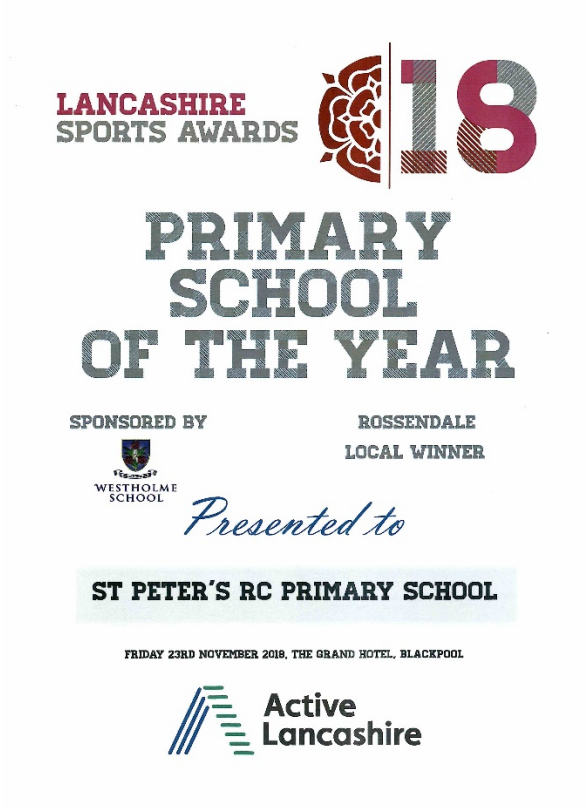
St. Peter's RC Primary School - PE and Sport Premium Statement (2018-19)







Our vision has most definitely been achieved once again this year:

ALL pupils leaving St. Peter's RC Primary School (now and in future years) are physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong enjoyment and participation in physical activity and/or sport.

How has the PE and Sports Premium Funding been spent?

At St. Peter's RC Primary School this money is calculated as £16,000 + £10.00 per pupil (Years 1 -6 only). This year, we have received £17,250.
The following table shows all the money that has been spent on PE, Sport and Health this year…

What has the money been spent on?	**How much was spent?**
Release of subject leader 4 days	£720
Equipment for playground and play leaders	£400
Equipment for PE lessons	£200
Rossendale Sport's Partnership which offers schools a comprehensive PE and school sports programme to develop PE, Competition and Health and Well-being. The package includes: full time support of school games organiser, staff CPD & KS1 multi skills, competitions, specialist sports coaches, bikeability, celebration festivals, Change4life training, Young leader training, Gifted and talented academies, free equipment loans.	£3475 Category C
1 x welfare staff to lead playground activities	£2133
Sports day lines including football pitch	£180
Space hoppers	£200
Sports captain outfits and badges	£81
Forest Schools	£4680
Orienteering update of maps and resources	£100
Karate and hula hooping specialist coach	£300
Swimming booster sessions	£3075
School Games Day medals, badges, stickers and equipment	£300
Transport to 5 sporting events	£850
Sports Awards tickets and transport	£290
Change4Life Club	£80
Specialist dance teacher	£5830
Dance costumes	£80
Life education Van and PSHE scheme of work	£626
Bouncy castle	£79
Total = £23,679 (Sports funding supplemented by school budget).	

The sports premium funding has been spent on making additional and sustainable improvements to the provision and quality of PE and sport that we offer. This has benefitted all pupils by encouraging the development of healthy, active lifestyles. It is of high importance to us, that the focus of our spending leads to maximum, long lasting impact that

will live on well beyond the Primary PE and Sport Premium funding, therefore benefitting pupils that will join the school in future years.

A summary of key achievements during this year:

We have been awarded **'PLATINUM'** AGAIN this year in the School Games Awards which rewards schools who have maintained consistently high standards with their school sport provision. This is the highest accolade possible and reflects the awesome range of sporting opportunities our children are provided with. It also means that we are in the top percentage of schools in England for PE and Sport provision. Only 3 schools in Rossendale achieved the Platinum School Games Award and we have been asked to support other schools in developing their provision. A major success story was supporting a school we have close links with and as a direct result of our guidance the school progressed from achieving Bronze in 2017 to Gold in 2019!

We have once AGAIN won the **'Primary School of the Year for Sport 2019'** in Rossendale and will now attend an awards ceremony for the 'School of the year for Sport' in Lancashire.

Our **school Facebook page** (St Peter's RC, Newchurch) gives a real feel for the way sport, PE and active lifestyles are part of the fabric of our school!
https://www.facebook.com/stpetersrcnewchurch/?ref=bookmarks

Rossendale PE and Sport League table results:
Out of the 31 schools, St Peters came 4th in the main school league.
In the small schools' league we came 1st.

