

PSED



Self-Regulation

- Show an understanding of their own feelings and those of others and begin to regulate their behaviour accordingly. - Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate. - Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.

Managing Self

- Be confident to try new activities and show independence, resilience and perseverance in the face of challenge. - Explain the reasons for rules, know right from wrong and try to behave accordingly. - Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.

Building Relationships

- Work and play cooperatively and take turns with others. - Form positive attachments to adults and friendships with peers. - Show sensitivity to their own and others' needs.

Communication and Language

Listening and Attention

- Listen attentively and respond to what they hear with relevant questions, comments and actions when being read to and during whole class discussions and small group interactions. - Make comments about what they have heard and ask questions to clarify their understanding. - Hold conversation when engaged in back-and-forth exchanges with their teacher and peers.

Speaking

- Participate in small group, class and one-to-one discussions, offering their own ideas, using recently introduced vocabulary. - Offer explanations for why things might happen, making use of recently introduced vocabulary from stories, non-fiction, rhymes and poems when appropriate. - Express their ideas and feelings about their experiences using full sentences, including use of past, present and future.

Physical Development

Gross Motor Skills: Negotiate space and obstacles safely, with consideration for themselves and others. -

Demonstrate strength, balance and coordination when playing. - Move energetically, such as running, jumping, dancing, hopping, skipping and climbing. - Develop confidence in the water and swimming skills.

Fine Motor Skills: Hold a pencil effectively in preparation for fluent writing – use the tripod grip in almost all cases. - Use a range of small tools, including scissors, paint brushes and cutlery. - Begin to show accuracy and care when drawing.

Expressive Arts and Design

Creating with materials

- Safely use and explore a variety of materials, tools and techniques, experimenting with colour, design, texture, form and function. Make use of props and materials when role playing characters in narratives and stories. - Develop cutting and gluing skills to create collages of complimentary colours. - Explore the work of artist Matisse with a particular focus on his masterpiece The Snail.

Being Imaginative and Expressive

- Invent, adapt and recount narratives and stories with peers and their teachers. - Sing a range of well-known nursery rhymes and songs; Perform songs, rhymes, poems and stories with others, and – when appropriate – try to move in time with music. Explore the Charanga music units Into the Groove.



Class 1 Spring 2026

Topic: *Let's Explore!*



Understanding the World

- Learning about space!
- Finding out about the lives of space explorers from the past.
- Finding out about the world's continents and oceans
- Learning about the human body and how they link to the senses; comparing similarities and differences; recognising that humans are animals.
- Exploring the world around us using all our senses. Finding out about the weather, weather patterns and changing seasons. • Recognise some environments that are different to the one in which they live. • Use everyday technology and develop mouse control to use simple programmes on a computer and I-pad. Talk about members of our immediate family and community. • Name and describe people who are familiar to us. • Compare and contrast characters from stories, including figures from the past.



Religious Education

Epiphany: The wise Men visit Jesus with gifts.

Jesus: Knowing Jesus came to show God's love and to take care of everyone. Exploring the bible stories of Jesus and his followers

Lent & Easter - Reflecting on life and change. Preparing for and finding out about Easter. (Class 1 will be leading the Parents' Assembly on March 6th)



Literacy

Comprehension

- Show understanding of what has been read by retelling stories and narratives using their own words and recently introduced vocabulary. - Anticipate – where appropriate – key events in stories. - Use and understand recently introduced vocabulary during discussions about stories, non-fiction, rhymes and poems and during role-play.

Word Reading

– Say a sound for each letter in the alphabet and at least 10 digraphs; - Read words consistent with their phonic knowledge by sound-blending. - Read aloud simple sentences and books that are consistent with their phonic knowledge, including some common exception words.

Writing

- Write recognisable letters, most of which are correctly formed; - Spell words by identifying sounds in them and representing the sounds with a letter or letters. - Write simple phrases and sentences that can be read by others.

We will be sharing lots of storybooks, non-fiction books & poems – many of them through our Drawing Club activities and many linked to our topic..

Mathematics

Number

• Developing a deep understanding of number to 10, including the composition of each number. • Subitising (recognising quantities without counting) up to 6. • Automatically recalling (without reference to rhymes, counting or other aids) number bonds up to 5 (including subtraction facts) and some number bonds to 10, including double facts.

Numerical Patterns

• Verbally count beyond 20, recognising the pattern of the counting system. • Compare quantities up to 10 in different contexts, recognising when one quantity is greater than, less than or the same as the other quantity. • Explore and represent patterns within numbers up to 10, including evens and odds, double facts and how quantities can be distributed equally. • Exploring 2D & 3D shape; repeating patterns; comparing length, weight and capacity; time & money. • **Additional targets for Y1 children.**