PE, Sport and Healthy / Active Lifestyles at St. Peter's R.C Primary School.

2023 / 2024

By Dominique Lynch –
PE and PSHE Subject leader.

Most recent accolades…



This is no mean feat, as a Platinum Mark is only awarded to a handful of schools nationwide, who have consistently achieved a Gold Mark in previous years and have shown consistent dedication to sport and activity in their region



Key Priorities in Whole School PE, School Sport and Healthy, Active Lifestyles:

ALL pupils leaving St. Peter's RC Primary School (now and in future years) have had positive, memorable experiences in PE, sports and other physical activities. All pupils have been given the opportunity to be as physically active as they are able to be and have the physical competence, confidence, knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong enjoyment and participation in physical activity and/or sport.

We are proud that every year we achieve our mission!

We are extremely proud to say that this year…

- Every single child in the whole school has been given the opportunity to represent St. Peter's in at least 2 competitions, events and/or festivals. Some children have taken part in more than 17. Wow!
- We have attended 61 events, festivals and competitions and were awarded 2nd place on the Rossendale League table and 1st place on the small schools' league table.
- Every child in the whole school has been given the chance to take part in many extra-curricular clubs including inclusion sessions, football, gymnastics, dance and drama, net and wall games (table tennis, badminton), kick boxing, athletics, fundamental movement skills, running, boxing, striking and fielding (cricket, rounders), invasion games (dodgeball, handball, basketball) and tri golf . Many children took part in more than 5 clubs a week!
- Every single year 6 child will be leaving St. Peter's school with a passion or real love for a sport and/or physical activity.

We continue to provide all pupils with at least two hours of high-quality Physical Education each week.

The PE page on our school website has lots of information about our PE curriculum including:

- The National Curriculum for PE
- Statement of intent
- Yearly overview
- School PE policy
- Photos

All staff are motivated, inspired and want to teach PE.
Our children love PE. It is vibrant and noisy but children are on task and learning something new every lesson. Attitude to learning is excellent and just like it is in any other subject.

Teachers follow the national curriculum but go above and beyond its expectations.

We ensure that all pupils are engaged in regular physical activity.

We live in a world where children can spend all day not moving and this impacts their emotional and physical well-being. The Chief Medical Officer's guidelines recommend that schools, parents and the sport sector must work together to ensure that children and young people have access to at least 60 minutes of physical activity every day. At least 30 minutes should take place in schools, and the remaining 30 outside the school day.

All our children have the opportunity to take part in at least 60 minutes of activity a day (in which 30 minutes is rigorous) and this is as well as the 2 hours of curriculum PE and woods sessions. Teachers, schools and families all have a big part to play in helping children to sit less and move more. We need to help children to understand that physical activity is the key to a healthy and successful life. It is essential to educate children and instil good habits. We want children to be up and active from an early age.

How do we keep our children active, happy and healthy?

Wake and shake.
Active lessons (physical activity in other subjects).
Active breakfast club and Keys after school club.
Outdoor lessons.
Forest School sessions.
Continuous provision in KS1.
Yoga/mindfulness.
Football and climbing frame rotas.
Virtual competitions (Eg. Race to Lapland, Gymnastics).
Daily mile and/or active breaks.
Regular extra sporting, physically active and PE opportunities.
Woodland nurture groups.
Sponsored events (eg. danceathons and mad dash).
Special reward days (eg. bouncy castles).
Whole school dance projects for special occasions (eg. England world cup, Queen's jubilee)
Extra dance practise for KS1 nativity and KS2 end of year show.

Other fun and physical activities this year include……

Outdoor lessons and woods sessions







Orienteering







Active play times and lunch times!







Almost 1/5 of the KS2 day and ¼ of the KS1 school day is scheduled for break time. It is essential that this time is used productively and that ALL children are given the opportunity to fully experience and enjoy the benefits of this unique time to be active. All children enjoy break and dinner with a variety of activities and equipment on offer.

Welfare staff and play leaders lead sports, games and activities and receive training for this.






