YEAR D - 2024 / 2025 - ST PETER'S RC PRIMARY SCHOOL - PE CURRICULUM YEARLY OVERVIEW

KS1 (this is a working document so please add to it and edit it throughout the year)						
Class 1 – YR/1 EYFS units & Y1.	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
LESSON 1	Routines, listening skills, action songs, etc. EYFS introduction to PE unit	FMS FMS baseline Y1 Lost and Found unit (assess YR and Y1)	Swimming and water safety	FMS KS1 - Y1 Athletics What do they need to focus on?	FMS EYFS Minibeasts What do they need to focus on?	FMS KS1 FMS Supertato Baseline assessment for YR and Y1
LESSON 2	Dance Y1 Fire fire Multi faith dance	Dance Link to topic Nativity practise	Dance Year 1 Toy Story	Gymnastics Year 1 Gymnastics Activities 2	Gymnastics cont and practise for KS1 comp… Yoga	Dance Year 1 Robots
OTHER	Outdoor play focus on 5 FMS + OAA/forest schools C4L day	Outdoor play focus on 5 FMS /continuous provision, yoga + OAA/Forest schools + Xmas performance + PE HWK	Outdoor play focus on 5 FMS /continuous provision, yoga + OAA/forest schools. Children's mental health week and PSHE Day	Outdoor play/continuous provision, yoga + OAA/forest schools + PE HWK. Biggest ever girls footie session.	Outdoor play focus on 10 FMS /continuous provision, yoga + OAA/forest schools. Sports day.	Outdoor play focus on 10 FMS /continuous provision, yoga + OAA/forest schools + PE HWK. Health and well-being day.
MAJOR SPORTING EVENTS	Gymnastics, Rugby Super League	Rugby League World Cup, The Ashes	Winter sports	Grand National Oxf/ Camb Boat race	FA cup football	Wimbledon, Ashes, Tour de France, Athletics, swimming, Golf

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KS1 (this is a working document so please add to it and edit it throughout the year)						
Class 2 – Y1/2 KS1 / Y1 & Y2 units	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
LESSON 1	FMS FMS baseline Y1 Lost and Found unit (assess Y1 and Y2)	Athletics Year 2 - Games - Striking and Fielding	Swimming and water safety	Invasion games FMS KS1 - Y2 FMS Bounce Ball	OAA Year 2 - OAA - The Great Outdoors	FMS Year 2 FMS end of KS1 Assessment (assess Y1 and Y2)
LESSON 2	Dance Y2 Fire Fire Multi faith dance	Dance Link to topic Nativity practise	Dance Year 2 Toy Story	Gymnastics Year 2 Gymnastics Activities 2 (no 2)	Gymnastics cont and practise for KS1 comp… Yoga	Dance Y2 Robots
OTHER	OAA/Forest schools/yoga/mindfulness/Outdoor play focus on 10 FMS C4L day	OAA/Forest schools/yoga/mindfulness/ Outdoor play focus on 10 FMS Xmas performance	OAA/Forest schools/ yoga/mindfulness/ Outdoor play focus on 10 FMS. Children's mental health week and PSHE Day.	OAA/Forest Schools/ yoga/mindfulness/ Outdoor play focus on 10 FMS. Biggest ever girls footie session.	OAA/Forest Schools/ yoga/mindfulness/ Outdoor play focus on 10 FMS. Sports day.	OAA/Forest Schools/ yoga/mindfulness/ Outdoor play focus on 10 FMS Health and well-being day.
MAJOR SPORTING EVENTS	Gymnastics World Championships Rugby Super League	Rugby League World Cup The Ashes	Winter sports	Grand National Oxford and Cambridge Boat race	FA cup football	Wimbledon, The Ashes, Tour de France, Athletics, Golf, Swimming.
KS2						

