St Peter's RC Primary School
PE and Sport Premium Action Plan 2022-2023
Evaluated by D Lynch - PE subject leader (July 2023)



Key Priorities in Whole School PE, School Sport and Healthy, Active Lifestyles:

ALL pupils leaving St. Peter's RC Primary School (now and in future years) have had positive, memorable experiences in PE, sports and other physical activities. All pupils have been given the opportunity to be as physically active as they are able to be and have the physical competence, confidence, knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong enjoyment and participation in physical activity and/or sport (physical literacy).

Our school should demonstrate an improvement across the 6 Key Indicators from the DfE:

1. The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles.
2. The profile of PE, school sport and physical activity being raised across the school as a tool for whole school improvement.
3. Increased confidence, knowledge and skills of all staff in teaching high quality PE and sport.
4. Broader experience of a range of sports and physical activities offered to all pupils.
5. Increased participation in competitive sport, festivals, other events and transition into community sport (resulting in improved collaboration with local networks).
6. Meet the National Curriculum requirements for swimming and water safety.

This year's sports premium funding: £16,000 plus £10 per pupil in Years 1-6 = £17,300

The total spend for 2022/23 is £25,312 (supplemented by the school budget and FOSP).

The sports premium funding has been spent on making additional and sustainable improvements to the provision and quality of PE and sport that we offer. This has benefitted all pupils by encouraging the development of healthy, active lifestyles. It continues to be of high importance to us, that the focus of our spending leads to maximum, long lasting impact that will leave a legacy for and benefit future generations of St. Peter's children. Small steps will create great change!



Rossendale School Sport Partnership - £5006 (package C). This spending has had a massive impact on all 6 of the key indicators above and offers us a comprehensive PE and school sports programme to develop PE, Competition and Health and well-being. What have we got from the package this year? Full time support of school games organiser, staff CPD & KS1 multi skills, play leader training, competitions, specialist sports coaches, bikeability level 1 and 2, inclusion officer and inclusion events, celebration festivals, Change4life training, Young leader training, Mental Health Champion training, Gifted and talented academies, free equipment loans.

Subject leader release time - £184 x 6 days = £1104. This has had a massive impact on the whole school as time was spent doing walkthroughs of PE lessons, pupil interviews, PE policy, whole school PE timetable mapping, club organisation, curriculum planning, action plan.

Key objectives for improvement this year. Action/tasks to achieve objectives.	**All personnel involved**	**Costings/ resources**	**Monitoring**	**Success criteria**
To continue to increase the engagement of children in regular physical activity. **To improve the physical/mental health, happiness and resilience of our children.** Chief Medical Officers guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day in school. All our children have the opportunity to take part in at least 60 minutes of activity a day (in which 30 minutes is rigorous). We will focus on increasing the number of pupils that enjoy being active and the number of pupils that engage in regular physical activity. Unhappy and unhealthy children don't learn effectively. If children don't learn, they don't achieve their potential in life and we don't have a society fit for the future. Children who move and play, grow and learn!	Miss Lynch. All staff including welfare staff. Sports coaches /RLT. Pupils and parents. School Games Organiser. Lancashire PE and school sport advisers. Play leaders. Sports captains /	Playground equipment for each key stage £1024. C4L day resources £130 World Cup Ball prizes - £40	School games inclusive health check. School games award. Active schools planner DL to update action plan termly against key milestones and communicate progress with SLT. DL to update teachers, other staff and governors as and when appropriate. Complete, update and edit pupil activity grids termly as well as the yearly overview.	Our whole school community is aware of the power of PE, sport and play. All our children have the opportunity to take part in at least 60 minutes of activity a day (in which 30 minutes is rigorous) and this is as well as the 2 hours of curriculum PE and forest school's sessions. We understand that our school and teachers (as well as influence from the family), have a big part to play in helping children to sit less and move more. We help and educate children to understand that physical activity is the key to a healthy and successful life. We encourage children to be up and active from

