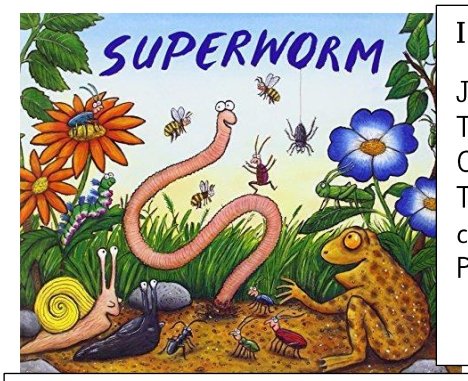
PE Year R & Year 1

Topic- Superworm – Fundamental Movement Skills

What is this topic about?

This unit of work is based on the story 'Superworm' and will help children to develop their fundamental movement skills while taking on the characters in the story. Children will learn to travel in a variety of ways including under, over and through balancing and climbing equipment. Additional stations can be linked to an area of FMS identified from the baseline assessment.



I will show my PE skills by…

Jumping
Travelling low to the ground
Catching a large ball
Travelling under, over and through balancing and climbing equipment
Pulling myself up on climbing equipment

At the end of the Topic I will…

Know how to travel low to the ground
Be able to catch a large ball
Know how to take off with 2 feet and land with 2 feet safely.
Be able to perform 5 hops.
Be able to pull myself along a bench.
Know that determination is needed in PE.



KEY VOCABULARY

determination, safety, jump, travel, low, over, under, through, catch, pull, climb, equipment, bench, take off, hop