Warcop CofE Primary School

Together we celebrate our individuality, supporting each other to learn, grow and flourish.

We lift our eyes to the hills, from where does my help come?"
Psalm 121

Friday News

Newsletter 8 Autumn Term 2026 – Friday 23rd October 2026

Dear Parents, Carers and friends of the School,

Wow! What a busy half term this has been...with Ofsted, the London trip as well as all the usual things. It has been lovely to catch up with a lot of you at parent's evenings, if you missed your slot, please get in touch.

Thank you to all the year 4 children for returning your Patterdale forms, please return them asap if you haven't already done so that we can secure the booking.

Thank you for your kind donations for the Harvest Festival, we have distributed the generous gifts of food to the food bank and Appleby care home. We have also had Collective Worships about different types of Harvest throughout the week, with many of our farming families teaching the rest of the school about food production.

Well done the girls football team who played their first match this week. They put in a great effort and showed fantastic spirit ready to build on for the competitions in 2027!

Earlier in the week Class 3 had a workshop linked to the new Eden Sensory Trails that they will visit next year in Smardale. Paula, who took the sessions was very impressed with the contributions and behaviour from Class 3.

Each week our Golden diners can have a turn in the new outdoor Mud Kitchen. This week's Golden Diner awards go to:-

- Marley, Tommy, Olive, Isabelle A, Ava and Danny

Friendship awards this week go to:

Class 1 – Thea
Class 2 - Grayson
Class 3 – George
Class 4 – Seth

I hope that you have a wonderful Half term

Mrs Linsley

Headteacher

Thank you to all those who expressed interest in the Thursday lunchtime Ukulele sessions.

Mr Steels will now start these in the New Year.

Christmas Fair – Thursday 3rd December at 2pm in School

Donations gratefully received:

Bric-a-Brac and toys etc.
Cakes (on the day)

Please drop into school after half term. Thank you for your support.

Don't forget:

- **PE kit, water bottle every day**
- **Order lunches by the end of the week for the following week**

Inside this issue:

- **Diary Dates**
- **Red Squirrels AGM**
- **Warcop Ghost Walk**
- **Coat Swap & Donate**
- **Community safety partnership**
- **Sunday Fun Day**
- **Penrith AFC**
- **KSFC Football**
- **W&F SEND**
- **KSGS shopping event**
- **Appleby Holiday Club**
- **Church Brough Festive Fair**
- **Fostering event**
- **Barnardos**
- **SEND**
- **Wild Ink Adventures**
- **Pol-Ed**
- **Library events**

Please email any items for the Friday News to:
head@warcop.cumbria.sch.uk

DIARY DATES

Date	Time	Information
26.10.2026-30.10.2026		Half term
04.11.2026	PM	Cumbria Police for EYFS
04.11.2026		Football Competition at Frenchfields
06.11.2026	PM	Highlights Theatre for Years 5 and 6
09.11.2026		Hobby Horse Day
09.11.2026	PM	KS1 Basic Moves competition AGS
11.11.2026	All Day	Forest Schools – whole school. Please could children bring in appropriate clothing and footwear for the outdoor activities.
17.11.2026	2pm	SENDIASS coffee afternoon in Warcop Parish Hall
18.11.2026	All Day	Forest Schools – whole school. Please could children bring in appropriate clothing and footwear for the outdoor activities.
23.11.2026	PM	Library bus
25.11.2026	PM	Cumbria Smiles for EYFS
30.11.2026	PM	Hunter Hall Cross Country Yrs 4-6
02.12.2026	All Day	Forest Schools – whole school. Please could children bring in appropriate clothing and footwear for the outdoor activities.
03.12.2026	2pm	Christmas Fair – more details to follow after half term
09.12.2026		Christmas Lunch
11.12.2026	2.15pm	Christingle
15.12.2026		Christmas Performance – Dress Rehearsal
16.12.2026		Christmas Performance
18.12.2026		Break up for Christmas

Craft Club

Tuesday 3rd November
Bonfire Night Theme

Tuesday 10th November
Remembrance Day
Cookies and Crafts



Tuesday 17th November
Keepsake Photoframes



Tuesday 24th November
Tuesday 1st December
Tuesday 8th December
Tuesday 15th December
Christmas Crafts

Red Squirrels Nursery

Registered Charity 1036866



AGM

9am

on the 17th November 2026

in Warcop Primary School Staffroom

All welcome to attend

Warcop Annual Village

Ghost Walk



30th October

Leaving Parish Hall at 6.30pm

£2 an adult
£1 child under 16
Free for children in buggies.

