PE, SPORT AND HEALTHY / ACTIVE LIFESTYLES AT ST. PETER'S R.C PRIMARY SCHOOL. 2022 / 2023

BY DOMINIQUE LYNCH – PE SUBJECT LEADER.

MOST RECENT ACCOLADES…





It's wonderful that we've continued to be awarded 'PLATINUM' in the School Games Awards which reward schools who have maintained consistently high standards with their school sport provision. This is the highest accolade possible and reflects the awesome range of sporting opportunities our children are provided with.

YEAR 6 SPORTS CAPTAINS



CARING CHAMPIONS (MENTAL HEALTH AMBASSADORS)



Key Priorities in Whole School PE, School Sport and Healthy, Active Lifestyles:

- ALL pupils leaving St. Peter's RC Primary School (now and in future years) have had positive, memorable experiences in PE, sports and other physical activities. All pupils have been given the opportunity to be as physically active as they are able to be and have the physical competence, confidence, knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong enjoyment and participation in physical activity and/or sport.
    - We are proud that every year we achieve our mission!

WE ARE EXTREMELY PROUD TO SAY THAT THIS YEAR…

- Every single child in the whole school has participated in at least 1 competition, event or festival. Some children have taken part in more than 10. Wow!

- Every child in the whole school has been given the chance to take part in many extra curricular clubs. Many children took part in more than 5 clubs a week!

- Every single year 6 child will be leaving St. Peter's school with a passion or real love for a sport and/or physical activity.

PE and Sport Premium funding (2022/2023).

We receive £18,000 plus £10 per pupil in Years 1-6 = £19,300

Our total predicted spend for 2022/23 is £30,736 (supplemented by the school budget and FOSP).

The sports premium funding will be spent on making additional and sustainable improvements to the provision and quality of PE and sport that we offer. This will benefit all pupils by encouraging the development of healthy, active lifestyles. It is of high importance to us, that the focus of our spending leads to maximum, long lasting impact that will leave a legacy for and benefit future generations of St. Peter's children. Small steps will create great change!

The full sports premium reports since 2013 as well as the action plan for the current school year are on the school website.



WE CONTINUE TO PROVIDE ALL PUPILS WITH AT LEAST TWO HOURS OF HIGH-QUALITY PHYSICAL EDUCATION EACH WEEK.

The PE page on our school website has lots of information about our PE curriculum including:

- The National Curriculum for PE
- Statement of intent
- Yearly overview
- School PE policy
- Photos

All staff are motivated, inspired and want to teach PE.
Our children love PE. It is vibrant and noisy but children are on task and learning something new every lesson. Attitude to learning is excellent and just like it is in any other subject.

Teachers follow the national curriculum but go above and beyond its expectations.

WE ENSURE THAT ALL PUPILS ARE ENGAGED IN REGULAR PHYSICAL ACTIVITY.

We live in a world where children can spend all day not moving and this impacts their emotional and physical well-being. The Chief Medical Officer's guidelines recommend that schools, parents and the sport sector must work together to ensure that children and young people have access to at least 60 minutes of physical activity every day. At least 30 minutes should take place in schools, and the remaining 30 outside the school day.

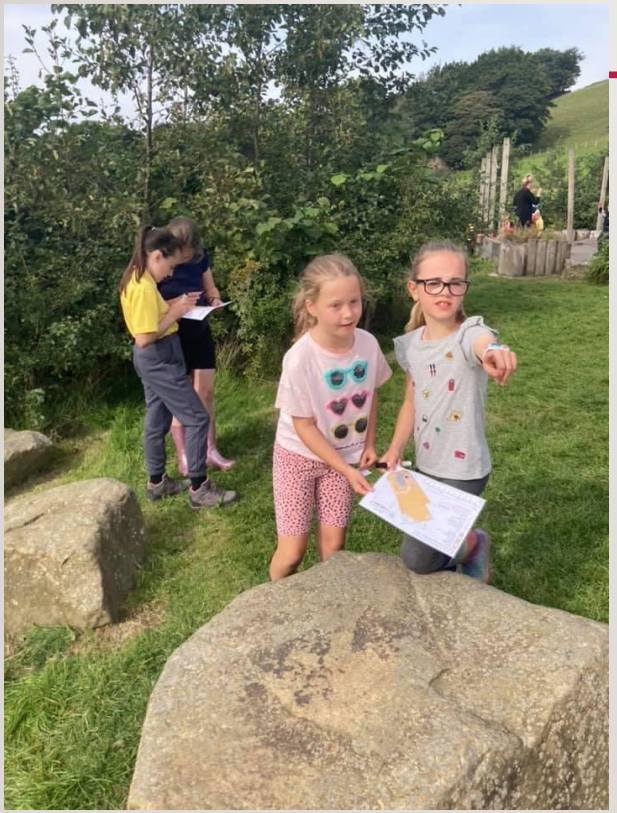
All our children have the opportunity to take part in at least 60 minutes of activity a day (in which 30 minutes is rigorous) and this is as well as the 2 hours of curriculum PE and woods sessions. Teachers, schools and families all have a big part to play in helping children to sit less and move more. We need to help children to understand that physical activity is the key to a healthy and successful life. It is essential to educate children and instil good habits. We want children to be up and active from an early age.

HOW DO WE KEEP OUR CHILDREN ACTIVE, HAPPY AND HEALTHY?

Wake and shake.
Active lessons (physical activity in other subjects).
Active breakfast club and Keys after school club.
Outdoor lessons.
Forest School sessions.
Continuous provision in KS1.
Yoga/mindfulness.
Football and climbing frame rotas.
Virtual competitions (Eg. Race to Lapland, Gymnastics).
Daily mile and/or active breaks.
Regular extra sporting, physically active and PE opportunities.
Woodland nurture groups.
Sponsored events (eg. danceathons and mad dash).
Special reward days (eg. bouncy castles).
Whole school dance projects for special occasions (eg. England world cup, Queen's jubilee)
Extra dance practise for KS1 nativity and KS2 end of year show.