This will be achieved by: • Play more! When we play, life gets better! • Audit our physical environment- how can our playground and equipment be used to encourage children to move freely outdoors? View and Opal platinum school to get some ideas. Forest schools/Woods sessions on a 3-week rota but teachers can go out at other times as well. • Intervention/booster sessions for those that need it! • Continue to rigorously track activity levels and assessment data of every child. Speak to the children. What do they want? • Gather findings from pupil/parent questionnaires. Target children who need it! Questionnaires again for parents at sports day. • Target pupils who need it…LA, SEN, Girls, PP, Y2/3 and Y6/7 transitions. Identify 'least active' pupils and give them opportunities to be active in a way they enjoy. Develop their physical literacy and understanding of the benefits of a healthy lifestyle. Provide various opportunities like inclusion festivals, festivals, break time encouragement, out of school inclusion events, C4L events, etc. • Sport England Survey for children, parents and staff. • Active pedagogy – active maths, English etc. • Pick 4 children to become Sports Captains (Young Ambassadors). Ensure it is a high profile job with lots of benefits. The Sports Captains should lead the sporting section of our weekly assembly. They should help DL observe children's enjoyment and activity at playtime and dinner times and decide together improvements that could be made. They should get feedback from staff and children at break/dinner times and find out what they want to help them have fun and be active? Create a list of equipment that each class would like/needs. Create a list of 'what we are looking for' in a sports captain. • Pick school sports crew and assign job roles. • Play leaders to lead wake & shake in every class. All do at the same time every day!	Sports ambassadors School sports crew.	1 x welfare staff wage £2841 1x dance and gymnastics teachers wage £6420 Sports captain badges £12. Football coach - £489 Gymnastics coach for KS1 and KS2 – £892 Forest schools - £357 Bike hire - £30	Photos on Facebook and Seesaw to show the different activities we offer at St. Peter's. DL and sports captains observe break and dinners and feed back to SLT. Get feedback from children and staff. Regular meetings with Sports Captains. What do the children want? Speak to breakfast club and Keys Club staff. Parent and pupil questionnaires. Staff, children and parents complete the Sport England survey.	an early age. How we achieve the 60 active minutes is now documented in our PE policy. This year, more children than ever have engaged in physical activity. PE questionnaires, pupil interviews and lesson walkthroughs show that our children enjoy sports and exercise. Teachers are trying to make other lessons (not just PE) active. Teachers feedback is showing that children are learning better following an active break, extra activity is leading to improved concentration and learning and children's confidence and social skills have improved. All children are learning the physical skills and habits required for a healthy lifestyle and children's health and fitness has improved.

• Replenish Play leader outdoor equipment. • Climbing frame and football rotas. • Yoga & mindfulness to be incorporated into other lessons like PSHE and RE as well as used for brain breaks. • Virtual competitions. • Active brain breaks. Evidence suggests that children learn better for 30-60 minutes following an active break. Give teachers various ideas as well as Karate videos for IWB's. Climbing frame/climbing wall/tyres breaks in the afternoon. • Provide Play leader training for all Y5 in July so they are ready to start straight away as a Year 6 in September. Organise a 'Play Leader' timetable to encourage active playtimes. • Active playground at break times and dinner times. All children should be moving. Playleaders to get equipment out and lead playground activities encouraging and motivating younger children to get involved. Teachers on duty need to encourage activities and movement! Subject leader to monitor breaks and dinners. • 1x welfare staff employed to lead playground games and activities and share ideas with other welfare staff members (they've had CPD for this). • Daily miles achieved in various fun and interesting ways (run, walk, twirl, scooter, balance bike, etc) Aim for a mile a day which is 20 laps around the playground. Children could do 5 at the beginning of play time, 5 at the beginning of dinner, 5 at the end of dinner and 5 half way through the afternoon and they've completed their mile a day. Nathan Bibby to lead daily mile activities for each class on Change4Life day. This will also give teachers lots of ideas! • Give regular extra sporting, physically active and PE opportunities as well as the PE curriculum – Danceathon (sponsored event), Bikeability for Year 5 and 6, Big class walks, C4L day, forest schools/woods sessions, walks, orienteering (creative approach in other subjects), extra dance sessions, mental health day, active TT Rockstars Day, active history day (Vikings, Egyptians), Health and well-being day including Glow sports in hall, trips to the park, Life skills				

