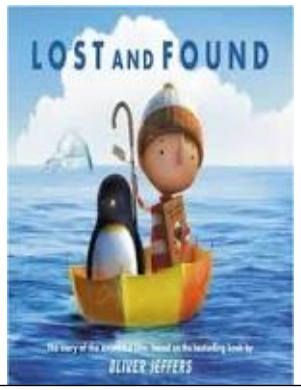
PE Year R/1

Topic- Lost & Found Baseline Assessment

What is this topic about?

This unit of work is based on the story Lost & Found and will help develop FMS and basic rolling skills while taking on the characters in the story. There are 5 progressions in the unit. Any additional stations can be linked to jumping, throwing, hopping, skipping or catching (depending on what the class need to focus on).



I will show my PE skills by…

Underarm throw
Overarm throw
Hopping
Jumping
Skipping
Catching and bouncing a ball
Rolling and kicking a ball
Running fast

At the end of the Topic I will…

Know how to throw a large ball at a large target.
Know how to roll a ball.
Know how to perform a pencil roll.
Know how to perform an egg roll.
Know how to perform 5 hops.
Know how to jump and land safely.
Know that determination is needed in PE.



KEY VOCABULARY

determination, safety, underarm throw, overarm throw, hop, jump, skip, catch, bounce, roll, kick, run, speed, space, pencil roll, egg roll