OTHER FUN AND PHYSICAL ACTIVITIES THIS YEAR INCLUDE……

ORIENTEERING













Active play times and lunch times!





Almost 1/5 of the KS2 day and ¼ of the KS1 school day is scheduled for break time. It is essential that this time is used productively and that ALL children are given the opportunity to fully experience and enjoy the benefits of this unique time to be active. All children enjoy break and dinner with a variety of activities and equipment on offer. Welfare staff and play leaders lead sports, games and activities and receive training for this.






2m
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1m
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2022/23 SCHOOL SPORTS CLUBS. Summer Term.

	CLUB	YEARS	TIME	COACH	STAFF	DATE S	EXTRA INFO
Every break time	Badminton	Y5/6	10:20-10:35	Miss Lynch & sports captains	Miss Lynch	All year	Girls Tues, Thurs Boys Mon, Wed Winners—Fri
Every lunch time	Table tennis	Y5/6	12:15-12:45	Miss Lynch & sports captains	Miss Lynch	All year	Girls Mon, Wed Boys Tues, Thurs Winners—Fri
Monday	Dance and Drama	Years 1—6	3:30—4:30	Mrs Denton	Mrs Denton	All year!	Showcase at end! £4.00 per session
Tuesday	Net/wall – tennis & badminton	KS2	3:30—4:30	Paul (RLT)	Miss Green/Mrs Bacon	25th April — 11th July	10 sessions
Wednesday before school	Gymnastics	KS2	8:10—9:00	Coach Hayley	Miss Haworth	26th April — 12th July	10 sessions.
Wednesday	Glow in the dark sports	KS1	3:30-4:30	Sports cool	Miss Lynch	26th April — 24th May	5 sessions
Thursday	Running	KS2	3:30—4:30	Paul (RLT)	Mrs Mussell	27th April — 13th July	9 sessions. No session on 18th May - cross country comp.
Friday before school	Gymnastics	KS1	8:10-9:00	Coach Hayley	Miss Lynch	28th April — 14th July	10 sessions
Friday PM 2	**Caring Champions**	KS1 & 2	2:15-2:45	Mental Health Ambassadors	Miss Weldon	All year	

COMPETITIONS, FESTIVALS AND LOTS OF OPPORTUNITIES TO REPRESENT OUR SCHOOL….

- At St Peter's our Competition offer is extremely inclusive ensuring that by the time a pupil finishes primary school they will have represented our school on numerous occasions. We cater for all ages, abilities and interests offering a wide range of sport competitions to take part in.
- Every year, we aim to take part in every competition offered to us as well as inclusion events (targeted at pupils that are either less engaged, SEN or have a physical disability) and celebration festivals.

This year so far…



An incredible performance from our Year 5/6 team tonight in the small schools tournament at The Valley Leadership Academy! ⚽

After winning 3 games and drawing 1 game, they achieved 1st place and went straight through to the finals! 👏👏👏

The team were awarded silver medals 🥈 after an amazing performance in an extremely tough final. So proud of team St Peter's!

A big thank you to Mrs Raja and Jonah's dad for coaching the team during the competition! 😁

What a fabulous start to our 2022/23 year of sport!



- 6th place out of 20 schools for our incredible Y5/6 football team. They played amazingly well and didn't lose a game. They even drew against the winning team.
- All children showed great sportsmanship and determination. Well done team!

A GROUP OF CHILDREN HAD LOTS OF FUN AT WHITWORTH HIGH SCHOOL FOR A YEAR 6/7 TRANSITION FOOTBALL FESTIVAL.



BRILLIANT TEAMWORK, AWESOME ATTITUDES AND FABULOUS BALL SKILLS WERE SHOWN BY THE ST PETER'S Y5/6 GIRLS FOOTBALL TEAM IN THE VALLEY FINALS THIS EVENING. THE GIRLS WON 2 GAMES AND LOST 1. ⭐
IN A HUGELY TENSE 3RD PLACE FINAL GAME, THE GIRLS LOST OUT 2-1 IN A PENALTY SHOOTOUT AFTER DRAWING 1-1 IN THE GAME AND EXTRA TIME.
THEY ENDED WITH A 4TH PLACE ACCOLADE (OUT OF 16 SCHOOLS) AND WON THE SCHOOL GAMES AWARD FOR SHOWING RESPECT. 🙌🏻
SO PROUD OF EACH AND EVERY ONE OF THE TEAM! 😍



THIS WONDERFUL TEAM HAD A GREAT TIME AT THE YEAR 3/4 FOOTBALL TOURNAMENT TODAY!! WE EVEN HAD A VERY TALENTED YEAR 2 CHILD IN THE TEAM. EXCELLENT SPORTSMANSHIP, GOOD SKILL AND DETERMINATION WE'RE SEEN BY ALL PLAYERS. WELL DONE LADS! ⚽⚽⚽⚽



THE MOST INTENSE GAME OF FOOTBALL SO FAR THIS YEAR FOR OUR YEAR 5/6 TEAM AGAINST WATERFOOT PRIMARY SCHOOL.
OUR BOYS TOOK THE LEAD BUT SHORTLY AFTER WATERFOOT EQUALISED. IT WAS STILL 1-1 AT FULL TIME SO THEY PLAYED 5 MINS EACH WAY OF EXTRA TIME…..THERE WERE LOTS OF CHANCES FOR BOTH TEAMS BUT IT REMAINED 1-1 RESULTING IN THE DREADED PENALTIES! WHICH, WE WON!!!!!!!!! 🙌🏼
THE BOYS WERE DELIGHTED AND WE ARE SO PROUD OF THEM ALL!