caravan, end of year dance productions, Robinwood PGL, #letgirls play campaign and girls' biggest ever football day, active school trip, dance festival at King George's Hall, colour dash, scooter day, Wear Your Scarf to School Day, Enrichment week, Children's mental health week, etc. • Active breakfast club and Keys after school clubs. • Break and dinner time badminton, tennis and table tennis clubs. • Educate the children about how important it is to live a healthy lifestyle. This should be done through PE, RSHE, Science, SRE and PSHE. • Encourage children's use of pedometers, fitbits or other digital devices that track steps, physical activity and inactivity. • Our **school Facebook page** (St Peter's RC, Newchurch) gives a real feel for the way sport, PE and active lifestyles are part of the fabric of our school! Take a look by clicking on this link: https://www.facebook.com/stpetersrcnewchurch/?ref=bookmarks • Teachers to record different ways they are achieving the 60 active minutes using seesaw. This is more to share ideas rather than evidence what you've been doing! • Governors presentation for PE and Sport. • See CPD in box 3.				
2. To maintain current School Games Platinum status in order to recognise and celebrate individual, team and school success in delivering PE and School Sport. This will be achieved by: • Continue to evidence our provision of High-Quality PE, Sports Leadership, Competition Offer, Club Links and opportunities for increased numbers of pupils taking part in PE and enjoying physical activity and School Sport. • Continue to update PowerPoint of everything we do throughout the year linked to PE, sport and healthy lifestyles. • We need to start a new active schools' planner and complete the heat map to evidence how active our school is.	Miss Lynch. All staff including welfare staff. Sports coaches /RLT. Forest Schools staff. Pupils and parents. School Games Organiser.	School banner with sports values - £100	DL to update action plan termly against key milestones and communicate progress with SLT. DL to update teachers, other staff and governors as and when appropriate. Complete, update and edit pupil activity grids	It's wonderful that we've continued to be awarded 'PLATINUM' in the School Games Awards for 2022/2023 which reward schools who have maintained consistently high standards with their school sport provision. This is the highest accolade possible and reflects the awesome range of sporting opportunities our children are provided with.

• Complete the inclusive health check on the school games website. • We also need to complete the principles of competition online tool. **To continue to develop pupils' understanding of the School Games Values, linking with and reinforcing St. Peter's Christian values.** • Ensure School Games Values are clearly displayed on PE notice board and referred to during PE lessons. Teachers are responsible for linking the School Games Values of Determination, Respect, Teamwork, Passion, Self-belief and Honesty to each lesson. The school games values should be used as indicators of success in a PE lesson alongside physical skills. • Design and order a large, vinyl, school banner displaying the school games values to be taken to sporting events. Children could help design it. Should include the school name, motto, logo and sports values. • Continue to provide opportunities to promote School Games Values and celebrate the success of individuals, teams and Whole School achievements through achievement assembly, Facebook and the weekly newsletter. Mention the sports values through all of these! • Cultural competitions including school pledge and flag design. • Some children might want to select PE activities and photos for their records of achievement.	Lancashire PE and school sport advisers. Play leaders. Sports captains / Sports ambassadors School sports crew.		termly as well as the yearly overview. Photos on Facebook and Seesaw to show the different outdoor and active mathematics we offer at St. Peter's.	All children are aware of the School Games values and know that success will be measured against the school games values as well as physical skills. We celebrate the success of individuals, teams and whole school achievements.
3. To increase teacher's confidence in teaching and assessing fundamental movement skills. **Fundamental movement skills (FMS) are the building blocks of being active; they underpin every movement that we'll make throughout our lives. Learning fundamental movement skills enables agility, balance and coordination and should be developed from an early age to ensure that every child is given the opportunity to excel in sports and fitness. Not only this, studies have found strong links that developing these core skills**	Miss Lynch. All teaching staff. Sports coaches /RLT. School Games Organiser.	PE equipment - £200	DL to update action plan termly against key milestones and communicate progress with SLT. DL to update teachers, other staff and governors as and when appropriate.	All pupils are receiving high quality teaching and learning in PE. All teachers are confident in teaching and assessing fundamental movement skills. All PE teaching staff are using the Lancashire schemes of work and KLIPS along with other