2m
1.5m
1m
0.5m







And that's a wrap...and a splash! 💦

2 weeks of conquering fears, pushing boundaries, supporting friends, developing skills and building confidence comes to end. So many smiles and so much fun has been had! 😻😁

Thank you to every single member of staff for making the last 2 weeks go like a dream, working through breaks and lunches to ensure every second of pool time was maximised for the children. ❤️

Well done to all our little swimmers and splashers...they have been amazing! The question now is...do we aim to do it again next year?? ⁉️






No diving


No diving



2022/23 SCHOOL SPORTS CLUBS. Summer Term.

	CLUB	YEARS	TIME	COACH	STAFF	DATE S	EXTRA INFO
Every break time	Badminton	Y5/6	10:20-10:35	Miss Lynch & sports captains	Miss Lynch	All year	Girls Tues, Thurs Boys Mon, Wed Winners—Fri
Every lunch time	Table tennis	Y5/6	12:15-12:45	Miss Lynch & sports captains	Miss Lynch	All year	Girls Mon, Wed Boys Tues, Thurs Winners—Fri
Monday	Dance and Drama	Years 1—6	3:30—4:30	Mrs Denton	Mrs Denton	All year!	Showcase at end! £4.00 per session
Tuesday	Net/wall – tennis & badminton	KS2	3:30—4:30	Paul (RLT)	Miss Green/Mrs Bacon	25th April — 11th July	10 sessions
Wednesday before school	Gymnastics	KS2	8:10—9:00	Coach Hayley	Miss Haworth	26th April — 12th July	10 sessions.
Wednesday	Glow in the dark sports	KS1	3:30-4:30	Sports cool	Miss Lynch	26th April — 24th May	5 sessions
Thursday	Running	KS2	3:30—4:30	Paul (RLT)	Mrs Mussell	27th April — 13th July	9 sessions. No session on 18th May - cross country comp.
Friday before school	Gymnastics	KS1	8:10-9:00	Coach Hayley	Miss Lynch	28th April — 14th July	10 sessions
Friday PM 2	**Caring Champions**	KS1 & 2	2:15-2:45	Mental Health Ambassadors	Miss Weldon	All year	

Competitions, festivals and lots of opportunities to represent our school….

- At St Peter's our Competition offer is extremely inclusive ensuring that by the time a pupil finishes primary school they will have represented our school on numerous occasions. We cater for all ages, abilities and interests offering a wide range of sport competitions to take part in.
- Every year, we aim to take part in every competition offered to us as well as inclusion events (targeted at pupils that are either less engaged, SEN or have a physical disability) and celebration festivals.

This year so far…

- Our children have represented school in the following…



- 3rd place was awarded to our wonderful year 5/6 team in the football tournament at VLA. They worked as a team showing respect and determination throughout. Super representatives of our school. 👏👏⚽🥅⚽



- A lovely evening at the Y5/6/7 girls football festival. Our 2 teams of girls played a round-Robin tournament for the first half and then focused on skills (dribbling, shooting, passing and moving) during the second half. They all had lots of fun and showed team spirit, respect and self-belief throughout. We even won the school games award for respect. ⚽ 🥅 ⚽



- Our amazing year 5/6 girls football team have won the tournament at VLA tonight and went through to the finals. Well done girls. ⚽



- Wow, how amazing is this! 🏴
- England Women's manager Sarina Wiegman has wished our year 5/6 girls football team good luck in the football finals. ⚽ ⚽ ⚽



- Our incredible Y5/6 girls football team achieved 2nd place in the finals. This is out of all the schools in Rossendale. 🤩 What an achievement! So proud of each and every one of them. ⚽ ⚽

Festival of fun opens football world to girls

CATHERINE SMYTH
freepressnews@menmedia.co.uk
@RossFreePress

HOT on the heels of the Lionesses' stunning performance on the world football stage, an event to encourage girls to try the sport was held in Rossendale.

Organised by Rossendale School Sports Partnership, RSSP, mostly non-football playing girls from Year 6 and 7 were invited to a skills and celebration event.

