YEAR A - 2025 / 2026 - ST PETER'S RC PRIMARY SCHOOL - PE CURRICULUM YEARLY OVERVIEW

KS1 (this is a working document so please add to it and edit it throughout the year)						
Class 1 - YR EYFS units.	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
LESSON 1	Routines, listening skills, action songs, etc. EYFS fundamental movement skills	FMS Year 1 FMS Baseline Unit – Supertato (assess YR and Y1)	Swimming and water safety	FMS EYFS - FMS – Superworm What do they need to focus on?	FMS EYFS - FMS – Seaside What do they need to focus on?	FMS EYFS – FMS – Pippa and Eddie stories (link to topic) Baseline assessment for YR and Y1
LESSON 2	Dance Y1 Three Little Pigs Multi faith dance	Dance Link to topic Nativity practise	Dance Year 1 Once Upon a Giant	Dance Year 1 Seaside	Gymnastics Year 1 Gymnastics Activities 1	Gymnastics Gymnastics continued and practise for KS1 comp…
OTHER	Outdoor play focus on 5 FMS + OAA/forest schools C4L day	Outdoor play focus on 5 FMS /continuous provision, yoga + OAA/Forest schools + Xmas performance + PE HWK	Outdoor play focus on 5 FMS /continuous provision, yoga + OAA/forest schools. Children's mental health week and PSHE Day	Outdoor play/continuous provision, yoga + OAA/forest schools + PE HWK. Biggest ever girls footie session.	Outdoor play focus on 10 FMS /continuous provision, yoga + OAA/forest schools. Sports day.	Outdoor play focus on 10 FMS /continuous provision, yoga + OAA/forest schools + PE HWK. Health and well-being day.
MAJOR SPORTING EVENTS	Gymnastics, Rugby Super League	Rugby League World Cup, The Ashes	Winter sports	Grand National Oxf/ Camb Boat race	FA cup football	Wimbledon, Ashes, Tour de France, Athletics, swimming, Golf

YEAR A - 2025 / 2026 - ST PETER'S RC PRIMARY SCHOOL - PE CURRICULUM YEARLY OVERVIEW

KS1 (this is a working document so please add to it and edit it throughout the year)						
Class 2 – Y1/2 KS1 / Y1 & Y2 units	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
LESSON 1	FMS Year 1 FMS Baseline Unit – Supertato (assess YR and Y1)	Athletics KS1 - Y1 Athletics	Swimming and water safety	Games Year 2 - Games - Striking and Fielding	Invasion games FMS Y2 FMS Playground games in the 20th Century	FMS (What do they need to focus on? Or link to topic) Year 2 FMS end of KS1 Assessment (assess Y1 and Y2)
LESSON 2	Dance Y1 Three Little Pigs Multi faith dance	Dance Link to topic Nativity practise	Dance Year 2 Once Upon a Giant	Dance Year 1/2 Seaside	Gymnastics Year 2 Gymnastics Activities 1 (no 2)	Gymnastics Gymnastics continued and practise for KS1 comp.
OTHER	OAA/Forest schools/yoga/mindfulness/ Outdoor play focus on 10 FMS C4L day	OAA/Forest schools/yoga/mindfulness/ Outdoor play focus on 10 FMS Xmas performance	OAA/Forest schools/ yoga/mindfulness/ Outdoor play focus on 10 FMS. Children's mental health week and PSHE Day.	OAA/Forest Schools/ yoga/mindfulness/ Outdoor play focus on 10 FMS. Biggest ever girls footie session.	OAA/Forest Schools/ yoga/mindfulness/ Outdoor play focus on 10 FMS. Sports day.	OAA/Forest Schools/ yoga/mindfulness/ Outdoor play focus on 10 FMS Health and well-being day.
MAJOR SPORTING EVENTS	Gymnastics World Championships Rugby Super League	Rugby League World Cup The Ashes	Winter sports	Grand National Oxford and Cambridge Boat race	FA cup football	Wimbledon, The Ashes, Tour de France, Athletics, Golf, Swimming.