THE YEAR 3/4 GIRLS TEAM PLAYED FOUR AMAZING GAMES OF FOOTBALL IN THE COMPETITION!! OVERALL THEY CAME 3RD! THE GIRLS WORKED SO HARD TO WORK AS A TEAM AND COMMUNICATE RESPECTFULLY. SO MUCH SO THAT WE WON THE SPORTS VALUE AWARD FOR RESPECT!

WELL DONE GIRLS! EVERYONE IS SO PROUD OF YOU!! ⭐⭐



A HUGE WELL DONE TO OUR Y 5/6 ATHLETICS TEAM TONIGHT WHO CAME 2ND OUT OF 6 DIFFERENT SCHOOLS. THEY ALL TRIED SO HARD AND PERFORMED REALLY WELL! SO PROUD OF YOU ALL! ⭐



A WONDERFUL EVENING OF ATHLETICS FOR THESE YEAR 3/4 CHILDREN. SKILL DEVELOPMENT ACTIVITIES AND LOTS OF FUN!



Y5/6 FOOTBALL MATCH V CRAWSHAWBOOTH



Y3/4 FOOTBALL MATCH V CONSTABLEE



A GROUP OF Y6 CHILDREN HAD AN AMAZING TIME AT THE GLOW IN THE DARK DODGEBALL FESTIVAL THIS EVENING. IT WAS SO MUCH FUN AND THE CHILDREN WERE WONDERFUL REPRESENTATIVES OF OUR SCHOOL! 😀 WELL DONE TEAM ST. PETER'S. 🙌🏻





THESE TWO FANTASTIC DODGEBALL TEAMS HAD A GREAT TIME AT THE YEAR 3/4 GLOW IN THE DARK DODGEBALL FESTIVAL! THEY SHOWED EXCELLENT SPORTS VALUES AND HAD A BLAST!!



C4L INCLUSION FESTIVAL









THESE TWO AMAZING BOYS REPRESENTED ST PETER'S WONDERFULLY IN THE BADMINTON QUALIFIERS. THEY PLAYED WITH SUCH DETERMINATION, RESILIENCE AND RESPECT ACHIEVING A PLACE IN THE BADMINTON FINALS! 🏆🏸





Another great badminton performance from our super duo gaining them a bronze medal! 3rd place in Rossendale! What an incredible achievement! 🥉⭐🙌🥉

WOW - WHAT A PERFORMANCE FROM THE 30 CHILDREN IN OUR INCREDIBLE DANCE TEAM. OUT OF 14 PRIMARY SCHOOLS, ST PETER'S WERE AWARDED 2ND PLACE AND THEY CERTAINLY DESERVED IT. OVER HALF THE TEAM HAD NEVER COMPETED BEFORE AND DON'T ATTEND OUTSIDE DANCE TRAINING. WE ALSO HAD THE LARGEST REPRESENTATION OF BOYS IN OUR TEAM BY QUITE SOME MARGIN.
IT WAS A REALLY TOUGH COMPETITION AS THE STANDARD WAS SO HIGH BUT EACH AND EVERY ONE OF OUR CHILDREN DID US PROUD. EVERY CHILD INVOLVED CREATED A MEMORY TO LAST A LIFETIME . THEY'RE ALL ABSOLUTE SUPER STARS! ⭐⭐⭐⭐⭐



OUR DANCE THEME….

Imagine a world where the air around you is so polluted you have to wear a protective suit! Calling on our Lord and the angels to help us save a world which is dying. As stewards of the earth, we know what a critical time this is to try and preserve our planet for future generations. Who's going to help us save the world? The clock is ticking...action is needed...we have the power in our hands if we work together...Maybe we need to spell it out for you...

ACT NOW! OUR TIME'S RUNNING OUT!

The children are very excited to be performing in the Rossendale Dance Competition this evening and would like to thank their teachers, parents and carers for all their continued support!



YEAR 2/3 HAVE HAD AN AMAZING EVENING TAKING PART IN A FUNDAMENTAL MOVEMENT SKILLS TRANSITION FESTIVAL. THEY ALL WORKED REALLY HARD IN THEIR TEAMS, SHOWING PASSION, DETERMINATION AND MOST IMPORTANTLY TEAM WORK. WELL DONE TO ALL OF YOU! ⭐⭐





WE HAD A WONDERFUL EVENING AT THE KS1 SPORTSHALL ATHLETICS SKILL DEVELOPMENT FESTIVAL.
THIS EVENT WAS ALL ABOUT GIVING PUPILS THE OPPORTUNITY TO LEARN NEW SKILLS, HAVE FUN AND REPRESENT OUR SCHOOL.
THEY WERE ALL AMAZING! WELL DONE TEAM!



TEAM WORK, PERSEVERANCE AND HONESTY WERE JUST A FEW OF THE SPORTS VALUES ON SHOW BY OUR YEAR 3/4 TRI GOLF TEAM. WE HAD SOME EXTREMELY SKILLED PLAYERS! WELL DONE GANG! ⛳⛳⛳



A WONDERFUL PERFORMANCE FROM OUR BOYS AT THE YEAR 5/6 TABLE TENNIS COMPETITION. THEY WERE UP AGAINST THE BEST IN ROSSENDALE AND WE ARE SO PROUD OF THEM ALL! 👏🏓





A GREAT PERFORMANCE BY OUR TABLE TENNIS GIRLS WHERE 38 GIRLS ACROSS ROSSENDALE COMPETED. SPECIAL MENTION TO ONE OF OUR GIRLS WHO GOT ALL THE WAY TO THE FINAL AND CAME 2ND BY JUST 2 POINTS! BRILLIANT 👏🏓





THESE 3 CHILDREN WERE EXCELLENT REPRESENTATIVES FOR OUR SCHOOL THIS MORNING AT THE GYMNASTICS FESTIVAL. THEY LEARNT MANY DIFFERENT SKILLS AND HAD A GO AT ABSOLUTELY EVERYTHING!







