b></p> <p><b>Scribble Disco/Tripod Grip</b></p> <p><b>Fine motor focus - Messy bag</b></p>	<p><b>Hand Class:</b> topic themed resources (inc story props, bricks, straw, sticks, mud, cave, grass, water.)</p> <p><b>Dough Disco</b></p> <p><b>Finger Gym</b></p> <p><b>Scribble Disco/Pencil Control</b></p> <p><b>Fine motor focus - Washing line pegs</b></p>	<p><b>Hand Class:</b> topic themed resources (inc animals, water, apples, water tray, sea creatures, fairies, pirate ship, crocodile, stars.)</p> <p><b>Dough Disco</b></p> <p><b>Finger Gym</b></p> <p><b>Scribble Disco/Pencil Control</b></p> <p><b>Fine motor focus - Follow the lines</b></p>

Early Maths	<p><b>Number Rhymes and Counting</b></p> <p><b>Sensory Counting</b></p> <p><b>Numbers</b></p> <ul style="list-style-type: none"> <li>- Counting beyond 5 or beyond 10 depending on ability</li> <li>- Link numbers and amounts</li> </ul> <p><b>Shape Space and Measure</b></p> <ul style="list-style-type: none"> <li>- Shape spatial</li> </ul>	<p><b>Number Rhymes and Counting</b></p> <p><b>Sensory Counting</b></p> <p><b>Numbers</b></p> <ul style="list-style-type: none"> <li>- Show finger numbers to 5</li> <li>- Subitising</li> </ul> <p><b>Shape Space and Measure</b></p> <ul style="list-style-type: none"> <li>- Size: Big and Small</li> </ul>	<p><b>Number Rhymes and Counting</b></p> <p><b>Sensory Counting</b></p> <p><b>Numbers</b></p> <ul style="list-style-type: none"> <li>- Number sorting</li> <li>- Number sequencing</li> </ul> <p><b>Shape Space and Measure</b></p> <ul style="list-style-type: none"> <li>- Patterns</li> </ul>	<p><b>Number Rhymes and Counting</b></p> <p><b>Sensory Counting</b></p> <p><b>Numbers</b></p> <ul style="list-style-type: none"> <li>- Mark making with numbers and mathematical symbols</li> </ul> <p><b>Shape Space and Measure</b></p> <ul style="list-style-type: none"> <li>- Select shapes appropriately/ Combine shapes to make new shapes</li> </ul>	<p><b>Number Rhymes and Counting</b></p> <p><b>Sensory Counting</b></p> <p><b>Numbers</b></p> <ul style="list-style-type: none"> <li>- Number formation</li> <li>- Numerical language</li> </ul> <p><b>Shape Space and Measure</b></p> <ul style="list-style-type: none"> <li>- 2D shapes</li> </ul>	<p><b>Number Rhymes and Counting</b></p> <p><b>Sensory Counting</b></p> <p><b>Numbers</b></p> <ul style="list-style-type: none"> <li>- Google maps</li> <li>- Monster adding</li> </ul> <p><b>Shape Space and Measure</b></p> <ul style="list-style-type: none"> <li>- Positional Language</li> </ul>
Sensory Art	<p>Self Portraits</p> <p>Family trees</p> <p>Group art - School family tree</p> <p>Liver Birds &amp; Liverpool waterfront</p> <p>Hand and footprints</p>	<p>Firework pictures</p> <p>Sparkler's</p> <p>Poppy wreaths</p> <p>Melting snowmen</p> <p>Advent wreaths</p> <p>Tree decorations</p> <p>Christmas crackers</p> <p>Christmas Cards</p>	<p>Alien playdough</p> <p>Alien splat painting</p> <p>Sponge planet painting</p> <p>Space sensory jars</p> <p>Marble galaxy ball painting</p> <p>Rocket ship collage</p> <p>Toilet roll rockets</p> <p>Design a spacesuit</p> <p>Handprint astronauts</p> <p>Puffy paint moon</p> <p>Earth sun catcher</p>	<p>Caterpillar sponge painting</p> <p>Butterfly/ Ladybird symmetry painting</p> <p>Playdough minibeasts</p> <p>Spider web weaving</p> <p>Loose parts/ Natural minibeast pictures</p> <p>Still life flower drawing/painting</p> <p>Caterpillar threading</p>	<p>Paper plate puppets</p> <p>Story sticks</p> <p>Playdough / loose part houses</p> <p>Three little pigs painting</p> <p>Painting our favourite part of the story/character</p>	<p>Water sensory play</p> <p>Bath bombs</p> <p>Animal print hands</p> <p>Fur textures</p> <p>Lion paper plates</p> <p>Bubble painting</p>
