

Appendix 1



RSHE 2026 Long Term Plan – St Mary’s CE Primary School

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
<b>EYFS</b>	<p><b>Communities</b> Marvellous me</p> <p>These feelings</p> <p>The weather inside me!</p> <p>Ted the tiger Tamer</p>	<p><b>COMMUNITIES</b> The secret adventures of anonymouse</p> <p><b>EMOTIONS</b> Curly the Chameleon</p> <p><b>PHYSICAL HEALTH</b> Ahmed’s Journey</p> <p><b>POWER IN RELATIONSHIP S</b> Faisal’s not himself</p>	<p><b>COMMUNITIES</b> Nisha and the tiger</p> <p><b>HEALTHY RELATIONSHIP S (families)</b> Francisco’s Family</p> <p><b>HEALTHY RELATIONSHIP S (friends)</b> Yoshi is different</p> <p><b>EMOTIONS</b> Passing clouds</p>	<p><b>POWER IN RELATIONSHIP S</b> Biyu the brave Pea</p> <p>Thabo and the trees</p> <p><b>HEALTHY RELATIONSHIP S (FRIENDS)</b> Zelda goes on holiday</p> <p>The monster in the smoke</p>	<p><b>EMOTIONS</b> Nothando’s Journey</p> <p>Reha to the rescue</p>	<p><b>POWER IN RELATIONSHIP S</b></p> <p>My dream in a drawer</p> <p>Sydney the seahorse</p> <p>Deji and Nnedi and the very large cushion</p> <p>Rainbows and windows</p>
<b>YEAR 1</b>	<p><b>EMOTIONS</b> Unit1</p> <p><b>COMMUNITIE S</b> Unit 2</p>	<p><b>HEALTHY RELATIONSHIP S</b> Unit 3 (family)</p> <p><b>HEALTHY RELATIONSHIP S</b> Unit 4 (friends)</p>	<p><b>MEDIA INFLUENCE</b> Unit 6</p>	<p><b>POWER IN RELATIONSHIP S</b> Unit 5</p>	<p><b>OUR ONLINE LIVES</b> Unit 7</p> <p><b>PHYSICAL HEALTH</b> Unit 8</p>	<p><b>STAYING SAFE AND HEALTHY</b> Unit 9</p>
<b>YEAR 2</b>	<p><b>COMMUNITIE S</b> Unit 2</p>	<p><b>EMOTIONS</b> Unit 1</p>	<p><b>MEDIA INFLUENCE</b> Unit 5</p>	<p><b>OUR ONLINE LIVES</b> Unit 6</p>	<p><b>POWER IN RELATIONSHIP S</b></p>	<p><b>HEALTHY RELATIONSHIP S</b></p>

		<b>HEALTHY RELATIONSHIP S</b> (Bullying) Unit 10			Unit 4 <b>PHYSICAL HEALTH</b> Unit 7	Unit 3 (family) <b>RISKY SUBSTANCES</b> Unit 8 <b>STAYING SAFE</b> Unit 9
<b>YEAR 3</b>	<b>EMOTIONS</b> Unit 1 <b>COMMUNITIE S</b> Unit 2	<b>HEALTHY RELATIONSHIP S</b> (Friendships) Unit 4  <b>HEALTHY RELATIONSHIP S</b> Unit 3 (family)	<b>MEDIA INFLUENCE</b> Unit 6	<b>OUR ONLINE LIVES</b> Unit 7	<b>POWER IN RELATIONSHIP S</b> Unit 5  <b>PHYSICAL HEALTH</b> Unit 8	<b>STAYING SAFE AND HEALTHY</b> Unit 9
<b>YEAR 4</b>	<b>EMOTIONS</b> Unit 1 <b>COMMUNITIE S</b> Unit 2	<b>HEALTHY RELATIONSHIP S</b> (Friends) Unit 4  <b>POWER IN RELATIONSHIP S</b> Unit 5	<b>MEDIA INFLUENCE</b> Unit 6	<b>OUR ONLINE LIVES</b> Unit 7	<b>HEALTHY RELATIONSHIP S</b> Unit 3 (Families)	<b>PHYSICAL HEALTH</b> Unit 8  <b>STAYING SAFE</b> Unit 9
<b>YEAR 5</b>	<b>EMOTIONS</b> Unit 1 <b>COMMUNITIE S</b> Unit 2	<b>HEALTHY RELATIONSHIP S</b> (Friendships) Unit 4  <b>POWER IN RELATIONSHIP S</b> Unit 5	<b>HEALTHY RELATIONSHIP S</b> (Family) Unit 3  <b>MEDIA INFLUENCE</b> Unit 3	<b>OUR ONLINE LIVES</b> Unit 7	<b>PHYSICAL HEALTH</b> Unit 8  <b>RISKY SUBSTANCES</b> Unit 9	<b>STAYING SAFE</b> Unit 10  (Puberty talk summer term with school nurse / Oldham safeguarding team)

<b>YEAR</b> <b>6</b>	<b>EMOTIONS</b> Unit 1  <b>COMMUNITIE</b> S Unit 2	<b>HEALTHY RELATIONSHIP</b> S Unit 4  <b>POWER IN RELATIONSHIP</b> S Unit 5	<b>MEDIA INFLUENCE</b> Unit 6	<b>OUR ONLINE LIVES</b> Unit 7	<b>PHYSICAL HEALTH</b> Unit 8  <b>RISKY SUBSTANCES</b> Unit 9	<b>STAYING SAFE</b> Unit 10  <b>HEALTHY RELATIONSHIP</b> S Unit 3  (Puberty talk summer term with school nurse / Oldham safeguarding team)
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