The Valley Leadership Academy hosted the Girls' World Cup Fun Football Fest and 12 teams of 96 pupils from primary and two high schools took part with each assigned a World Cup team to represent.

School Games Organiser for Rossendale Nathan Bibby, a team of girl sports leaders from The Valley and members of Haslingden Girls and Ladies Football Club ran the event.

Half of the teams took part in a friendly tournament on grass while the rest learnt footballing skills and then the schools switched so all everyone took part in matches.

Most teams made flags to represent their country, but the students from Thorn Primary School went the extra mile creating Canadian themed kit. Thorn PE Subject Leader Nadya Carter said: "These are the best events by far where everybody has such a good time.

"The girls who attended have all been saying when it the next one they enjoyed it so much and they didn't play football before. Nathan and his team were amazing as usual and the atmosphere was so friendly."

Sport leader cousins Isabella and Maisie Parkinson, both 11, helped to run the event.

Isabella said: "I refereed some of the football matches. They all listened to me, most needed more practice on their footballing skills and I was helping them. I enjoy doing all sports and helping others."

Maisie assisted skills coaching. She said: "I helped them to learn passing, shooting and defending skills and most of the girls had not played football before. Those I was helping, improved and they were having fun."

The Valley also fielded a team and Josephine Mensah, 11, got to take part. She said: "It had been a while since I had played football but I got to play against my old school and saw my former teacher. I enjoyed it."

Nathan said: "It was non-competitive, it was about introducing the participants to a sport most had never tried or even considered as one they could take part in.

"It was also good to introduce the Years 6 and 7 pupils to each other to help with the transition to high school and make the primary pupils more familiar with a high school setting.

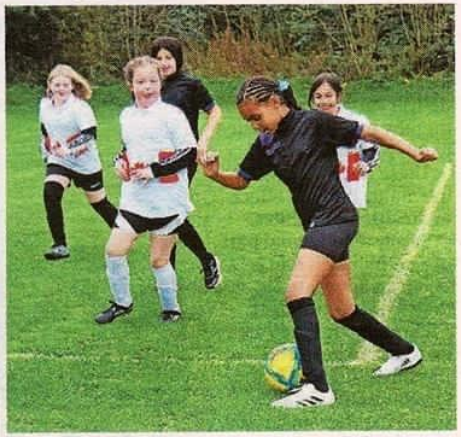
"There was a brilliant atmosphere and it was a really nice event to run."



● Thorn Primary School, from back left, Elizabeth Fallon and Lilah-Rose Craven, Darcie Barry, and from front left Arisha Wright and Missy Webb.



● St Peter's RC School Newchurch get ready to play



● The Valley Leadership Academy's Josephine Mensah runs with the ball past pupils from her former school Thorn Primary





- We had so many boys that wanted to take part in the Y5/6 football skill development festival at Whitworth High School. So, we took them all (2 teams) and they played brilliantly. Super representatives for our school.



- 4th place for our fantastic year 3/4 football team in the Rossendale tournament. The boys showed team work, determination and positivity throughout. A brilliant effort for their first match as a team. Well done boys! ⚽



- A fun football skills development festival for these year 2's tonight. They were all incredible and super representatives of St Peter's. ⚽

Journalism workshop for 2 of our year 6 pupils.



journalism skills

ROOKIE reporters took part in a workshop to give them interview and writing skills to help them create future news stories for school.

Rossendale School Sports Partnership, which runs about 150 different sporting events in the Valley every year, enlisted Catherine Smyth Media to deliver the workshop.

Fourteen pupils from seven primary schools learned about newspapers, being a journalist and got the chance to try out interview and writing skills.

