PE Year 4/5

Topic- Outdoor and Adventurous Activities - Orienteering

What is this topic about?

In OAA activities, children develop their orienteering and problem-solving skills in familiar and unfamiliar situations and environments. Throughout this unit, there is an emphasis on building trust and working as a team.

I will show my PE skills by…

Communicating effectively
Working effectively as part of a team to complete a course.
Applying strategies to remember important information.
Recognising the important role played by all team members.
Organising time and resources within a team.
Encouraging others to improve their performance.



At the end of the Topic I will…

Know how to keep the map 'set' and 'orientated' when moving around a simple course.
Know the 8 points of a compass.
Be able to record information accurately at the control marker.
Be able to navigate to a control marker on a score event course.
Know that teamwork is needed in the adventurous environment.



KEY VOCABULARY

teamwork, safety, communication, orienteering, direction, compass points, trust, team work, control marker, navigate