Woodchurch C of E Primary School

Parent Consultation Letter – Relationships, Sex and Health Education (RSHE)

Dear Families,

At Woodchurch C of E Primary School, we are committed to supporting the personal development, health and wellbeing of every child. As part of this commitment, we teach Personal, Social, Health and Economic (PSHE) education, which includes statutory Relationships and Health Education and our school's Relationships and Sex Education (RSE) provision.

Our aim is to give children the knowledge, understanding and skills they need to develop healthy relationships, make safe choices and grow into confident, respectful and responsible individuals.

Our teaching reflects our Christian vision, rooted in Colossians 3:12–13:

"God has chosen you … He loves you. So always do these things: show compassion to others; be kind, humble, gentle and patient. Do not be angry with each other but forgive each other."

Our Christian values of **Compassion, Kindness, Humility, Gentleness, Patience and Forgiveness** are at the heart of our approach. We want every child to feel safe, respected, included and valued.

Why Are We Reviewing Our RSE Curriculum?

The Department for Education (DfE) published updated statutory guidance for Relationships Education, Relationships and Sex Education (RSE) and Health Education in July 2025, which became mandatory from September 2026.

At Woodchurch C of E Primary School, we are reviewing our RSE provision to ensure that our teaching reflects this guidance, meets statutory requirements and remains appropriate for the age and needs of our children.

Our curriculum also reflects the values and ethos of a Church of England school, promoting dignity, respect, kindness and understanding.

What Will Children Learn?

Relationships Education helps children understand:

- Healthy friendships and positive family relationships.
- Kindness, honesty, respect and personal boundaries.
- The importance of asking permission and respecting the wishes of others.

- How to stay safe, including when using the internet.
- How to recognise unsafe situations and ask trusted adults for help.
- How their bodies change as they grow.
- How to respect and value themselves and others.

All learning is taught sensitively and in an age-appropriate way, taking account of children's individual needs, including those with Special Educational Needs and Disabilities (SEND).

Our RSE Curriculum

At Woodchurch C of E Primary School, we use **Kapow Primary's PSHE and RSE curriculum**.

This provides carefully planned lessons that build on children's knowledge and understanding as they move through school.

Our curriculum supports our **THRIVE values**:

- **Trust** – Building positive, safe and respectful relationships.
- **Hard Work** – Developing the skills to make responsible choices.
- **Resilience** – Learning how to manage feelings, challenges and changes.
- **Inspire** – Encouraging children to be positive role models.
- **Valued** – Helping every child feel respected, included and appreciated.
- **Enjoy School** – Creating a safe and supportive environment where children feel happy and confident to learn.

Some aspects of Sex Education go beyond the statutory primary science curriculum. Parents and carers have the right to request that their child is withdrawn from these non-statutory Sex Education lessons. There is no right to withdraw from statutory Relationships Education, Health Education or National Curriculum Science.

Further information about the content of lessons and withdrawal arrangements will be shared with families.

Working Together with Families

We recognise that parents and carers are children's first educators, and we value the important role you play in supporting your child's development.

We want families to feel informed and confident about what their children are learning in school.

As part of our consultation process, we will provide opportunities for parents and carers to:

- Find out more about our RSE curriculum.
- Understand what is taught in each year group.
- View curriculum information and teaching resources.
- Ask questions about the content and delivery of lessons.

- Share their views and feedback on our RSE Policy.

Dates for our parent consultation opportunities will be sent out to families in due course. We encourage parents and carers to take part and share their views.

Why Is RSE Important?

High-quality, age-appropriate RSE helps children to:

- Develop confidence and self-respect.
- Build healthy, positive relationships.
- Understand their feelings and emotions.
- Recognise how to keep themselves safe.
- Understand changes to their bodies as they grow.
- Know when and how to ask for help.

Above all, we want our children to feel safe, happy and supported as they grow and develop.

Your Views Matter

We welcome feedback from all parents and carers as part of our consultation process.

If you have any questions or would like to discuss our RSE curriculum, please contact the school office by emailing schooloffice@woodchurch-pri.wirral.sch.uk or calling **0151 677 4788**.

We will carefully consider feedback from families as part of our policy review.

Thank you for your continued support and partnership. By working together, we can ensure that every child at Woodchurch C of E Primary School receives the knowledge, care and guidance they need to flourish within our caring Christian school community.

Yours sincerely,

Zoe Carciero
Headteacher
Woodchurch C of E Primary School