PE Year R/1

Topic- KS1 Supertato (FMS)

What is this topic about?

This unit of work is based on the story 'Supertato' and will help teachers assess the 10 fundamental movement skills (FMS). Using the theme of Supertato, children will take on the role of the characters in the story and perform actions associated with them. They will also continue to practise and develop the 10 FMS. Additional stations can be linked to an area of FMS identified from the baseline assessment.



I will show my PE skills by…

Jumping Hopping Catching Running fast
Throwing

Skipping Rolling a ball
Throwing underarm Bouncing a ball
Kicking a ball

At the end of the Topic I will…

Know how to bounce a ball with some control.
Know how to roll a ball through a target with accuracy and control.
Know how to perform a pencil roll (Carrot roll) with some coordination.
Know how to perform an egg roll (Evil Pea roll) with some coordination.
Know how to jump and land safely off a bench.
Know that determination is needed in PE.



KEY VOCABULARY

determination, safety, underarm throw, overarm throw, hop, jump, skip, catch, bounce, roll, kick, run, speed, space, pencil roll, egg roll