PE Year 5/6

Topic- Outdoor and Adventurous Activities

What is this topic about?

In OAA activities, children will take part in more complex orienteering events. They will learn to read maps more accurately, research and undertake a journey safely and develop the skills and understanding to become more self-reliant. Children will take on more leadership roles and learn to take the initiative more often.



I will show my PE skills by…

Communicating effectively
Working effectively as part of a team to solve problems.
Taking responsibility for others.
Organising roles, time and resources within a team.
Generating ideas to solve a problem.
Trying different solutions without fear of failure.

At the end of the Topic I will…

Know how to guide a blindfolded partner in a safe manner with clear and concise instructions.
Remember key information (name, number, sites visited).
Know how to use supportive and encouraging language when working with others.
Adapt my ideas to improve performance.
Transport the ball and bucket to the safe space.
Know that teamwork is needed in the adventurous environment.



KEY VOCABULARY

teamwork, safety, communication, responsibility, directions, encouraging, adventurous, challenge, team, organisation, environment, instructions, transport, solution