GREAT MATCH FOR THE YEAR 3/4 LEAGUE. VERY FAST PACED AND A SUPER EFFORT FROM OUR TEAM. CONGRATULATIONS TO ST MARY'S HASLINGDEN WHO WON 6 GOALS TO OUR 5 ⚽



A GREAT MORNING AT GOLF KINGDOM FOR THESE YEAR 6 CHILDREN TODAY. THEY RETURNED TO SCHOOL BEAMING! SUPER REPRESENTATIVES FOR ST PETER'S. WELL DONE TEAM! ⭐







OUR INCREDIBLE YEAR 3/4 GYMNASTS FROM LAST NIGHTS COMPETITION. SO PROUD OF THEM!🤸‍♀️🤸‍♀️🤸‍♀️



1ST PLACE IN ROSSENDALE FOR THESE INCREDIBLE YEAR 5/6 GYMNASTS. SO PROUD OF EACH AND EVERY ONE OF YOU! 🥇🥇🥇🎉😘🙌🤸





OUR TWO CLUB GYMNASTS HAD AN AMAZING TIME AT THE GYMNASTICS COMPETITION. WELL DONE GIRLS! THERE WAS SOME VERY TOUGH COMPETITION BUT WE WERE AWARDED A 3RD PLACE IN THE FLOOR ROUTINE! SO VERY PROUD OF YOU BOTH! ⭐🥉









A BRILLIANT EVENING OF ORIENTEERING FOR THESE YEAR 6 CHILDREN. OUR A TEAM WERE AWARDED 3RD PLACE AND OUR B TEAM ACHIEVED 7TH PLACE. THEY ALL SHOWED DETERMINATION, TEAM WORK AND RESPECT! 🌟🤩🧭

A BEAUTIFUL MORNING AT MARL PITS FOR THE YEAR 3/4 TRADITIONAL SPORTS DAY EVENT. ST. PETER'S WE'RE AWARDED 2ND PLACE WHICH IS AN EXCELLENT ACHIEVEMENT. WELL DONE TO EVERYONE WHO REPRESENTED OUR SCHOOL!



LAST WEDNESDAY, SOME OF OUR Y3 AND Y4 CHILDREN TOOK PART IN A CRICKET FESTIVAL 🏏SUPER BOWLING, CATCHING AND BATTING SKILLS 🎾



CROSS COUNTRY

WOW! WHAT AN AMAZING EVENING AT THE KS2 CROSS COUNTRY COMPETITION 2023. 🏃‍♀️🏃‍♀️
EVERY SINGLE CHILD THAT REPRESENTED ST PETER'S (ALL 42 OF THEM 🤩) SHOULD BE IMMENSELY PROUD OF THEMSELVES. THEY SHOWED ALL THE SPORTS VALUES INCLUDING PASSION, SELF-BELIEF, RESPECT AND HONESTY.
AN INCREDIBLE 6 CHILDREN HAVE GONE THROUGH TO THE EAST LANCASHIRE FINALS. OUR Y5/6 BOYS TEAM CAME 3RD PLACE IN ROSSENDALE AND OUR Y5/6 GIRLS TEAM CAME 2ND IN ROSSENDALE. 🏆
A SPECIAL MENTION TO…
⭐ SOPHIE LOMAX 3RD PLACE, COCO SOLAZZO 7TH PLACE, INDIA JARRET 17TH PLACE, SOPHIE THORNTON 46TH PLACE AND TABETHA GREENWOOD 55TH PLACE OUT OF 146 YEAR 5/6 GIRLS.
⭐ DAN JOHNSON 6TH PLACE, SEBASTIAN GREGSON 24TH PLACE, AUSTIN RILEY-HOWARTH 25TH PLACE, THOMAS NELSON 33RD PLACE,
LEIGHTON MCFADDEN 45TH PLACE AND JONAH LORD 55TH PLACE OUT OF 180 YEAR 5/6 BOYS.
⭐ NOAH SEARLE 42ND PLACE, HUGO MAHER 56TH PLACE AND BARNABY CARR (YEAR 2) 84TH PLACE OUT OF A MASSIVE 225 YEAR 3/4 BOYS.
⭐ SOME GOOD RESULTS IN THE YEAR 3/4 RACE TOO WHERE 150 GIRLS TOOK PART.
HEAD TEACHER AWARDS FOR LEIGHTON AND EVA FOR SHOWING SPORTSMANSHIP. THEY STOPPED AND HELPED OTHERS IN THE RACE THAT NEEDED IT.
ST PETER'S CHILDREN ARE INCREDIBLE! ⭐
AS ALWAYS, A MASSIVE THANK YOU TO NATHAN BIBBY AND RSSP FOR WORKING SO HARD TO ORGANISE SUCH WONDERFUL EVENTS FOR OUR CHILDREN! FINALLY, THANK YOU TO ALL OUR PARENTS, CARERS AND FAMILY MEMBERS WHO CAME TO SUPPORT, CHEER AND ENCOURAGE ALL OF OUR CHILDREN FROM THE SIDE LINES. 🙏












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OUR Y5/6 SWIMMING TEAM WERE ABSOLUTELY AMAZING AT THE ROSSENDALE GALA AT MARL PITS. SUPER REPRESENTATIVES OF OUR SCHOOL! WELL DONE GANG!





PANATHLON.
4 INCREDIBLE CHILDREN REPRESENTED ST PETER'S AT A MULTI SPORTS EVENT AT THE VALLEY LEADERSHIP ACADEMY. THEY WERE AWARDED 3RD PLACE AND BECAME BRONZE MEDALLISTS.



26 YEAR 1 AND 2 CHILDREN TOOK PART IN THE ANIMAL OLYMPICS AT MARL PITS. IT WAS VERY, VERY HOT BUT THE CHILDREN SHOWED DETERMINATION AND TEAM WORK WHILST REPRESENTING ST PETER'S. WELL DONE TO EVERYONE AND A SPECIAL THANK YOU TO OUR WONDERFUL YEAR 6 AND YEAR 7 HELPERS. YOU WERE AMAZING! ⭐






ATLANTIC
OCEAN

Y4/5 ATHLETICS COMPETITION AT ALL SAINTS. 2ND OVERALL. 1ST PLACE TO OUR BOYS TEAM AND 2ND PLACE TO OUR GIRLS TEAM.