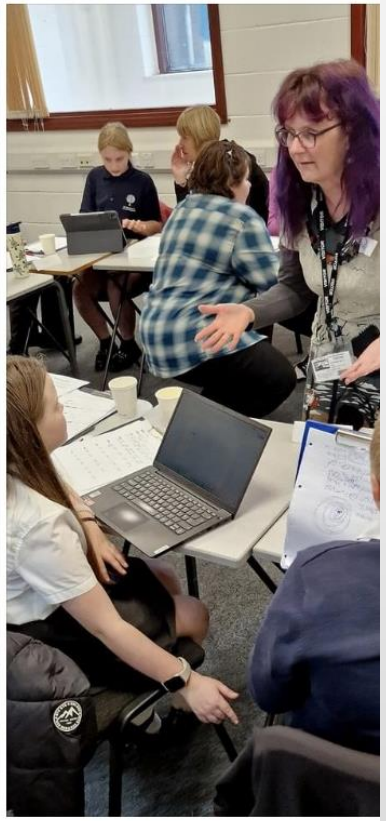
Catherine, a former Rossendale Free Press and Lancashire Telegraph journalist, has been producing school newspapers since 2005 when her sons were at Northern Primary School.

Fifteen years ago, one of the junior reporters on Northern's newspaper Northern News was Holly O'Keane, now a qualified teaching assistant, and she volunteered her time to help Catherine deliver the workshop.

School Games Organiser for Rossendale Nathan Bibby said: "Last year, with Catherine's help, we produced a four-page paper on our Mini Olympics.

"It was written by primary pupils and high school sports leaders, who also took photographs and Catherine ran the programme and used their work to create the paper.

"We wanted the primary pupils to





- A lovely evening at The Valley Leadership Academy for the KS1 athletics festival. The children absolutely loved it and cheered each other on throughout. Well done everyone! We've some future athletes at St Peter's for sure! ⭐





Year 3/4 girls football competition. The girls played incredibly well for their first ever game showing perserverence, determination and team-work throughout. Well done girls!

Y3/4 girls football competition report…

Our Year 3-4's girls showed real spirit last Wednesday in their first footballing outing! It was pouring down with rain; however, it didn't dampen their spirits. But it did dampen Mrs Bacon's paperwork! In this report we will inform you about the events as they unfolded.



Our goalie was Amalie, she was incredible, and she saved lots of goals - to be precise 9 goals overall. The goals were very close to getting in the net. In our opinion they seemed very hard to save.

In the first match v Waterfoot we lost 4-0. Our star player was Ella since she was the only player that spread out and wasn't afraid to keep position. In the second match v Helmshore (team 1) we lost 3-0. Our star player was Isobel, she always got stuck in and made some brilliant tackles. We then played against Helmshore (team 2). Incredibly, we didn't give up, but lost 2-0. Our star player was Emilia, she showed true teamwork and respect to the other players around her. Against Tonnacliffe…the score was 0-0 and our star player was Annie because even though she fell over, she got straight back up and carried on with the game.

Even though our team didn't score a goal, we made progress throughout the night and had loads of fun! We should all take a leaf out of their book, and always get back up no matter how far we fall!

Report written by our Year 6 Sport Journalists Sophie and Bella!



1st place for our INCREDIBLE Y5/6 athletics team this evening. A huge congratulations to you all. Well done team St Peter's.
🙌 ⭐

Y5/6 athletics competition report…

Our Year 5/6 Athletics This crazy night was exciting and suspenseful for the participants. We will inform you about all these events and how thrilling it was for everyone that attended. Be warned as this report contains an overload of madness!

To get us started, our first event was the girls' obstacle relay, the girls that competed from our school were Abigail, India, Daisy and Coco. Even though Coco knocked down the speed bounce obstacle, she didn't give up and kept on running with the wind (the wind indoors). Abigail also had determination – her speed bounce was brilliant, she brought us to accomplishment in the first relay event.

It was then time for the boys to have their moment in the obstacle relay. Our boys' team was Seb, Jonah, Leighton and Charlie who performed well and kept going. Leighton was really fast and excelled for our team. Yet again we won this event.



Our second girls' event, was the over/under relay- the people who took place in this event were: Daisy, Annabelle, Sophie, and Tabetha...this was our third win. The boys were just as good, especially Ted with his persistent attitude and they achieved third place.