can have a positive effect on confidence, cognitive function and communication. From an early age, a child's level of physical development dictates their ability to hold a pencil, put on their shoes and read a book, and as children grow this set of skills will determine how they behave for the rest of their lives. **This will be achieved by:** • 26.1.22 – Multi skills scheme of work CPD and new scheme. • Dan (sports coach) – Work alongside teachers on FMS and assessing the children's skills. Find out what gaps the children have and what do they need to work on next. • Practise a weekly whole school fundamental movement skill. A demonstration video could be shared as a plenary for a PE lesson and children need to focus on that skill for the following week. Teachers could also incorporate it into PE lessons and active breaks. Encourage the children to practise at home and at break times and reward children for trying hard. Link for demonstration videos: https://drive.google.com/drive/folders/1nAeP1-ToUF8UMc6y048p5KWB3iWml3NR?usp=sharing • Play leaders and staff ensure children have time and equipment to practise fundamental movement skill at break times and dinner. • Use National school sport week 1 a day challenge for some great challenges involving the fundamental movement skills. • Continuous provision for KS1 has opportunities set up for children to practise fundamental movement skills. • Booster/intervention for those who need it. • Dan – inclusion officer to focus on fundamental movement skills in his extra sessions. • Support for KS1 staff with baseline assessment of fundamental movement skills. Work alongside Dan/Lewis who have been specifically trained in this area. **To develop teacher knowledge and skills in order to ensure all of our pupils receive High Quality teaching and learning in PE.** **CPD:** • **3.10.22 - DL KS1 scheme of work**	Lancashire PE and school sport advisers.	Cover for teachers on courses. 5x £184 = £920	Complete, update and edit pupil activity grids termly as well as the yearly overview. Staff to feedback on courses to relevant staff or during staff meeting if it affects whole school. Photos on Facebook and Seesaw to show the different PE activities in the different classes.	recommended resources and assessment material. Effective and regular monitoring and evaluating of PE is evidencing that most children are making at least expected progress in all areas of the PE curriculum, with many examples of accelerated progress. For those children that aren't at age related expectations, booster sessions and other interventions are in place and benefitting the children. We have got everything we need (equipment) to deliver high quality PE to every class. Jess Squires (Lancashire lead PE specialist) has supported Miss Lynch with sticky learning and what this means in the PE curriculum. She provided a PowerPoint CPD on Sticky Learning that Miss Lynch shared with the other teachers in school.

• **17.10.22 – DL KS2 scheme of work** • **Mental Health Champions Training for 1 x member of staff.** • **Play leader training for 1 x member of staff.** • **DL 3 X PE subject leader course (one each term) to receive new ideas, resources and initiatives that will help us meet this objective.** • **3.10.22 – DL Active and Healthy Schools Conference** • **26.1.22 – Multi skills scheme of work.** • **17.3.22 – Boxing for fitness** • **21.3.22 – OAA and outdoor learning** • Hire qualified sports coaches from Rossendale Leisure Trust to work with teachers and provide them with training or resources to help them teach PE more effectively. Teachers need to let DL know if there is anything they are less confident with or unsure of ASAP so I can book RLT to come in and team teach with them or a CPD course for the member of staff to attend. • Seek advice from Dan (our PE inclusion specialist) for any of our teachers who need it.				
4. To provide opportunities for children to take part in sports and activities that they haven't experienced before. **This will be achieved by:** • CPD – boxing. • Change 4 Life day – KS1 will take part in karate and ultimate frisbee sessions. KS2 will take part in karate, fencing and archery sessions. • Use Claire (specialist karate coach) to help deliver karate/taekwondo sessions. • IWB videos • Speak to SGO for ideas	Miss Lynch. All staff including welfare staff. Sports coaches /RLT. Forest Schools staff. Pupils and parents.	Healthy Heads Day - £500 Life Education Van - £630 Sports Cool - £495	DL to update action plan termly against key milestones and communicate progress with SLT. DL to update teachers, other staff and governors as and when appropriate. Complete, update and edit pupil activity grids	All children have enjoyed a variety of physical activity and/or sport. All children have experienced and enjoyed a sport or activity that they've never done before.

• Create a strong club link with Sports Cool and Claire's karate club and possibly use them for extra-curricular clubs and in Enrichment week. • Inclusion sessions – New age kurling with Dan. • During enrichment week we will have Glow Sports led by Sports Cool. • Archery club – Sports Cool • Glow sports club – Sports Cool • Badminton and table tennis clubs	School Games Organiser and inclusion specialist. Lancashire PE and school sport advisers. Play leaders. Sports captains & school sports crew. Football coach. HG&LFC The FA		termly as well as the yearly overview. Photos on Facebook and Seesaw to show the different football activities and the many opportunities girls are getting.	
5. To provide meaningful and positive experiences relevant to the confidence, competency and motivations of our children. • See Positive experiences of competition school and teacher toolkit • We aim to take part in every competitions, festival, inclusion event and transition event that is offered to us this year. Once we have entered the competition, we need to follow 'The Road to Competition' (see poster) and follow the steps below… 1. Identify children in greatest need for this particular event. 2. Recruit and communicate. 3. Purposeful preparation. 4. Celebrate selection. 5. On the way to competition. 6. During competition. 7. Reflecting on the competition experience	Miss Lynch. All staff including welfare staff. Sports coaches /RLT. Pupils and parents. School Games Organiser and inclusion specialist. Lancashire PE and school sport advisers. Play leaders.	Sports day medals and stickers £182 Sports day lines including footie pitch on field £200. Coach to All Saints sports day - £220	DL to update action plan termly against key milestones and communicate progress with SLT. DL to update teachers, other staff and governors as and when appropriate. Complete, update and edit pupil activity grids termly as well as the yearly overview.	All children have had a positive and meaningful experience of competition. Children representing our school for the first time have also had a positive first experience. Every single child in the whole school has participated in at least 1 competition, event or festival. Some children have taken part in more than 10. Wow! Every child in the whole school has been given the chance to take part in many extra-

