PE Year 1/2

Topic- Playground Games in the 20th Century (FMS)

What is this topic about?

Within this unit, children will be introduced to many different playground games from the 1940's – 1980's including 'Stuck in the Mud', 'Hospital Tig', 'Line Tig', 'Packman', 'Hopscoth', 'Queenie', 'Throwing Sevens', 'Donkey' and 'Fists'. The children will develop their fundamental movement skills whilst playing the games. Children will learn that we need to be resilient in PE, willing to have a go at all of the activities, try their best and keep going even when they are finding it difficult.



I will show my PE skills by…

Dodging / Changing direction
Hopping
Catching and striking a ball
Throwing underarm
Side galloping

At the end of the Topic I will…

Be able to run using the correct technique.
Be able to change direction whilst running.
Be able to hop.
Be able to catch a ball.
Be able to side gallop.
Be able to throw underarm.
Be able to strike a ball.
Know that determination is needed in games.



KEY VOCABULARY

determination, improvement, safety, dodge, direction, hop, catch, strike, throw, gallop, space, tactic, target, resilience