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(this is a working document so please add to it and edit it throughout the year)						
Class 3 – Y2/3 Y3 units & Y2 units	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
LESSON 1	Gymnastics Year 3 Gymnastics Activities 1	Gymnastics Year 3 Gymnastics Activities 2	Swimming and water safety	Invasion games Year 3 Invasion Games - handball.	Striking and fielding Year 3/4 Striking and fielding games – rounders (Y3)	OAA Year 2 OAA – The Great Outdoors
LESSON 2	FMS Y2 Games – Piggy in the middle	Net and wall games Y2 Games net and wall	Athletics Y3 athletics		Year 3/4 health related fitness (Y3)	FMS (What do they need to focus on? Or link to topic) Year 2 FMS end of KS1 Assessment (assess Y2)
OTHER	OAA/Forest school + C4L day/FMS catch up units if needed Multi faith dance	OAA/Forest schools/ FMS catch up units if needed	OAA/Forest schools/ FMS catch up units if needed. Create fitness DVD. Children's mental health week and PSHE Day.	OAA/Forest schools FMS catch up units if needed / Create own game. Biggest ever girls footie session.	OAA/Forest schools/ FMS catch up units if needed. Sports day.	OAA/Forest schools/ FMS catch up units if needed. End of year dance performance. Health and well-being day.
MAJOR SPORTING EVENTS	Gymnastics World Championships Rugby Super League	Rugby League World Cup The Ashes	Winter sports	Grand National Oxford and Cambridge Boat race	FA cup football	Wimbledon, The Ashes, Tour de France, Athletics, Golf, Swimming.



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KS2 (this is a working document so please add to it and edit it throughout the year)						
Class 4 – Y4/5 Y 4 and Y5 units	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
LESSON 1	Invasion Games. Year 4 Invasion Games - Basketball	Year 4 Target games - Boccia	Swimming and water safety	Athletics Y4 Health related fitness	Striking and fielding Year 4 Striking and fielding - rounders	OAA Year 5 Orienteering
LESSON 2	Dance Space Multi faith dance	Dance Link to topic and Xmas	Dance (linked to theme of the dance competition and/or topic)		Gymnastics Year 4 Gymnastic Activities 1 and 2	Dance Link to end of year show
OTHER	OAA/Forest Schools + C4L day	OAA/Forest Schools	OAA/Forest Schools Children's mental health week and PSHE Day	OAA/Forest Schools. Biggest ever girls footie session.	OAA/Forest Schools Create fitness DVD Extra athletics practise for comps and All Saints Day. Sports day.	OAA/Forest schools End of year dance performance Create own outdoor game/activity. Health and well-being day.
MAJOR SPORTING EVENTS	Gymnastics World Championships Rugby Super League	Rugby League World Cup The Ashes	Winter sports	Grand National Oxford and Cambridge Boat race	FA cup football	Wimbledon, The Ashes, Tour de France, Athletics, Golf, Swimming.
KS2 (this is a working document so please add to it and edit it throughout the year)						



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Class 5 – Y5/6 Y5/6 and Y6 units	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
LESSON 1	Striking and Fielding Year 5/6 Striking and fielding - cricket	Y5/6 net and wall - tennis	Swimming and water safety	Invasion games Year 5/6 Invasion Games – Rugby 1	Athletics Year 5/6 Athletics	OAA Year 5/6 OAA – team building
LESSON 2	Dance Space Multi faith dance	Dance Link to topic and Xmas	Dance (linked to theme of the dance competition and/or topic)		Gymnastics Year 6 Gymnastic Activities 1 & 2	Dance Link to end of year show
OTHER	OAA/Forest schools + C4L day. Sort school games crew and play leaders.	OAA/Forest schools + Culture flag and pledge	OAA/Forest schools + Create own fitness DVD Children's mental health week and PSHE Day	OAA/Forest schools + Create own game. Biggest ever girls footie session.	OAA/Forest schools Extra athletics practise for comps and All Saints Day. Sports Day.	OAA/Forest schools, Y6 OAA @ Robin Wood End of year dance performance. Health and well-being day.
MAJOR SPORTING EVENTS	Gymnastics World Championships Rugby Super League	Rugby League World Cup The Ashes	Winter sports	Grand National Oxford and Cambridge Boat race	FA cup football	Wimbledon, The Ashes, Tour de France, Athletics, Golf, Swimming.

KS2 minimum requirements (school PE adviser advice):

- Invasion games ever year (rugby, basketball, netball, handball, football, matball/benchball).
- Net/wall (tennis, table tennis, badminton) and striking/fielding games (rounders, tri-golf, cricket, Kwik cricket) at least once in KS2.
- Gymnastics alternate years.
- Athletics alternate years.
- Dance alternate years.
- OAA alternate years.
- Swimming and water safety.