	Sports captains / Sports ambassadors School sports crew.			curricular clubs. Many children took part in more than 5 clubs a week! Every single year 6 child will be leaving St. Peter's school with a passion or real love for a sport or physical activity.

6. To increase the number of children achieving the statutory requirements for swimming.

To ensure that pupils can perform safe self-rescue even if they do not fully meet the first two requirements of the NC programme of study.

To decide on achievable water safety outcomes.

Cost 2/3 of £5280 = £3520 Class 4 and 5 children attended swimming lessons this year. Children are offered booster sessions throughout KS2 until they have achieved the statutory requirements stated in the grid below. Miss Lynch has regular meetings and phone calls with Darryl (the lead swim instructor). Members of staff enter the pool to offer 1:1 sessions as and when required. Miss Lynch, Mr Smith and the class teachers meet regularly to discuss swimming and check the swimming data. Data is updated weekly by Mr Smith and conversations are had with swimming staff about what our children need to focus on next. A big emphasis has been put on safe self-rescue this year and Miss Lynch has communicated with the swimming staff to ensure this is happening. Miss Lynch has also spoke to the swim team to finalise what the children needed to do to pass the water safety section.

Impact: There is now a higher level of competence in swimming at an earlier age. We are doing everything we can to ensure every child leaves year 6 having achieved the national curriculum requirements for swimming and water safety.

2014/15 – 58% achieved all requirements
2015/16 – 66% achieved all requirements
2016/17 – 72% achieved all requirements
2017/18 – 85% achieved all requirements.
2018/19 - 68% achieved all requirements.
2019/20 - 45% achieved requirements due to lessons being only 6 weeks of 1hr lessons and not a full term of 30min lessons.
2020/21 – 71% which is an amazing result considering the fact that we had a partial school closure due to covid19 and the swimming baths were closed for most of the year.
2021/22 – 40.9% (this is the year group that has been most affected by covid19)
2022/23 – 56% achieved all requirements.

2022 / 23 - Meeting national curriculum requirements for swimming and water safety:  	**How many of our current Year 6's have already achieved the requirements (July data)?**
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?	56% 14/25
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	84% 21/25
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	60% 15/25
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity **over and above** the national curriculum requirements. Have you used it in this way?	Yes

	Possible Next Steps / ideas

- Create a document with everything we are continuously doing in PE split into the 6 key objectives. Then action plan just needs key points for improvement.
- Focus action plan on a few things that will make a big difference.
- Speak to teachers about possible outdoor learning days.
- Introduce Travel Tracker. 60 active minutes – Active travel. Walk 2 school initiative. Could children bring bikes and scooters to school?
- Add 'do you enjoy regular physical activity?' to pupil and parent questionnaires (sports day)
- Media / journalism leaders – workshop and support with initial report.
- Outdoor learning days.
- Add sports personalities of all ages, genders, etc to PE front cover pages.
- Use outdoor sound system for PE lessons, breaks, dinners, wake and shakes, daily mile, etc.
- Dinner time walking club aimed at the underachievers and least active children (Spring term).

- Use inclusive health check action plan on school games website.
- Swimming pool in playground – all year groups to attend daily over a 2 week period.
- Multi skills dinner time club – Use booklet and resources from CPD.
- Create an excel spreadsheet for PE questionnaires so feedback and percentages are easier to see.
- Put photos of every PE, sporting event and special day, etc on website.
- Add what makes an outstanding PE lesson to PE policy. Send PE policy to all staff in September.
- Record/list how the PE subject leader helps/supports other members of staff.
- Monitoring PE – questionnaires for pupil (homework), staff and parents. Pupil voice (chat and ask questions about PE). Walkthrough PE lessons and note findings.
- Sports day in May/June when the weather is better.
- Bikeabiity earlier in the year.
- Organise an end of the year Outstanding Sporting Achievement Award for a year 6 that has really stood out in PE and sport. Invite Nathan Bibby to present the award.
- Next year package C - £6595.