- 3rd place for our amazing tennis team who were up against some incredible talent. Everyone played to an extremely high standard and showed all of the sports values. Well done team St Peter's. 🎾🎾🎾

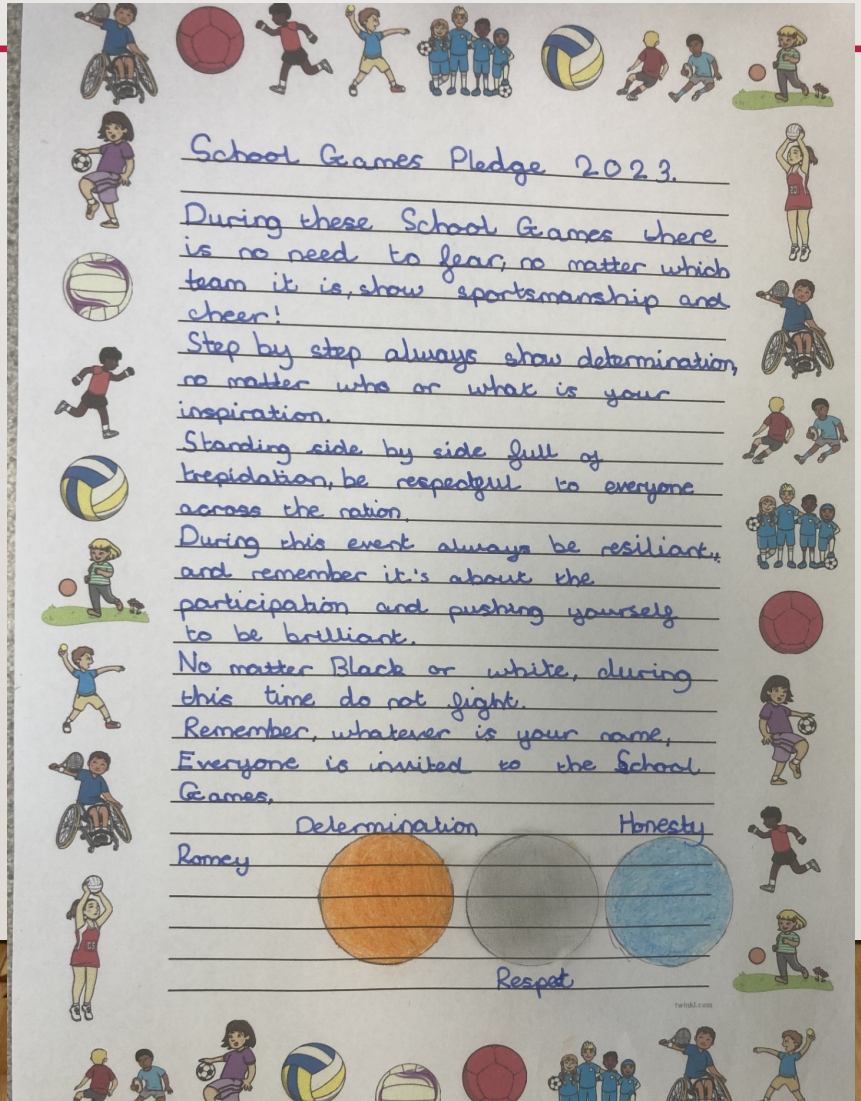


- This gorgeous bunch have earned a place in the cup final after a nail biting 3-1 over Helmshore!! Absolutely outstanding performances from all of them…goals from Austin, Romey and Dan. 👏⚽. Well done team!!



- This amazing bunch represented Rossendale in the Y5/6 East Lancashire Cross Country finals last night. Unbelievably, the boys team came 1st and the girls team came 2nd. Special mention to Dan and Sophie who were awarded medals for being one of the top 5 runners in Rossendale. All 6 children should be immensely proud of themselves as they are now classed as the best runners for their age group in East Lancashire. And, 4 of these children are still year 5! 😮🙌🙌⭐🏆

ST PETER'S WINNING SCHOOL GAMES PLEDGE WAS WRITTEN BY ROMEY RAJA Y6. THIS PLEDGE ALSO WON FOR ROSSENDALE AND WILL NOW BE THE OFFICIAL PLEDGE FOR 2023/24





Y6 MINI OLYMPICS. CHILDREN TOOK PART IN ADVENTURE GOLF, CLIMBING WALL, FOOTBALL AND RUGBY. ONE BOY WAS SCOUTED FOR LANCASHIRE RUGBY CLUB.











- Amy and Evie (year 6) became journalists for the day at the Mini Olympics at Marl Pits. They helped produce this amazing newspaper report in just a few hours. Their role involved interviewing the World Champion Inline Skater - Jenna Downing. What a brilliant achievement and wonderful opportunity for our talented girls!

Mini Olympics Madness

Rossendale School Sport Partnership

A newspaper written by Primary pupils and High School students from Rossendale









Hundreds join in Olympic celebration

by Ishaan and Megan
The Valley Leadership Academy

AS EVERYONE waited for the Mini Olympics to start, nervous excitement filled the atmosphere as each school gathered on the field.

In true Olympic fashion, they lined up on the running track, ready for the parade to start at 10am. Waiting for their school's name to be called, the pupils chattered and waved their school signs, which many had made themselves.

Nine schools and nearly 300 pupils started to feel excitement. St Bartholomew's was the first name to be called out on the microphone and the pupils walked around the track while everyone whistled and cheered.

When they got to the field, each school paraded through a guard of honour from secondary school Sports Leaders and their future competitors.

When Thorn Primary School paraded, their pupils were led by Barbara Horne who carried her Olympic torch, which she had carried in the relay event which started the 2012 London Olympic Games.