Sensory Cookery	<p><b>Family Favourite Desserts:</b></p> <p>Apple crumble and custard</p> <p>Eton Mess</p> <p>Trifle</p> <p>Rice pudding</p> <p>Chocolate cake</p> <p>Fruit pie</p> <p>Cookies &amp; cream</p> <p>Pumpkin pies (Halloween)</p>	<p><b>Flavours of Winter:</b></p> <p>Ginger bread</p> <p>Poppy seed bread,</p> <p>Snowman coconut cookies</p> <p>Hot chocolate &amp; various toppings</p> <p>Peppermint patties</p> <p>Christmas cake</p> <p>Mince pies</p> <p>Toasted Marshmallows</p>	<p><b>Space Themed:</b></p> <p>Flying saucer pizza</p> <p>Planet cake pops</p> <p>Asteroid truffles</p> <p>Rocket fuel smoothies,</p> <p>Astronaut sandwiches</p> <p>Moon rock scones.</p>	<p><b>Minibeast Themed</b></p> <p>Snail Pinwheels</p> <p>The Hungry Caterpillar fruit salad</p> <p>Edible plant pot</p> <p>Honey pops/ honey toast</p>	<p><b>Once upon a time themed</b></p> <p>Gingerbread people</p> <p>Porridge</p> <p>Gruffalo crumble</p> <p>The three pigs houses</p> <p>Gruffalo cupcakes</p> <p>Hansel &amp; Gretel's house</p>	<p><b>Wish upon a star</b></p> <p>Toffee apples</p> <p>Star cookies</p> <p>Apple pie</p> <p>Sprinkle wands</p> <p>Pixie dust sherbet</p>
Sensology	<p>Each week a new focus on different aspects and resources linked to topic re <b>See, Hear, Touch, Smell, Taste.</b></p>	<p>Each week a new focus on different aspects and resources linked to topic re <b>See, Hear, Touch, Smell, Taste.</b></p>	<p>Each week a new focus on different aspects and resources linked to topic re <b>See, Hear, Touch, Smell, Taste.</b></p>	<p>Each week a new focus on different aspects and resources linked to topic re <b>See, Hear, Touch, Smell, Taste.</b></p>	<p>Each week a new focus on different aspects and resources linked to topic re <b>See, Hear, Touch, Smell, Taste.</b></p>	<p>Each week a new focus on different aspects and resources linked to topic re <b>See, Hear, Touch, Smell, Taste.</b></p>
Educational Visits	<p>Local Area Visits</p> <p>Social visits</p> <p>Spooky welly walk</p> <p>Getting to know my friends</p> <p>Pumpkin Picking</p>	<p>Fire Station</p> <p>Seasonal hunts in the park</p> <p>Park games</p> <p>Grotto visit</p> <p>Ice Skating/Chill Factor</p>	<p>Space world play centre</p> <p>Alien hunt in park, forests or wider areas</p> <p>Space Centre/Museum</p>	<p>Bug hunt in the park</p> <p>Chester zoo/Safari park</p> <p>Farmer Teds</p> <p>Pets at Home</p>	<p>Nature Walk to identify flowers, trees and birds</p> <p>Bridge trip - Billy Goats Gruff</p> <p>Delamere Forest</p>	<p>Cinema</p> <p>Using public transport (bus / train / ferry)</p> <p>Preparation for transition to next class or school.</p>
In-School Experiences	<p>Circle Time</p> <p>Show and Tell</p> <p>Family movies</p> <p>Family Tree Activities</p> <p>New additions to my family</p>	<p>Sparklers</p> <p>Christmas dinner experience</p> <p>Christmas markets</p> <p>Christmas movie</p> <p>Indoor grotto</p> <p>Reindeer visit</p>	<p>Alien Party</p> <p>Planet Dodgeball Tournament</p> <p>Space Walk</p> <p>Blast Off Experience Astronaut</p> <p>Olympics UV Party</p>	<p>Role Play</p> <p>Grow their own sunflowers</p> <p>Bug hunt</p> <p>Bug/reptiles into school</p> <p>Grow their own caterpillars</p> <p>Release butterflies</p>	<p>Role play</p> <p>Story time</p> <p>films</p> <p>Personal experiences</p> <p>Farm experiences</p>	<p>Camp-Out Holiday</p> <p>Mini Disco</p> <p>BBQ</p> <p>Spa Afternoon</p>

Farm Visits to ARC	Sensory and relaxation with our animals	Sensory and relaxation with our animals	Sensory and relaxation with our animals	Sensory and relaxation with our animals	Sensory and relaxation with our animals	Sensory and relaxation with our animals
Physical Development	Hydro-therapy Rebound Therapy MATP- Dexterity and Striking Skills  Balancing skills (bikes, scooters, tricycles)	Hydro-therapy Rebound Therapy MATP - Grasp & Release Skills Skip, hop, gallop and stand on one leg  Use large muscle movements	Hydro-therapy Rebound therapy MATP- Mobility & Striking Skills  Use one handed tools	Hydro-therapy Rebound therapy MATP- Dexterity & kicking skills  Start taking part in group activities	Hydro-therapy Rebound therapy MATP- Mobility & Grasp/ Release Skills  Further develop a range of ball skills (throwing, catching, kicking, batting, aiming)	Hydro-therapy Rebound therapy MATP- Striking & Kicking Skills  Develop motor skills to use tools such as scissors, cutlery, pens and pencils with accuracy