Optional fancy dress – wear suitable footwear. Bring a torch

Autumn Events at Warcop Parish Hall

Spooky Ghost Walk



Friday 30th October, 6.30pm start

Children's Fancy Dress Competition

Refreshments available



Christmas Bingo

Friday 21st November, 7.30pm



Christmas Coffee Morning



GNAA Bag Collection & Eden Handbell Ringers

Saturday 12th December, 10-11.30am

Remote Cinema

Thursday 15th October - I SWEAR (15)

Thursday 19th November – SONG SUNG BLUE (12A)

Thursday 10th December – film tbc

£5 on the door Refreshments Available Screening 7.30pm

Soup and Pud

Thursdays October 1st, November 12th and December 3rd

11.30am – 1pm £8

Saturday Coffee Mornings

October 11th, Nov 8th, December 14th

10am – 11.30am

Thursday Foyer Café

Every Thursday 9am – 11am

with Post Office Van 9-10am and Butcher


THE WILDING
Meet Santa
Sunday 29th November
3pm-5pm
A magical Christmas treat!
Crafting with Santa's Elves
Festive Children's Tea
A special visit with Santa & gift
Grown ups can enjoy a hot drink & brownie or cream tea
£15 per child (under 1's free)
£10 per adult
Ho ho ho
Santa x
BOOK - WWW.WILDINGHOTEL.CO.UK
OR CALL 017683 41252
THE WILDING, BROUGH, CUMBRIA,CA17 4AX

Six-Week Mentorship Case Study

What the mentorship involves

As part of my Next Gen MEM training, I can provide a young person with a free, structured, one-to-one mentorship over six weeks. The journey is child-led, shaped by the young person's voice, needs, choices and pace. We empower them to understand their thoughts, feelings and beliefs, build on their strengths, and practise tools for emotional regulation, confidence and self-belief. We empower each young person to make meaningful, noticeable shifts in how they see themselves and respond to challenges.

The six-week structure generally moves from getting to know the young person, to understanding feelings and regulation, exploring behaviour as communication, building self-belief and identity, practising choices and boundaries, then reflecting on learning and helpful tools. The work can adapt to the young person's priorities.

Delivery, referral and safeguarding

Sessions can take place online or in person, as agreed and appropriate. I will send referral forms to gather relevant information and agree suitability, consent, goals and practical arrangements with you. Safeguarding responsibilities, boundaries and the route for raising concerns must be agreed and followed. The mentorship is supportive and educational; it is not counselling, therapy or clinical treatment, and does not replace existing professional support.

Case study and feedback

I will record my work and reflections in a case study for training assessment. MEM ask for feedback at the end of the six weeks and would welcome a short testimonial about the experience and any changes noticed since the mentorship began. This helps MEM mark the case study and gives me useful evidence for my portfolio. Clear permission is requested before a testimonial is included in a portfolio or used publicly; it can be anonymised where agreed. Case-study information is handled confidentially, with identifying details protected.

Next steps

Anyone considering a case-study mentorship can discuss suitability and arrangements with me. Referral forms and agreed permissions should be completed before sessions start, with the relevant safeguarding and practical arrangements in place.

My name is Sarah Evans, I live local in Warcop and have worked in school pastoral teams for over 25years. I deliver therapeutic sessions and have been a fostercarer. I am offering these sessions free to build up my portfolio to gain the qualification, but I have delivered this type of work now for a long time with both primary and secondary children.

Please contact me directly on sarah.evansnet@hotmail.co.uk if you would like to take one of my three free places, to help your child with their emotional dysregulation, behaviours, grief and managing day to day life.

My phone number is 07909853456

Westmorland & Furness **Best Start** Family Hub

Coat Swap & Donate



Does your child have a pre-loved coat, wellies, warm hat, or scarf that they no longer need?

Donate your gently used items or swap them for quality pre-loved items from our collection.

We welcome donations that are:

- Clean and in good condition
- Fully working, with no broken zips
- Free from stains
- Not heavily worn or damaged
- Free from strong smells

Event Details:

Location: Penrith Family Hub

Friday 30 October | 9:00am - 3:00pm

Saturday 31 October | 10:00am - 1:30pm

Donations can be dropped off at Penrith Family Hub from Friday 23 October.

Help keep our community warm while giving coats, wellies, hats, and scarves a second life.

Share Warmth • Reduce Waste • Support Local Families

Drop off a coat, find a coat, or simply spread the word!