After many great performances by the competitors, St Saviour's, the final school to complete the parade, walked through the tunnel of people.

To finish the opening ceremony, Thorn Primary School performed an impeccable dance, changing the emotion of the audience with every twirl and trick.

St James the Less dancers also captured the spirit of the forthcoming games with another great performance.

The games was sponsored by Interfloor, a company in Haslingden, and Human Resources Director Gary McEwan read an uplifting speech to the young athletes, telling them: "It's about fulfilling your own potential."

He also introduced two Great Britain triathletes who also work for the company.

He told the pupils what was important was not winning, but about taking part and showing support to others.



On the right track

by Orla McCoy
The Valley Leadership Academy

AT THE Mini Olympics there was also an athletics event.

This involved the boys and girls joining in with a range of running events such as the 75m sprint and 400m run.

In another area there was a long jump, which pupils found fun, and they could throw a javelin, which not many of the children had participated in before, but they were determined to give it a go.



Sporting pledges

by Evie and Amy
St Peter's

TALENTED students from four different primary schools presented their schools' sporting pledges.

Each child read the pledge aloud in front of every school that attended at the opening ceremony.

The purpose of the pledges is to find an inspirational quote that will become the official School Games motto for Rossendale for the next year.

Each of the pledges is now being considerated and eventually a winner will be decided.

Here are some highlights from each pledge:

"Passion from us will always be on show, it's always inside us and it helps us grow." St James the Less.

"During this event always be resilient, and remember it's about the participation and pushing yourself to be brilliant." St Peter's.

"Passion is the thing that makes us want to take part, and if we don't win, we'll still be leaving with a happy heart." Thorn Primary.

"We also suggest that we never give up." St Anne's.

Best feet forward

by Nancy
Thorn Primary

FUN fact: dancing is in the Olympics.

We had a great time busting our moves at the Mini Olympics at Marl Pits.

Teams from Thorn Primary School and St James the Less took part in the opening ceremony when they arranged and performed their own routines in front of everyone.

Elsie, from Thorn, said: "I decided to join the team because of my passion for dancing and performing."

Being in the dance team is a lot of pressure.

You have to dedicate your time into choreographing, learning and practising your routine.

Everyone has a go and they always show determination and perseverance.

The most important thing is remembering that no one is in charge.

Everyone needs to work as a team and combine all their ideas to get the best out of all their peers.

"When you finally get on the same wavelength it's the best feeling," said Verity.

A big challenge was agreeing on what positions and formations to use but after performing, pupils felt confident with the choreography.

Rocking climbing

by Nancy
Thorn Primary

AGILE Oliver scurried his way up the climbing wall faster than a squirrel.

Oliver and Leon braved the rock wall with courage and confidence.

The 8m high climbing tower was put up near the centre of the netball courts.

More than 25 children from all different schools faced their fears and slowly, but surely and safely reached the top and claimed victory for their school.

While Leon attempted this seven times and Oliver five times, all schools tried their best.

We wish you both the best of luck in their climbing journey.

The climbing wall was provided by Alternative Adventures.









Wheely great

by Amy and Evie
St Peter's Primary

WORLD Champion inline skater Jenna Downing, and her co-worker Indy Clayson, a professional Scooter rider, shared their passion for wheeled sports.

Being a woman in a male-dominated sport, Jenna said that she was made fun of and got stared at often; but she persevered because she truly loved the sport.

She explained how she had to earn respect from the other skaters, and, after many failures and many accomplishments, she finally became a professional at the young age of 12.

As she was the youngest female in the world to become a professional skater, it definitely wasn't easy, but with her effort and dedication, she soon made her way to the top.

Never in her life did she expect to get this far, but look at her now.

She said: "Friendships were confusing sometimes, because I had to leave unexpectedly for competitions, but I made many more during my career."

Nevertheless, her friends always supported her, despite them not understanding a lot about the sport she loves.

She said that, though there was a difference in interests, her mum never failed to be the loudest and most encouraging in the stadium, even when mistakes were made.

Skating wasn't the only sport Jenna enjoyed, add netball, scooting and BMXing to the list and this sparked the idea to create a business with her friend Indy Clayson, focusing on coaching people how to perform different sporting activities.

They named their business 'Wheels Extreme'.

Indy Clayson is a professional scooter rider and his interest in the sport began when he was 11. Now he has turned his hobby into a career.

Though hard times occurred, he never gave up due to the fact that he had a burning passion and a drive to succeed.

He even said, that if he could give one piece of advice to someone, it would be: "Always follow your heart and do what you want to do."

Indy hopes that he can continue in this profession for as long as possible since it's something he really enjoys.

Sporting family

by Ishaan and Megan
The Valley Leadership Academy

A PERFECT triathlete duo shared their passion to inspire future athletes.

In an exclusive interview, Great Britain triathletes father and son Dave and Ashley Smith talked about the many memories they have made since joining the triathlete community.

Dave said he took up the sport 15 years ago and Ashley joined his dad nine years ago.

Ashley admitted that he never did any exercise before beginning his triathlon journey.

Asked what their favourite thing about this sport is, Dave said: "It's good to beat youngsters." While Ashley said it was 'nice to be fit'.

At first, Ashley said he was reluctant to take up the sport, but when he did he 'absolutely loved it'.

While they are completing the run, swim and cycling challenges, Ashley described it as 'electric' because you have to change between sports quickly.

One of their favourite moments was when they ran in Abu Dhabi and Ashley also enjoyed when he crossed the finish line for the IronMan. He has still to get his IronMan tattoo though.



Pupils get to tri-golf at Olympics

by Amy
The Valley Leadership Academy



PUPILS got the chance to try to hit a golf ball as far as they could at the driving range at American Golf Rossendale.

Many of the pupils had not played the sport before but were trying their hardest.

Most said they enjoyed the experience and would want to try it again. Some of the Sports Leaders even had a go at hitting the ball.