We have taken part in 28 competitions (this is not including the numerous football competitions). We've had 12 B teams and 3 C teams which shows that we are passionate about ensuring children of all abilities have the opportunity to compete in a competitive environment.

We have attended 3 inclusion events which have really raised the self -confidence of some of our children with Special Educational Needs and of those that are less active.

This year we wanted to have a motivational incentive to further improve school attendance. We decided to hire a bouncy castle at the end of each term as a reward for the children who achieved the target percentage. This was a brilliant way of further increasing active lifestyles as well as celebrating good attendance. In July 142 out of 150 children accessed the reward and our whole school attendance was a huge 98% (national average is 95% and the year before we had 96.9%).

A group of 39 Year 5/6 children spent 2 nights at Robin Wood (an outdoor adventure centre) in May 2019.

We ended the year on a huge high too! A team of 6 Year 5 children won a Manchester Airport competition to design a sun safety campaign. Their concept of 'Don't be a Lobster' beat 11 other teams from across the North West and part of the prize was a full

Circus Day for the whole school (and parents!) in a huge Big Top tent on our field! Once again our children had the opportunity to develop new skills both fine motor and gross motor, as well as have a bucket load of fun!!



Some of our Competition Achievements include:

- 1st place pledge for Rossendale school games for the second year running. 2 of our Year 5 girls now read their Sports pledge out at many Rossendale sporting events. They also read it out at the beginning of sports days. The winning pledge shows the real sports values and what competition is all about.

- In June 2019, our Year 5/6 Dodgeball team won their heat and out of 39 teams they ended up with the bronze medal in the final.



- Y3/4 tri golf A and B teams both achieved 1st place and went through to the finals.
- We delivered another outstanding sports day with superb parent, pupil and staff feedback.
- 2nd place in y3/4 quad kids.
- 2nd place at the cheerleading competition.
- 2nd place Year 3/4 athletics

- Cross country results (15 of our children competed despite it being our half term). A Year 5/6 girl came 5th out of over 100 runners, Year 5/6 boy came 4th out of over 100 runners – both then competed in the Lancashire finals. One of our Year 3 girls came 3rd place in the Year 3/4 race.
- 3rd place at the Rossendale Dance Competition.

- 20 of our Year 4 and 5 children represented our school at the Catholic Schools annual athletics competition at the local High School – winning the silver medal in June 2019!



- 24 of our children from Year 4 – 6 perform at Preston Guild Hall in front of over 500 people as the only Rossendale school in the Lancashire Schools Dance Festival in November 2018!



Evidencing the Impact of our PE and Sport Premium:

We measure improvement against the following 7 key indicators from the DfE:

1. The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles.
2. The profile of PE and sport being raised across the school as a tool for whole school improvement.
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport.
4. Broader experience of a range of sports and activities offered to all pupils.
5. Increased participation in competitive sport and transition into community sport.
6. Improved collaboration with local networks.
7. Meet the National Curriculum requirements for swimming and water safety.

We have evaluated the impact of the Sports Premium funding as part of our normal self-evaluation and provision mapping arrangements. We have also evaluated and monitored the quality and breadth of PE and sporting provision, including increasing participation in PE and sport so that all pupils develop and maintain healthy lifestyles and reach the performance levels they are capable of.

Measuring the impact of the activities provided with the sports premium funding has been achieved in different ways. We looked at progress in PE as well as other areas of development such as self-esteem, confidence and the numbers of pupils involved in sporting activities in and out of school. Assessments have been made both formally and informally using our school assessment systems, regular monitoring and observations as well as feedback from staff and visitors to the school. We also evaluated the impact of professional development opportunities in improving teaching and learning in PE.

We used the School Games Mark which is a government led awards scheme that reward schools for their commitment to the development of PE and sport across their

school and into the community. By participating in this process, it allowed us to evaluate our PE and sport provision and assist us in developing an action plan for future progress.

Impact of Sports premium funding this year:

1. **The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles.**

At St. Peter's we believe in a holistic whole school approach to the development of sport and physical activity for all and encourage collaboration and partnership, working to make the best use of resources and enhance PE and sport provision, in order to raise participation and achievement for all pupils.

St Peter's demonstrates a holistic whole school approach to delivering physical activity in line with the Chief Medical Officer's (CMO) recommendation of a minimum of 60 active minutes a day (in which 30 minutes must be rigorous) on top of their Forest School session and 2+ hours of PE per week. We encourage parents to do the same! Increased physical activity throughout the school day has resulted in many benefits for our children. It has boosted their health and fitness, improved concentration and learning (academic achievement) and helped to build confidence and social skills.

