# PE Year 2/3

# Topic- Gymnastics 1

**What is this topic about?**

Throughout this gymnastic unit, children will focus on increasing their range of basic gymnastic skills including travelling with control and balance. Children will create simple sequences and then transfer what they learn on the floor to the apparatus. Children will learn to trust their partners in different activities and willingly accept their feedback which will help them improve the quality of their movement.



**I will show my PE skills by…**

Travelling
Balancing
Rolling
Jumping
Creating sequences

**At the end of the Topic I will…**

Know how to perform balances on one foot and 2 / 3 small body parts.
Know how to travel on hands and feet, jump and land 2 feet to 2 feet with control and perform some rolling actions.
Know how to create a short sequence of movement that includes travelling, balancing, jumping and rolling with help.
Know that trust and passion is needed in gymnastics.




## KEY VOCABULARY

Passion, trust, safety, balance, perform, jump, roll, sequence, travel, improve, apparatus, floor, control.