The pupils were able to play on the Squirrel's Lair Adventure Golf Course – an 18-hole mini fun golf course.



- A superb performance from every player at the Y5/6 Rossendale Cup final V St James the Less. It was a tough game and St Peter's played their hearts out. The game ended in a 4-2 defeat but the boys should be extremely proud of themselves! They showed some incredible talent and sportsmanship throughout.

⚽🥈🥈🥈🏆

OTHER WAYS WE KEEP OUR CHILDREN ACTIVE, HAPPY AND HEALTHY …

Inclusion sessions focused on fundamental movement skills with Dan (PE inclusion specialist).
The educational psychologist liked the sessions and said she'd never seen this done before. She was really happy with the sessions!



TO MARK AND CELEBRATE INTERNATIONAL WOMEN'S DAY, WE TOOK PART IN THE #LETGIRLSPLAY BIGGEST EVER FOOTBALL SESSION FOR THE 2ND YEAR RUNNING. EVERY GIRL IN THE WHOLE SCHOOL HAD THE OPPORTUNITY TO LEARN SOME NEW SKILLS AND PLAY FOOTBALL AND THEY ALL THOROUGHLY ENJOYED IT.







WHILST THE GIRLS WERE PLAYING FOOTBALL ON INTERNATIONAL WOMEN'S DAY, THE BOYS WERE CREATING A WONDERFUL FUNKY FEET DANCE.
#BOYSDANCETOO
WATCH IT HERE…. HTTPS://FB.WATCH/JQPMRSHLCP/





CHANGE 4 LIFE DAY 2022
KARATE, SMOOTHIE BIKE, ARCHERY, FUN AND ACTIVE GAMES WITH RLT, ULTIMATE FRISBEE AND DAILY MILE.








Hope
Justice
Trust
Truth
Forgiveness




Rakuten
TeamViewer

ROCKSTAR DAY – ACTIVE LEARNING







TRIPS TO THE PARK








UNITED

ACTIVE LEARNING IN OTHER SUBJECTS









HEALTH AND WELL BEING DAY/WEAR YOUR SCARF TO SCHOOL DAY 2023…

CELEBRATING THE END OF CHILDREN'S MENTAL HEALTH WEEK. MENTAL HEALTH CHAMPIONS DELIVERING ACTIVITIES IN EVERY CLASSROOM, GLOW DODGEBALL IN THE HALL, YOGA / MINDFULNESS, FUN AND ACTIVE GAMES WITH RLT, BIG WALKS AND TRIPS TO THE PARK.











GLOW SPORTS DURING ENRICHMENT WEEK









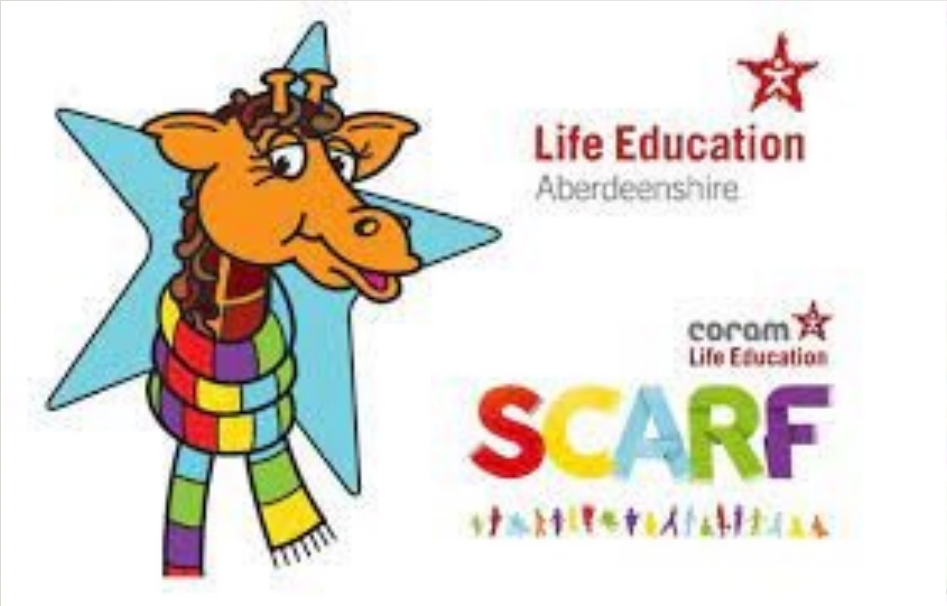
YEAR 5 AND YEAR 6 BIKEABILITY LEVEL 1 AND 2







HAROLD THE GIRAFFE CAME TO SCHOOL AND SPOKE TO US ABOUT THE BENEFITS OF BEING ACTIVE AND LO0KING AFTER OUR BODIES.





MENTAL HEALTH CHAMPIONS TRAINING AND SESSIONS

WE DELIVER KS1 AND KS2 WEEKLY SESSIONS.



OUR CARING CHAMPIONS HAVE BEEN WORKING WITH MISS WELDON AND OUR Y6 MENTAL HEALTH AMBASSADORS. THEY HAVE BEEN LEARNING THE IMPORTANCE OF LOOKING AFTER YOUR MIND, BODY AND SOUL AS WELL AS HOW TO KEEP YOURSELF SAFE. THIS WONDERFUL GROUP WANTED TO EDUCATE THE WHOLE SCHOOL SO THEY'VE DELIVERED FUN ACTIVITY SESSIONS IN EACH CLASS AND CREATED THIS BRILLIANT VIDEO. HOW AMAZING!



WHOLE SCHOOL EGG PACING COMPETITION







KEYS CLUB EASTER EGG HUNT

3 CHILDREN WERE AWARDED A PRIZE FOR SHOWING RESPECT, HONESTY AND DETERMINATION.







ALL OF CLASS 1 WALKED TO MARL PITS FOR A SCAVENGER HUNT




Holly
Oak
Ash
Sycamore
Yew








HUGE







ALL OF CLASS 2 WALKED TO RAWTENSTALL CRICKET CLUB FOR A CRICKET FESTIVAL.





