



Zones of Regulation Parent Drop In

March 2026

Dear Parents/Carers,

Thank you very much for taking the time to complete our recent survey about the Zones of Regulation. We truly appreciate your feedback. Hearing your thoughts helps us understand what is working well and what we can continue to develop to best support our pupils.

As many of you know, Zones of Regulation was introduced across our school during the last academic year. This year, we are continuing to build on that foundation through refining our approach, strengthening consistency, and ensuring children feel confident using the zones and strategies across their day.

If you would like to find out more about Zones of Regulation, further information can be found on our school website under the Wellbeing tab.

We would also like to invite you to a **Parent Drop-In Session on Monday 27th April at 2:45pm in the assembly hall**. This will be an informal opportunity to learn more about how Zones of Regulation works in practice and how you can support your child at home.

Thank you again for your ongoing support. Working together helps us provide the best possible environment for your children to learn, grow, and thrive.

Thank you for your continued support

Miss Whitehead

Woodford Lane, Winsford, Cheshire CW7 2JS
Telephone: 01606 668790
Email: admin@stjosephs.cheshire.sch.uk
Headteacher: Mrs. Martine Gum