Westmorland & Furness Council

Funded by UK Government

Westmorland & Furness
Community Safety
Partnership

Are you concerned about antisocial behaviour, crime, safety in public spaces, road safety or other community issues?

The Westmorland and Furness Community Safety Partnership would like you to complete a short survey which will ensure our future priorities reflect the experiences of our communities.

By taking a few minutes to complete the survey, you will help us build a safer, stronger and more resilient Westmorland and Furness for everyone.

Scan the QR code to access the survey





Westmorland & Furness Council

NHS Lancashire and South Cumbria

NHS North Cumbria Integrated Care

Probation Service

DAVID ALLEN

Sunday Fun Day

Kendal Leisure Centre
8th November 2026

Organisers are inviting local organisations to host stalls and engage with families attending the event. Registration can be completed via the following link:

https://docs.google.com/forms/d/12_O1ghJdLOHhSSiwA1p9VtEYucMMXjnRSN0OQTjAnhs/edit?pli=1

Community Day

Penrith Leisure Centre
1st November 2026

Local organisations are also invited to participate in this annual community event. The deadline to express interest is 25th September 2026.

These events have been running successfully for several years and provide a valuable opportunity to connect with local families, showcase services and promote health and wellbeing initiatives.

If you are interested in taking part or would like further information, please contact Danielle Vipond Shields directly at danielle.houghton@gll.org

PENRITH A.F.C.
FOUNDED 1894
RES-NON-VERBA

PENRITH UNDER 10 GIRLS

PLAY
LEARN
BELONG

Year 5 Girls Wanted!

FRIENDSHIP
FITNESS
FUN



Small Town Big Community

GIRLS CAN PLAY

Come and join our fun and friendly football team!

No experience needed – everyone is welcome.

Join an existing group of girls enjoying football and playing in the Carlisle and Penrith District League.

Training

Tuesdays, 6pm – 7pm

Penrith Football Club
Frenchfields Stadium

Just come down on a Tuesday night and give it a try!

SAME GAME MORE GIRLS

For more information call or message:

07738 093 299 | **07792 086 336**

New players always welcome!

PENRITH A.F.C. RES-NON-VERBA

PENRITH AFC

KIRKBY STEPHEN FOOTBALL CLUB UNDER 7's

TRAINING SESSIONS

TUESDAYS
6:00PM - 7:00PM

PARROTS PARK,
KIRKBY STEPHEN,
CA17 4RX

LEARN
PLAY
MAKE
FRIENDS



- DEVELOP SKILLS
- BUILD CONFIDENCE
- MAKE FRIENDS
- LEARN & GROW
- ENJOY THE GAME

NEW PLAYERS WELCOME!

TRAINING LOCATION:
PARROTS PARK,
KIRKBY STEPHEN,
CA17 4RX

KIRKBY STEPHEN FOOTBALL CLUB

Westmorland and Furness SEND Information, Advice and Support Service

CONTACT US

Westmorland and Furness SEND IAS Service | Sendiass

Your local SEND IAS Service Co-ordinator will listen to your concerns and can offer:

- Appropriate support, impartial information, and advice on a range of SEND related queries including - identifying a need, exclusions from school, complaints, and disagreements when something goes wrong.
- Advice regarding SEND related health and social care matters.
- Detailed explanations of how the Special Educational Needs (SEN) process should work, for example the support that should be ordinarily available for all children and young people with SEND in early years, schools, and post sixteen settings.
- Information about local and national voluntary organisations
- Information about young peoples' and parents' support groups in your area
- Support through the Education, Health, and Care Plan (EHCP) Process including annual reviews.
- To help you learn more about the SEND Code of Practice and your legal rights.
- Support at meetings where appropriate.

A child or young person may have learning difficulties caused by:

- A physical disability
- A problem with sight, hearing, or speech
- Difficulties with reading, writing or mathematics
- Emotional or behavioural problems
- Communication and social interaction.

For self-referral, please use our email:

sendiass.waf@westmorlandandfurness.gov.uk

Please give a brief description of the matter you require support with, and your location and a member of our team will be in touch with you to offer advice and guidance.

Westmorland & Furness Council

Information, Advice & Support Services Network

Council for disabled children

Offering impartial information, advice and support to children and young people with special educational needs and or disabilities and their parents & carers.