YEAR A - 2025 / 2026 - ST PETER'S RC PRIMARY SCHOOL - PE CURRICULUM YEARLY OVERVIEW

KS2 (this is a working document so please add to it and edit it throughout the year)						
Class 3 – Y2/3 Y3 units & Y2 units	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
LESSON 1	Gymnastics Year 3 Gymnastics Activities 1	Gymnastics Year 3 Gymnastics Activities 2	Swimming and water safety	Invasion games Year 3 Invasion Games - Rugby.	Striking and fielding Year 2 Games Striking and fielding	OAA Year 3/4 OAA - Team Work & Problem Solving
LESSON 2	FMS Y2 FMS Bounceball	Net and wall games Y2 Games net and wall	Athletics Y2 athletics		Year 3/4 health related fitness (Y3)	FMS (What do they need to focus on? Or link to topic) Year 2 FMS end of KS1 Assessment (assess Y2)
OTHER	OAA/Forest school + C4L day/FMS catch up units if needed Multi faith dance	OAA/Forest schools/ FMS catch up units if needed	OAA/Forest schools/ FMS catch up units if needed. Create fitness DVD. Children's mental health week and PSHE Day.	OAA/Forest schools FMS catch up units if needed / Create own game. Biggest ever girls footie session.	OAA/Forest schools/ FMS catch up units if needed. Sports day.	OAA/Forest schools/ FMS catch up units if needed. End of year dance performance. Health and well-being day.
MAJOR SPORTING EVENTS	Gymnastics World Championships Rugby Super League	Rugby League World Cup The Ashes	Winter sports	Grand National Oxford and Cambridge Boat race	FA cup football	Wimbledon, The Ashes, Tour de France, Athletics, Golf, Swimming.

YEAR A - 2025 / 2026 - ST PETER'S RC PRIMARY SCHOOL - PE CURRICULUM YEARLY OVERVIEW

KS2 (this is a working document so please add to it and edit it throughout the year)						
Class 4 – Y4/5 Y 4 and Y5 units	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
LESSON 1	Invasion Games. Year 4 Invasion Games - Handball	Invasion games Year 4 Invasion Games - Rugby	Swimming and water safety	Athletics Y4 Health related fitness	Striking and fielding Year 4 Striking and fielding - cricket	OAA Year 5 Orienteering
LESSON 2	Dance Y4 Around the World Multi faith dance	Dance Link to topic and Xmas	Dance (linked to theme of the dance competition and/or topic)		Gymnastics Year 5 Gymnastic Activities 1 and 2	Dance Link to end of year show
OTHER	OAA/Forest Schools + C4L day	OAA/Forest Schools	OAA/Forest Schools Children's mental health week and PSHE Day	OAA/Forest Schools. Biggest ever girls footie session.	OAA/Forest Schools Create fitness DVD Extra athletics practise for comps and All Saints Day. Sports day.	OAA/Forest schools End of year dance performance Create own outdoor game/activity. Health and well-being day.
MAJOR SPORTING EVENTS	Gymnastics World Championships Rugby Super League	Rugby League World Cup The Ashes	Winter sports	Grand National Oxford and Cambridge Boat race	FA cup football	Wimbledon, The Ashes, Tour de France, Athletics, Golf, Swimming.

YEAR A - 2025 / 2026 - ST PETER'S RC PRIMARY SCHOOL - PE CURRICULUM YEARLY OVERVIEW

KS2 (this is a working document so please add to it and edit it throughout the year)						
Class 5 – Y5/6 Y5/6 and Y6 units	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
LESSON 1	Striking and Fielding Year 5/6 Striking and fielding - rounders	Invasion games Y5/6 creative games	Swimming and water safety	Invasion games Year 5/6 Invasion Games - Netball	Athletics Year 5/6 Athletics	OAA Year 5/6 OAA
LESSON 2	Dance Around the World Multi faith dance	Dance Link to topic and Xmas	Dance (linked to theme of the dance competition and/or topic)		Gymnastics Year 6 Gymnastic Activities 1 & 2	Dance Link to end of year show
OTHER	OAA/Forest schools + C4L day. Sort school games crew and play leaders.	OAA/Forest schools + Culture flag and pledge	OAA/Forest schools + Create own fitness DVD Children's mental health week and PSHE Day	OAA/Forest schools + Create own game. Biggest ever girls footie session.	OAA/Forest schools Extra athletics practise for comps and All Saints Day. Sports Day.	OAA/Forest schools, Y6 OAA @ Robin Wood End of year dance performance. Health and well-being day.
MAJOR SPORTING EVENTS	Gymnastics World Championships Rugby Super League	Rugby League World Cup The Ashes	Winter sports	Grand National Oxford and Cambridge Boat race	FA cup football	Wimbledon, The Ashes, Tour de France, Athletics, Golf, Swimming.

YEAR A - 2025 / 2026 - ST PETER'S RC PRIMARY SCHOOL - PE CURRICULUM YEARLY OVERVIEW

KS2 minimum requirements (Lancashire PE adviser advice):

- Invasion games ever year (rugby, basketball, netball, handball, football, matball / benchball).
- Net/wall (tennis, table tennis, badminton) and striking/fielding games (rounders, tri-golf, cricket, Kwik cricket) at least once in KS2.
- Gymnastics alternate years.
- Athletics alternate years.
- Dance alternate years.
- OAA alternate years.
- Swimming and water safety.