Our main running events were the 6+6 girls race and the boys 6+6. Our teams were Coco & India then Seb & Dan. The girls used all the strength in them to bring us success. The boys did just as well to bring us to first place (again). The other relay races were 1+1 lap, 2+2 lap and 4 x1 with notable runs from Ihsaan and Hugo and a victory dance from Dan across the finish line. There were also field events—Bella, Bonnie and Billy stood out in their events and a special mention for Ihsaan for his outstanding javelin throw.

At the end of this occasion, with all the pupils and parents tired, it was time for the results! Waiting in anticipation as 6th, 5th, 4th and 3rd place were called and still no St. Peters. We knew we were going to the Rossendale finals either way (as both runners up and victors would attend).

Would we get first? We hoped we would and with everything crossed and clenched, Mr Bibby read out 2nd place looking AT US. Our screams of joy echoed across the hall as it was not St. Peters.

WE WON!!!!!!! *Report written by our Year 6 Sport Journalists Sophie and Bella!*





- A wonderful afternoon at the bowling alley for these 4 children. They showed some fabulous skills and had fun at the same time. 🙌🏽 🎳

Multi-skills Panathlon Event






SAINT PETER'S
CATHOLIC SCHOOL
PRIMARY



⭐⭐4th place in Rossendale for our incredible Y5/6 athletics team. So proud of you all! ⭐⭐







- A wonderful evening at the Year 6/7 athletics transition festival at All Saints High School. The children had lots of fun and worked on beating their personal best in each of the activities. It was lovely to see so many of our ex St Peter's pupils taking part and helping as sports leaders! 😍











- Our Y5/6 dodgeball team and 2 reporters had a great time at VLA last night. They showed respect, team work and some incredible dishing skills. Well done team! 🏀 ⭐



- What an incredible team of year 6's we had representing St Peter's at the glow in the dark dodgeball festival. They showed team work, respect and honesty throughout and should be immensely proud of themselves. 🌟😁🌟

Two teams competed in the year 5/6 basketball competition at VLA. They both won 4 out of the 6 games played. One team were awarded 3rd place and the other team were awarded 2nd place in their group games. They all played brilliantly, showing respect and determination!





4 wonderful KS1 children attended a KS1 multi-skills festival at The Valley Leadership Academy. They were awarded 3rd place for their skill, effort and determination. ⭐























EVO 2500S Tournament Max 19
EVO 2500S Tournament Max 19






4 super stars have enjoyed a lovely morning attending a Change 4 Life festival at The Valley Leadership Academy. They took part in a variety of activities including:

👩‍🍳👦🍳 Making healthy burritos with Cook Stars

🚴🚴 Riding on a smoothy bike

💪🏃 fun activities and games









A great afternoon at the Y3/4 SEND inclusion festival.



These 4 children represented St Peter's at a Boccia Panathlon event. They enjoyed competing against other schools and demonstrated good team spirit.





- Year 2 fundamental movement skills festival. Super team work, effort and achievement. All children worked hard to beat their personal best! ⭐



- This incredible duo have just been awarded 1st place at the y5/6 badminton competition. They played brilliantly and showed great sportsmanship. So proud of them both!



Our incredible dance squad were awarded 1st place in Rossendale after performing in front of 1500 people at King George's Hall. They now go forward to represent Rossendale in the Lancashire finals at Backpool Opera House. What an achievement!

ROSSENDALE FREE PRESS FRIDAY, MARCH 22, 2024

Record entries for dancing contest

BY CATHERINE SMYTH



Winners St Peter's RC School

WHEN dancing was first introduced as part of Rossendale School Sports Partnership programme, it attracted six entries and was held in a school.

This year's Rossendale Dance Festival attracted 20 – 14 primary and six high schools and King George's Hall, Blackburn, was full with 1,600 audience members and dancers.

This year's theme related to the Paris 2024 Olympics when breakdancing is being included for the first time as an Olympic sport.

Schools were asked to capture the spirit in a 'freedom story' and interpretations included: slavery, racism, refugee struggles, women's voting rights and neuro diversity.

The winning high school dancers were Years 7 and 8 at Alder Grange School, second Haslingden High School and Sixth Form and third Years 9-11 from Alder Grange. After several times being placed second, St Peter's RC School was picked as the best this year with last year's winner St Mary's RC Haslingden in second and third was Haslingden Primary School.