We educate both parents and children by sending lots of information home about how they can help their child be healthier. We educate the children through the Life Skills caravan, C4L day, hall displays, healthy schools initiative, walk to school initiative, up and active programme, C4L clubs, yoga, wake and shakes, daily runs, active breaks and dinners, move and learn initiative, bikeability, playleader training, Young sports ambassador training, dinner time walking club, Forest Schools, as well as health being mentioned in other subjects like Science, PE, and PSHE.

Also, physical activity homework is regularly given like the Couch25K, Park Run, fundamental movement skills practise or just going out for a walk as a family and observing the different effects exercise has on the body. This benefits parents as well as children. We send information home if a child is taking part in a competition so the child can practise at home. For example, parents are running with their children to practise for the cross country. Other parents are going to local fields to practise for athletic events or taking children swimming to practise for the swimming gala. Children have really enjoyed working with their parents with this different, physical type of homework. It has brought families together and encouraged them to be more active.

All children continue to be happy, healthy, active and benefitting from increased physical activity regardless of ability. PE and Sport continues to be enjoyed and accessible to all including disabled, SEN and gifted and talented children! We have targeted inclusive support for vulnerable groups and individuals to raise their participation in sport, maintain a healthy lifestyle and boost self-esteem through coaching/mentoring sessions.

All children receive at least 2 hours of high quality curriculum PE each week following the New National Curriculum and teachers are also encouraged to bring physical activity and movement into as many other lessons as possible. A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It provides opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

All children have the opportunity to take part in an extra 4 hours and 35 minutes of activity a week during break and dinner times from training welfare staff, young leaders, 'Change for Life' Clubs and playground equipment/apparatus (15mins x 5 break times and 40 minutes x 5 active dinner time sessions).

Active breaks throughout the day are resulting in better concentration and learning in the classroom. The children are learning the physical skills and habits required for an active lifestyle and their health, fitness, confidence and social skills have improved. Through motivating and creative activities we continue to inspire and educate children and staff, raising standards whilst encouraging a more active healthy lifestyle.

2. **The profile of PE and sport being raised across the school as a tool for whole school improvement.**

All children have been given the opportunity to challenge themselves and achieve their personal best. Exciting, energised sport and physical activity has led to improved concentration, increased productive classroom time and therefore better learning. Children's confidence has improved (more are willing to get involved), fundamental movement skills are constantly being developed and improved (especially for EYFS/KS1), social skills, team work and cooperation is much better.

This year we have focused on developing athletics provision within our school. Teachers have been upskilled in delivering athletic activities through CPD and from working alongside the subject leader. All children have been given the opportunity to take part in and enjoy a variety of athletic activities with some children excelling in this area. Every child has made progress in PE this year and all teachers are more confident in teaching athletic activities.

3. **Increased confidence, knowledge and skills of all staff in teaching PE and sport.**

Effective and regular monitoring and evaluating of PE evidences that children are making at least expected progress in all areas of the PE curriculum, with many examples of accelerated progress.

We have invested in the professional development of staff at our school so they are best equipped to teach high quality Physical Education and school sport for years to come. All staff are motivated, inspired and want to teach PE. All PE teaching staff use the Lancashire schemes of work alongside other recommended resources and assessment materials.

All lessons have a warm up, re-cap on previous learning, an objective, success criteria, differentiation (Space Task, Equipment and People), cool down, level 1 intra school competition and assessment. Lots of CPD has been given to staff including forest schools training, Change4Life, schemes of work, gymnastics and more to ensure sustainability.

We have hired qualified sports coaches to work with teachers, provide existing staff with training or resources to help them teach PE and sport more effectively. We have given all the teachers, welfare staff, TA's and play leaders 'daily mile' training and ESP playground lines training for the new lines we have had painted in the playground last year. All Year 5's have received training to be a play leader so they are ready to start their roles straight away in September when they become Year 6's.

4. **A broader experience of a range of sports and activities is offered to all our pupils.**
   &
   6. Improved collaboration with local networks.

We are very proud to be able to say that every child in our school finds a sport or activity that they love by the end of their time with us. Every child in our school has been given the opportunity to take part in a new sport or activity this year. We are particularly proud of the progression routes we have in place for our children to continue taking part in sport outside of school. St Peter's works hard to establish as many strong links with local, community sports clubs and organisations as possible and we advertise these clubs regularly to the children. We want to give every child the opportunity to continue participating in worthwhile sporting and physical activity throughout their life. This has allowed our children to make the most of their experiences in both settings, to try out new sports, feel comfortable in a club setting and as a result makes them more likely to continue participating once they leave our school.