KIRKBY STEPHEN GRAMMAR SCHOOL
1566
Dio volendo Jo la tura

Cumbria Education Trust

JOIN US FOR A NIGHT OF

Shopping

AT OUR 2ND

CHRISTMAS FAIR

HANDMADE CRAFTS, MAKERS AND LOCAL BUSINESSES

Tuesday
10th November 2026

Kirkby Stephen Grammar School
Christian Head, Kirkby Stephen,
Cumbria, CA17 4HA

5pm – 8pm

FREE PARKING and FREE ENTRY

MASSIVE RAFFLE

Lots of fantastic prizes to be won!

CHOCOLATE RAFFLE

A delicious selection of chocolate prizes!



All proceeds go to the DT department at KSGS

Support our school and local businesses this Christmas!



The Buzz Club

Appleby Wraparound Care

Autumn HOLIDAY CLUB

Come and join us
October 26th-30th.
All welcome!

OPEN MONDAY-FRIDAY 7:45AM - 6PM

Hours to suit you

All children age 3-11 years

Based at Appleby Primary School

email: applebywraparoundcare@gmail.com

phone: 07708 297 090



FESTIVE FAIR

Church Brough Hall

Thursday 12th November

3.30pm to 7.30pm

FREE ENTRY

Matty's Candles with Rachel – candles, wax melts, diffusers etc

Wish Home Décor and Gifts – handmade textiles, seasonal gifts etc

Carola Frank – fused glass, hand made gifts etc

Alison Pedley – cards, calendars, prints etc

The Scott's Craft Barn – handmade crafts and custom designs etc

Sandra Steadman - hand made crafts (supporting Brough FC)

& Little Treasures of Eden

We'd all love to see you

The Decider
Winning strategies for mental health

DECIDER LIFE SKILLS

FOR PARENTS

About this workshop....

Join us for an exciting online workshop designed exclusively for parents! The Decider Life Skills Awareness workshop aims to equip you with essential skills to support Children and Young people to recognise their own thoughts, feelings and behaviours, enabling them to monitor and manage their own emotions and mental health.

The workshop is a packed interactive session led by experienced Primary Mental Health Workers with an opportunity to connect with other parents, share experiences, and ask questions. You will learn about 'The Fizz', how the body responds to worry and stress, and how to incorporate and implement each of the 12 Decider Life Skills into everyday life. Reserve your spot now for the Decider Life Skills Workshop and embark on a transformative journey towards increased mindfulness, less stress and more effective communication for you and your family.



SESSIONS TAKE PLACE ON MICROSOFT TEAMS 4-5PM ON THE FOLLOWING DATES:

2026:
20TH OCTOBER, 1ST DECEMBER

2027:
19TH JANUARY, 6TH APRIL, 13TH JULY. 26TH OCTOBER







PLEASE SCAN FOR MORE INFORMATION

BARNARDO'S

TO BOOK A PLACE PLEASE SEND YOUR PREFERRED DATE, NAME AND EMAIL ADDRESS TO THE INBOX BELOW

pmhw.mytime@barnardos.org.uk

SEND
Westmorland and Furness
SEND Partnership

Westmorland
& Furness
Best Start Family Hub

SEND Parent Carer Group



Join us for a relaxed and friendly get-together. There's no agenda, no pressure and no expectation to share. Just a welcoming space to enjoy a cuppa, have a chat, make new connections and support one another.

Whether you're looking for friendship, understanding, advice from other parents, or simply some time for yourself, you'll be very welcome.

Appleby Family Hub - located behind Appleby Primary School

Monday 2nd November 2026
Monday 7th December 2026

12:30 - 2:30pm

Come along. Stay for five minutes or the whole session.
Everyone is welcome.

Westmorland
& Furness
Council

WILD INK ADVENTURES Half Term Activities: Book Now!



Calling all young witches, wizards and budding storytellers this Halloween!





This Halloween, let your child's imagination run wild at our SPOOKTACULAR Halloween Writing Workshop!

Creepy characters, eerie adventures, mysterious monsters and a spooky story that's ALL THEIR OWN!

Designed for children aged 7–14, this fun, hands-on workshop will spark creativity, build confidence and develop communication skills — all while having a frightfully good time!

Led by an experienced teacher and creative writing practitioner, it's the perfect Halloween treat for young imaginations.

READY TO BOOK YOUR LITTLE MONSTER'S PLACE? Click here to book you place

Don't miss out on this frightfully fun Halloween adventure!

A bit about me...

My name is Charlotte and I'm an experienced teacher and creative writing practitioner based in the Eden Valley. I love being out in nature and having adventures in the lake district with my spaniel Bess.