School Games Organiser Nathan Bibby said: "The first event was 10 years ago and was held at Fearns, as was, and we only had 70-80 in the audience.

"As it grew, we moved it to Burnley Mechanics and we had 10 schools and could accommodate a crowd of 400, but eventually we outgrew that and we moved it to King George's Hall. This year was the first time we have sold out that venue."

Nathan, who admits dancing is not his sporting area of expertise, is ably assisted by Emma Matthews and Lauren Denton who run Theatre Works School in Bury.

Lauren organises the dance festival and Emma, who has been on stage in Gangsta Granny and Billionaire Boy, compered the event.

Nathan said: "Their experience and knowledge is invaluable. Lauren is a professional dancer and has been running it for about six years since we were at Burnley Mechanics."

Professional judges were actor, singer, comedian and TV personality Tam Ryan and professional dancer and choreographer Lucy Gallagher who has travelled the world.

Nathan said: "This year the standard really was incredible and there was very little between the top five or six primary schools.

"It was so impressive to see the standard of the entries and I think the popularity of dancing on TV and groups like Diversity has increased the pupils' interest.

"They now see dancing as fun. It is all about taking part and so many of the dancers who take part do not go to dance schools but have been given the opportunity to be on a stage in front of a crowd of 1,600 – that is such a great boost to their confidence. It is all about giving everybody the opportunity to perform on a professional stage.

"I would like to thank the teachers and staff who put so much time into the choreography and the outfits. It is just phenomenal the work they put in on top of their job."



- Super talent and plenty of rallies at the Year 6 badminton qualifiers this evening. The girls were a credit to our school and loved every minute! Team A placed 1st 🥇 and team B placed 3rd! 🥉 Well done girls! 🏸🏸🏸





- These 4 children played amazingly in the badminton finals. Our boys team were awarded the gold medal and are now the number 1 players in the whole of Rossendale. 🏅🏅

Our girls team were awarded 4th place and are two of the top 8 players in the whole of Rossendale. What an incredible achievement from both teams. We're proud of you all! 🏸🏸🏸



- 2nd place and 4th place were awarded to this incredible duo at the year 6 girls table tennis competition. Well done girls! 🏓🏓🏓👏





- Fantastic night at the table tennis competition. Both St Peter's boys absolutely smashed it with one of our very talented boys achieving 1st place in Rossendale and our other superstar being awarded 2nd place in the qualifiers (and he was so close to 1st place as well). 🏆🏆 So proud of you both! 🏓🏓



- Our year 4 football team represented St Peter's in a match against Holy Trinity last night. They played with skill, determination, team work and passion and we are really proud of them all. The boys had a great time! Well done to Holy Trinity who won the match! ⚽ ⚽ ⚽ 🤩 🤩 🤩



- I think we've just about defrosted from last week's orienteering competition! 🌧️💨
- Well done to our Year 6 children who represented school with resilience and gusto!
- 🥇Seb and Leighton WON the boys' competition with an awesome time of 11 minutes 30s!



- Our Dance Squad took their rehearsal outside this afternoon to prepare for their performance on Monday on the huge stage at the Blackpool Opera House at The Winter Gardens 😀 🤩



- Class 2 had a great time at the Dynamos Cricket Festival. 😊🏏


PIC•COLLAGE
PIC•COLLAGE



- Beyond proud of our magical team of 21! They smashed their performance tonight, and although we were not placed, we were awarded one of just 3 "Adjudicator's Favourite" awards...from 24 performances! Amazing Team St Peters 👏.

  Thank you to the staff team, especially Mrs Denton and to our brilliant parents and supporters!





