St Peter's Roman Catholic Primary School

Science KS1 Autumn Year B

Animals including Humans:

How we grow and stay healthy.

What is this topic about? This topic is all about how animals and humans grow and stay healthy. We will be looking at human and animal growth and survival, focusing on how humans successfully stay healthy. We will learn about the different types of food and exercise we need and develop knowledge of how good hygiene can prevent infections and illnesses.



I will show my scientific skills by…

- **Observing**, **through video or first-hand observation** and **measurement**, how humans grow.
- **Recording** their findings using charts.
- **Asking questions** about what things animals [humans]. need for survival & what humans need to stay healthy and
- **Suggesting ways to find answers to their questions**

At the end of the Topic I will know…

- Animals, including humans, have offspring which grow into adults.
- All animals, including humans, have the basic needs of feeding, drinking and breathing.
- To grow into healthy adults, they also need the right amounts and types of food and exercise.
- Good hygiene is also important in preventing infections and illnesses.

KEY VOCABULARY

growth	infection
survival	hygiene
healthy	exercise
humans	food
diet	water
oxygen	offspring

