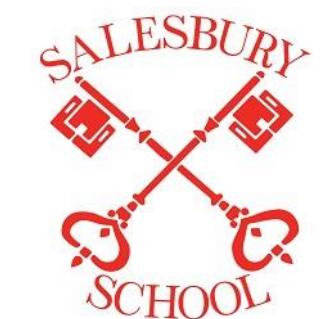


Salesbury Super 6 Knowledge Organiser for KS1

Learning Focus: Science & DT (Living it up)

Key knowledge to learn		Vocabulary
1	Internal body parts.	Balanced diet Different types of food that gives the right amount of nutrition.
2	External body parts.	Nutrition From food needed for health and growth.
3	Identify and name the five senses.	Healthy In good health – physically and mentally.
4	How we look after our bodies.	Senses One of five natural abilities - touch, sight, smell, hearing taste.
5	Understanding of food groups.	Hygiene Keeping clean and healthy by reducing the number of germs.
6	The importance of good hygiene.	Internal/External (body parts) Internal – inside the body External – we see these parts on the outside of the body.



You can find out more by:-

<https://www.bbc.co.uk/bitesize/articles/zxy987h>