- 🏃‍♂️🌟Year 5/6 Cross Country 2024 🌟🏃‍♂️
  Wow! What an amazing evening! 164 girls and 185 boys took part.
  We had a total of 18 incredible children competing. 6 of them placed in the top 25 and go through to the East Lancashire finals. 🤩
  We are beyond proud of each and every child that ran today. They showed passion, determination, team work and respect. A special mention to….
  Dan - 1st place 🥇🤩🏆🥇
  Coco - 4th place 🤩
  Seb - 11th place 🤩
  Delilah - 12th place 🤩
  Jonah - 20th place 🤩
  Leighton - 23rd place 🤩
  Leo's mum for leading the warm up and helping out at the start line.
  Go team St Peter's. 🙌





- Keys Bike and Scooter Night 2024



- An extremely close 2-1 defeat for our amazing year 5/6 football team V Crawshawbooth Primary School this evening. Our very talented team played incredibly and did St Peter's proud. A massive thank you to our parents for being so supportive and to Dean (Leighton's dad) for giving up his time again to coach the team. ⚽🥅⚽🥅







- Some serious but fun after school training for our Year 4 football team in preparation for their match next week. Well done boys! A big thank you to Chris (Toby's dad) for training the team. ⚽🥅⚽🥅



- These children took part in a Y3/4 cricket skill development festival at Bacup Cricket club.





- 🏃‍♀️🌟Year 3/4 Cross Country 2024 🌟🏃‍♀️
- Another incredible evening at Marl Pits.
- 10 children competed and 2 of them placed in the top 25 in Rossendale!
- Every child that ran today should be immensely proud of themselves, especially in such tricky and muddy conditions. Each and every one of them were amazing representatives for St Peter's showing perseverance, self-belief, team work and respect. A special mention to….
- Freddie - 18th place 🤩
- Barney - 23rd place 🤩
- Go team St Peter's. 🙌🏾

  A massive thank you to Nathan for all his organising with this and every other event. Our children are incredibly lucky! ⭐
- Please feel free to add any photos (as long as they are only of St Peter's children) in the comments! 📸



- A brilliant match V's Helmshore Primary School. The score was 3-1 to Helmshore.
- The boys did St Peter's proud! They played amazingly as a team, got stuck in and gave it their all. Our goal keeper was brilliant too. ⚽



- A fantastic 4-1 win for our Year 5/6 girls football team this evening playing against Constable Lee St Pauls Church of England Primary.



- Our year 5/6 cricket team. We were awarded 3rd place. Well done team!



- A massive congratulations to our unbelievably talented Dan in year 6. He competed in the Cross Country Finals during the holidays and achieved an incredible 11th place out of all the children in East Lancashire. So proud of you Dan! You're amazing! 🏃 ⭐ 🏆 👑 🥇

Other ways we keep our children active, happy and healthy …

To mark and celebrate International Women's Day, we took part in the #LetGirlsPlay biggest EVER football session for the 2nd year running. Every girl in the whole school had the opportunity to learn some new skills and play football and they all thoroughly enjoyed it.



Change 4 Life Day 2024



All children will be taking part in a carousel of activities throughout the day…

 Glow in the dark Danceathon with Mrs Denton.
🥊 Martial Arts with Alexis (Elite Amateur World Chanion kick boxer).
🏃 Physical activities and running with Nathan Bibby (RSSP).
😁 Fun and games focusing on team building and resilience.
🧘 Yoga.
🧠 Blindfolded mindfulness.





Alexis has cerebral palsy and was quite open in telling the children about it. She was so inspirational showing how we can overcome barriers and achieve anything if we work hard. Super role model for our children.








Come and See RE
Love is...



To mark the end of Children's Mental Health Week, we had 'Wear Your Scarf To School' day! The different scarves reflect the SCARF values and the positive ethos of our school:

- Safety
- Caring
- Achievement
- Resilience
- Friendship



Year 5 Bikeability level 1 and 2






St Peter's RC Primary School
VERVE

Year 6 Bikeability level 1 and 2





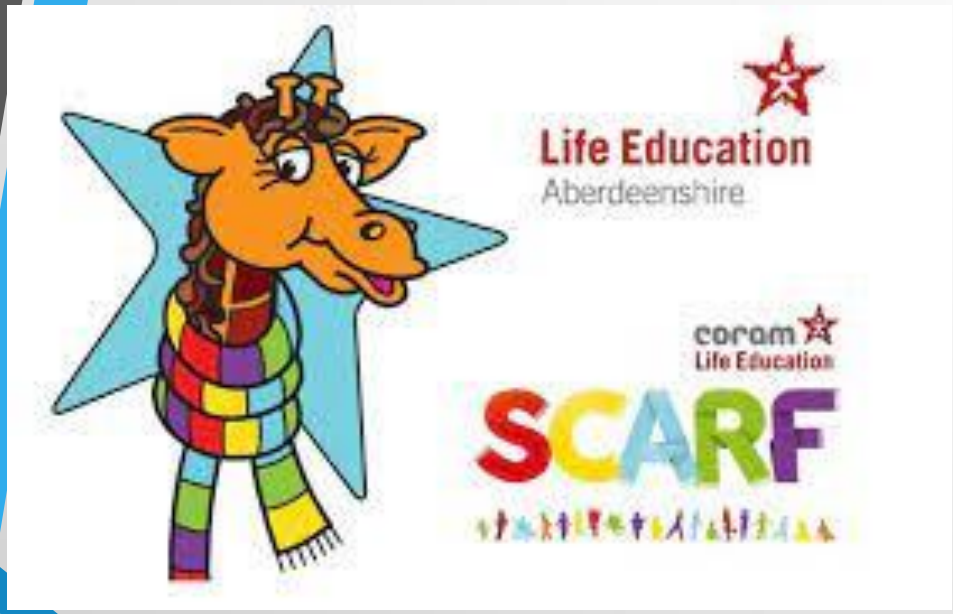






Sports Crew training with Joe from RSSP.

Harold the giraffe came to school and spoke to us about the benefits of being active and looking after our bodies.





Mental Health Champions Training and sessions

We deliver KS1 and KS2 weekly sessions.



PGL Robin Wood 2023



Benefits of an active school…

- Sense of belonging
- Improved behaviour and attendance
- Improved socially and physically.
- Improved concentration
- Happier children
- Better academic achievement
- Improved well-being
- Healthier children
- Children physically and mentally prepared for life.
- Improved self-esteem.
- Human skills have been developed to flourish in the real world
- Confidence, resilience, determination.
- Friendships – accepting, supporting, compassion, trust, empathy

Feedback from some of our parents…

- Thankyou to all the staff for all your hard work, the children of St. Peter's don't know how luck they are to have such an amazing school.
- The PE and sports curriculum is run and organised brilliantly by Miss Lynch who is an amazing leader. She organises so many clubs, competitions and events for the children to take part in. Children of all ages have so many opportunities given to them and the school as a whole holds so many healthy lifestyle events such as: Change4Life Day, Walk to School Week, Mental Health Awareness Week and many others.
- Keep it up! St. Peter's seem to do well in various sports so what you do works.

- I think St. Peter's does an excellent job of promoting healthy lifestyles.
- I think St. Peter's has great opportunities both in and after school.
- Everything that the children are offered is top quality and available to all! I really couldn't suggest anything to improve as St. Peter's does go above and beyond.
- There are a wealth of sporting (competitive and non-competitive) opportunities available inside and outside of school, healthy lifestyles are taught in PSHE, fantastic and fun days throughout the year, couldn't ask for any more. St. Peter's go above and beyond.
- Everything is fabulous. My child does so much and absolutely loves coming to school and being active.

What our SGO (Nathan Bibby) has to say about St. Peter's…

- What can I say about St. Peter's… they are simply an incredible school that really does understand the importance of physical activity and the health of their pupils. Pupils at St. Peter's are given an unbelievable amount of opportunities to be active throughout the school day (not just in PE and extra-curricular clubs). When you visit the school you can see and hear the passion that both pupils and staff have for PE, sport and physical activity.
- I am absolutely delighted that St. Peter's has managed to retain their Platinum status, they are such a wonderful school and an absolute pleasure to work with. Well done guys!
- (July 2024 – School games mark supporting statement)

- *“Start children off on the way they should go, and even when they are old they will not turn from it.”* **Proverbs 22:6**