I love also having adventures in ink; reading and creating interesting writing. It's fantastic sharing this passion both in my day job as a secondary school English teacher and also as a workshop facilitator.



Pol-Ed

Keeping your family safe from fire

Advice for Parents and Carers



Fire safety starts at home

Most fires in the home can be prevented. Actions such as:



Testing smoke alarms every week, keeping them clean and well maintained

Storing and charging electrical items safely



Talking to children about fire risks can make a significant difference.

Fire safety is not about causing worry; it is about helping families feel prepared and confident about what to do if an emergency occurs. Working smoke alarms are one of the most effective ways to protect your household, and every family should be aware of their escape routes and what to do if an alarm sounds.

Safety actions to protect your home



Many household fires start through everyday activities. Cooking remains one of the most common causes of accidental fires, particularly when food is left unattended or when cookers and cooking surfaces are used for extra storage, as items left on or near hobs can accidentally catch fire.

Faulty electrical equipment, damaged charging cables and overloaded plug sockets can also present significant risks. Developing safe habits, such as switching appliances off when not in use, avoiding overloading extension leads and keeping flammable materials away from heat sources, can help reduce the likelihood of a fire starting in your home.

As children grow older, they often spend more time independently in their bedrooms and make greater use of technology. It is important for parents and carers to know where devices are being charged and to encourage safe charging habits.

Phones, tablets, laptops and gaming equipment should never be charged under pillows, on beds or beneath blankets where heat can build up. Hair straighteners should be fully switched off after use and allowed to cool safely. It is also worth having conversations about candles, incense burners and any other items that generate heat.



Children are naturally curious and may have questions about fire, fireworks or emergency services. Open and age-appropriate conversations can help them understand both the dangers and the importance of safe behaviour. Encourage children to tell an adult if they find matches, lighters or damaged electrical items. Explain that smoke can be just as dangerous as flames and that hiding during a fire can make it more difficult for firefighters to help them. Reassure children that knowing what to do in an emergency helps to keep everyone safe.




PENRITH LIBRARY
DESIGN YOUR OWN PUMPKIN COMPETITION
The winning Pumpkin design will receive a prize and the design will be recreated on a pumpkin that will be on display in the library on Mon 2/11. To enter, ask for a Pumpkin Competition Form at the desk. Deadline is the 29th October.

SAVE YOUR CLOTHES. SAVE THE PLANET. SAVE MONEY!

Free talk: How to reduce textile waste in Cumbria and make your clothes last longer

With Gail Gravett of
Cumbria Clothing Collective CIC.

Thursday 12th November 7pm
Penrith Library | Green Libraries Week



Come and see the library's brilliant lending activities:

Halloween costumes
Christmas jumpers
World Book Day outfits



Learn how to mend, reuse and love your clothes for longer.

Cumbria Clothing Collective

Green Libraries Week

COMMUNITY FUND

www.cumbriaclothingcollective.co.uk

THE ARRIVAL OF THE RAILWAY IN PENRITH



Free Event

4 NOV

7pm

DAVID OCCOMORE
PENRITH LIBRARY



Book via Penrith Library on 01768 812100 or scan the QR code

Come along for an exciting new author talk by David Occomore about his new book: **Building the Lancaster to Carlisle Railway: The Engineers Contractors & Navvies.** Listen to stories of the railway in Penrith and find out all about the two major railway accidents that happened. Not to mention, an exciting opportunity to view a number of photos never previously published.

Refreshments will be available for £1.

BOOKS WILL BE ON SALE ON THE EVENING COURTESY OF HEDGEHOG BOOKS

Penrith Library

Nature Journalling Club

Calling all nature lovers, come create and share your joy of nature with us during the dark winter evenings!

A new relaxed social group, with art supplies, activities and nature chatter.

From 7pm until 8:30pm

Free to join, all supplies included!

No need to book, pop along & enjoy!

All ages & abilities welcome!



Location

Penrith Library,
St Andrews,
Churchyard, Penrith
CA11 7YA

<u>November</u>

Tuesday 3rd November

Tuesday 17th November

Saturday 14th November

(at 9:45am til noon)

<u>December</u>

Tuesday 1st December

Tuesday 15th December

This opportunity is supported by Access to Eden: breaking barriers, building bridges - a partnership led by Eden Rivers Trust with a grant from the National Lottery Heritage Fund.

North Pennines National Landscape

Heritage Fund

Penrith Line Fest

Oak & Elephant Events