Many out of school club coaches come into school to work with our children on a regular basis and this is an excellent way to promote out of school clubs to them. We realised that many of our children and parents didn't know what clubs there were in our local area so personal contact has been the best way to promote these clubs. Our children are more likely to get involved and attend a club if they know what they are dealing with and if they have already seen coaches in the familiar surroundings of our school. The coaches have good relationships with our parents, staff and children and all of this has resulted in many of our children attending their clubs outside of school. These include: Ollie's Woodland Learning, The Theatre Works Bury, Rossendale United Football team, Haslingden Girls' Football team, Rossendale Leisure Trust who offer various sports and activities, Rossendale Swimming Club, Accrington Stanley, Go Velo biking, Shotokan Karate Club, Mr Young's table tennis club, Mr Elkington's table tennis club, Rossendale Rugby Club, Burnley BEST Gymnastics club, Orienteering, Rossendale Golf Club, The valley Hoopers and Rossendale Harriers. We have seen an increased standard in school teams due to increased coaching received by our pupils at out of school clubs. We have also seen more active, and ultimately healthier pupils.

St. Peter's celebrates children's achievements at out of school sports clubs in our weekly awards assembly where a huge emphasis is put on the importance of sports clubs and our three Year 6 Sports Ambassadors present the children with certificates, awards and medals. This is a great promotion for out of school sports clubs.

The majority of our extra-curricular sports clubs which take place before and after school as well as at dinner times are run through Rossendale Leisure Trust (the biggest provider of leisure activities in the valley). Through Rossendale Leisure Trust (RLT) we have many exit routes that are promoted to our pupils during various sports clubs such as; cricket, tennis, badminton, dodgeball, basketball, tri golf, multi skills, handball, hockey, football, athletics as well as holiday sports clubs too.

We see many talented pupils in the various sports clubs we offer as well as during PE lessons and we always encourage these children to attend a similar club outside of school. We give parents all the relevant information that they will need to access each specific club. We also aim for these talented children to compete in competitions which offers exit routes to finals and Lancashire School Games. Local clubs often help out at the events and promote their services to the pupils and parents. Scouts are often at these competitions offering our children an additional chance at an exit route. Our school is extremely understanding of special sports events in school time that children are asked to attend.

At the end of every school sports club, children are informed of local clubs for that particular sport (flyers and posters are often given out and clubs are advertised on our website and Facebook) and if they show an interest our PE subject Leader speaks to parents and offers more information. Parents know that they are welcome to come in and speak with our PE Subject Leader who can recommend clubs in the local area that are suitable for their child and their individual needs. Our PE subject leader attends the Lancashire Primary PE and School Sport Conference so is well informed of new initiatives, research and developments. She also has many contacts that will help her if needed.

Before all of our Young Leaders go on to High School, we communicate any special sporting talents with their secondary school. We also encourage our Bronze Young Ambassadors, Sports Crew and Play leaders to go on to continue to be Sports Leaders at High School helping out at different sporting events and competitions. It's always lovely to see these children in future years at sporting events and competitions. Our children really look up to them and see them as role models which is a great encouragement for them to get involved and follow the same path too. As well as competing, we also offer opportunities for children to be reporters and photographers at competitions which gives the opportunity of a completely different path related to sport.

Through our rigorous assessment and observations of pupils in PE, sport and competitions, we quickly identify gifted and talented children and encourage them to use their talent in school, in competitions and encourage them to attend out of school clubs. Our most talented children are also given the opportunity to attend a Gifted and Talented Academy at the weekend, Young Ambassador training and Change4Life Champions training.

We also quickly identify children who need more physical opportunities (disabled, least active children, special needs, those overlooked in sport, gifted and talented) and ensure they are fully included and have positive experiences of PE and sport by speaking to their parents about local clubs, through Inclusion events, Change4Life clubs, separate boys and girls clubs/competitions, B and C teams, Change4Life training, play leader training, bikeability, Forest Schools, active break, active dinner times, active breakfast clubs and active after school Keys club (3:20-5:45PM each day) which has many active sessions throughout the year including biking, scooting, treasure hunts, outdoor sessions, water fights, etc.