KEYS DARTS NIGHT









KEYS BIKE / SCOOTER NIGHT







HEALTH AND WELL-BEING DAY






ETIHAD


"Unlocking potential
with the keys of love,
respect and friendship"
The Wise Old Owl


SURRIDGE

PGL ROBIN WOOD 2023



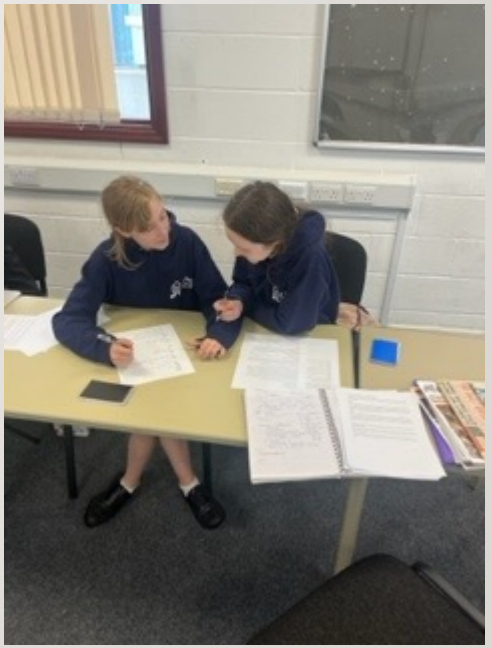
Playleader training for all year 5



Journalist / reporter workshop for this lucky bunch







Dance and drama showcase at the end of every term.



KS2 End of Year Dance Production








HIGH
SCHOOL
MUSICAL
FACTORY
Disney
Beauty and the Beast
GREASE
SQUAD

BENEFITS OF AN ACTIVE SCHOOL…

- Sense of belonging
- Improved behaviour and attendance
- Improved socially and physically.
- Improved concentration
- Happier children
- Better academic achievement
- Improved well-being
- Healthier children
- Children physically and mentally prepared for life.
- Improved self-esteem.
- Human skills have been developed to flourish in the real world
- Confidence, resilience, determination.
- Friendships – accepting, supporting, compassion, trust, empathy

FEEDBACK FROM SOME OF OUR KS2 PARENTS…

- PE at St Peter's is outstanding. Whilst X may not be at the top of his class for sport, he has still had fantastic experiences and opportunities throughout his time here – both competitively and for fun.
- X is happy with the current sports he is doing and his teachers promote a positive approach to learning.
- Thank you for providing so many wonderful opportunities for my daughter which I have no doubt benefit her general well-being.

- X enjoys his PE lessons and has had plenty of opportunities to represent St. Peter's at festivals and competitions which have done wonders for his confidence. Thank you for these wonderful opportunities.
- It's great that children can experience and have exposure to sports they wouldn't necessarily think about doing/trying. We have always loved sports day too. It gets better every year! You all work so hard and our children have the best opportunities out there. Well done to you all!

FEEDBACK FROM OUR KS1 PARENTS

- You can really see how much thought and effort goes into ensuring sports clubs and PE are kept fun.
- X really enjoys PE and always tells us when he has done something new or really enjoyed his PE lesson. He loves getting involved and enjoys the chances he has to be part of a team. Thankyou.
- There is a sense that everyone, no matter their ability, is included and encouraged. Sport is celebrated by the school and it appears a lot of work goes into it.

QUOTE FROM ONE OF OUR COACHES…

- Easy to say your school has been my favourite school to work in with the kindest and most sporty kids ever. And the teachers are all amazing and welcoming!

FEEDBACK FROM DR GLADWINFIELD (OUR LOCAL GP)

- It was wonderful having the opportunity to meet pupils, Mrs Weldon and Miss Lynch on a Thursday afternoon. St Peters school-teachers and pupils obviously have a great grasp of knowledge around health and wellbeing and I was very pleased that it is given such priority in the school too.

- The pupils are clearly really proud of their wellbeing roles within the school- and it was lovely to hear about all the innovative ways they have talked about mental health and advised other students about it with some very interesting and fun ways. I enjoyed listening to the student talk about mental health so clearly and give it the same importance as physical health.

- I was especially surprised how enthusiastically they talked about mindfulness and meditation and it has become a regular habit now at school and even at home!

- As a GP in the area, I'm becoming increasingly worried about children's health, I really feel a lot of schools in the area could learn from St Peters, their approach and Mrs Weldon's / Miss Lynch's infective enthusiasm around health and wellbeing. It was interesting to hear that the children feel that if health care professionals were more visible in the community this would help improve health.

- Throughout the meeting I had several moments where I just wanted to bottle up the sentiments of these students and send it out nationwide. I think the quote I loved the most from the chat and to me really reflected the St Peters "way" was…

- ' We're not really like friends here in this school …. We all see ourselves as family'

WHAT OUR SGO (NATHAN BIBBY) HAS TO SAY ABOUT ST. PETER'S

- I am absolutely delighted to award St Peter's with the School Games Platinum Award; this not only reflects last academic year's hard work but many years before this too.
- The ethos and values of St Peter's is very much mirrored with that of the School Games and this is very clear to see when their pupils attend our events.
- What an application and what a year it has been for St Peter's Primary School!
- I am absolutely delighted to award them the School Games Platinum Award, it is a brilliant achievement.
- Dominique deserves so much praise for the work she does with the pupils, it is so clear to see the values that she instils in them and I can always tell that their pupils have had an amazing experience whether it is at school or at one of our events.
- The legacy that Miss Lynch and the St. Peter's team have created is very clear to see, especially when we see so many of their former pupils taking part in events at secondary school.
- September 2022

- *"Start children off on the way they should go, and even when they are old they will not turn from it."*
  Proverbs 22:6