We have a dinner time walking club to get as many children walking as possible. The children absolutely love this special club and more children are wanting to go walking and exploring with their parents out of school. Regular Forest School sessions are loved by all our children. They are stimulated by the outdoors and we have experienced, over time, an increase in our children's self-belief, confidence, learning capacity, team work skills, enthusiasm, communication and problem-solving skills, emotional well-being and survival skills. The list is endless! We also try many initiatives to get our children up and moving including Up and Active, Sports Super Movers BBC, Walk to school Initiative, Healthy Schools Initiative, Premier league Primary Stars Initiative, Change4Life initiative and we are always ready to try new things if they could benefit our children's lives.

5. <u>Increased participation in competitive sport and transition into community sport.</u>

We are very proud of our extremely inclusive Competition offer. We ensure that by the time a pupil finishes primary school they will have represented our school in many inter competitions (against other schools), represented their class or team in many intra competitions (within school) and strived to be the best that they can possibly be through personal challenges and competitions.

St Peter's is part of the Rossendale School Sports Partnership (RSSP) and works closely with Rossendale Leisure Trust (RLT) to provide competitive sporting opportunities for all our children. We cater for all abilities and interests offering a wide range of sport competitions for everyone. For every inter competition we take part in we also run an intra competition leading up to the event to help us pick the team. This means that every child gets to take part in a competitive activity for that particular sport. We are only a small school but we aim to take part in as many competitions, events and festivals as we possibly can. We also take part in the local schools' football tournament and football league as well as an Athletics Competition against our Catholic cluster schools and the Lancashire Dance festival.

We aim to offer a wide variety of sports for our children to try during PE lessons and sports clubs enabling us to take part in nearly every competition. On a few occasions children have never played a particular sport eg. Hula hooping, Boccia and New Age Kurling but they were still eager to take part in the competition. Some of our kind and very supportive parents come in to deliver some extra coaching sessions before a competition like tri-golf and cricket. Our children are always ready for a challenge and ready to have a

go. They know that it is good to win but also know that as long as they've tried their best, worked as a team and most importantly enjoyed it. That is all that matters!

At every competition, our children's behaviour is impeccable with spectators regularly mentioning how fantastic we are. Our children's support for each other as well as for opposing teams is just lovely to see. No matter the result, our children always shake hands and smile after a competition. It is so rewarding to see the children returning to school buzzing, having acquired a love for a new sport that they would never have tried if it wasn't for our school helping them. Competitions have helped our children deal with adversity and success as well as developed their perseverance and resilience.

Most of our children love PE and sport (this is down to many years of hard work) but for those that still aren't fully on board we try to find a sport or activity for them to enjoy. This is often achieved at competitions when you see a smile on a child's face as they realise they are actually having fun and doing pretty well whilst representing our school. The awards and presentations in achievement assembly following every competition add to our children's love of sport. We aim for every child to have found at least 1 sport they love before the end of their time at our school.

We have a good mix of competitive and non-competitive sports which helps us reach every single child. We enter many festivals which are a super introduction to many different sports and also about having a go and having fun. This year we have attended the Animal Olympics festival for KS1, Mini Olympics, Dance Festival and Tag Rugby Festival.
Some of our children have taken part in over 20 competitions this year. Every child in our Reception class has the opportunity to take part in at least 1 competition with the rest of the school taking part in at least 2. These include inclusion sports so all children are given the opportunity to represent our school in a sport that suits their individual needs. These inclusion competitions have been perfect for our least active children, the least engaged, those with special educational needs and those that have a physical disability. We have a boy in a wheel chair that excelled in inclusive New Age Kurling and during 4 competitive races on sports day. We often enter B and C teams as well as the A team to give as many children the chance as possible. We enter talented younger children into events for older children. For example, Year 2 children have taken part in Y3/4 cross country, tri golf and gymnastics competitions.

7. Meet the National Curriculum requirements for swimming and water safety.

Swimming and water safety National Curriculum requirements:

All schools must provide swimming instruction either in key stage 1 or key stage 2. In particular, pupils should be taught to:

- swim competently, confidently and proficiently over a distance of at least 25 metres.
- use a range of strokes effectively [for example, front crawl, backstroke and breaststroke],
- perform safe self-rescue in different water-based situations.

All children at St. Peter's attend swimming lessons in Year 4. Children are then offered booster sessions throughout KS2 until they have achieved the statutory requirements stated above. Members of staff do enter the pool to offer a 1:1 session when required as well.

Impact:

There is now a higher level of competence in swimming at an earlier age. The % of children that can swim a length by the end of KS2 is increasing each year.

2014/15 – 58% achieved requirements
2015/16 – 66% achieved requirements
2016/17 – 72% achieved requirements
2017/18 - 85% achieved requirements.
2018/19 - 89% achieved requirements.

For the plan for next year, see 2019/20 PE and Sport Premium Action Plan.