

AUTUMN/WINTER 2025 MENU



WEEK 1

W/C: 03/11/2025, 24/11/2025, 15/12/2025, 19/01/2026, 09/02/2026, 09/03/2026

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION 1	Cheese and Tomato Pizza with Potato Wedges	Cottage pie with Gravy	Roast Chicken with Roast Potatoes and Gravy	Chinese Sticky Chicken served with rainbow rice	Fish Fingers Served with chips, peas or beans
		OR	OR	OR	OR	OR
	OPTION 2	Veggie Pizza Mixed peppers & corn Served with potato wedges & fresh salad	Cheese & Bean Pastry served with mashed potatoes & vegetables	Roast Quorn Served with roast potatoes, vegetables & gravy	Cheese & Tomato Toastie served with fresh salad	Quorn Dippers Served with chips, peas or beans
		OR	OR	OR	OR	OR
	OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta
HOT DISHES ARE SERVED WITH TWO VEGETABLES						
DESSERT		Chocolate Ice Cream	Berry Blondie	Oat Cookie	Apple Crumble with Custard	Fruity Friday Selection of freshly cut fruit



AVAILABLE DAILY
Fresh fruit, salad, yoghurt and water

Vegetarian **Vegan** **Oily Fish** **Fruity!** **Wholegrain** **Nutritionist's Choice**

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

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WEEK 2

W/C: 10/11/2025, 01/12/2025, 05/01/2026, 26/01/2026, 23/02/2026, 16/03/2026

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION 1	Macaroni Cheese served with fresh salad & vegetables 	Pork sausages Served with fresh veg & mashed potato & gravy	Roast Chicken with Roast Potatoes and Gravy	BBQ Chicken with Rainbow Rice	Fish & Chips served with chips, peas or beans
	OR					
	OPTION 2	BBQ Veggie Wrap with Potato Wedges 	Vegetarian Sausage with Mashed Potatoes and Gravy 	Jacket Potato served with Beans or Cheese 	Tuna or Cheese Panini served with fresh salad	Quorn Dippers Served with chips, peas or beans 
	OR					
	OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta  	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta  	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta  	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta  	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta  
	OR					
HOT DISHES ARE SERVED WITH TWO VEGETABLES						
DESSERT		Raspberry Jelly 	Strawberry Ice Cream	Chocolate Brownie 	Jam and Coconut Sponge	Fruity Friday Selection of freshly cut fruit 



AVAILABLE DAILY
Fresh fruit, salad, yoghurt and water

 **Vegetarian**  **Vegan**  **Oily Fish**  **Fruity!**  **Wholegrain**  **Nutritionist's Choice**

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WEEK 3

W/C: 17/11/2025, 08/12/2025, 12/01/2026, 02/02/2026, 02/03/2026, 23/03/2026

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION 1	Beef Burgers served with potato wedges & salad	Chicken Tikka Masala	Roast Gammon with Mashed Potatoes and Gravy	Chicken and Broccoli Pasta Bake with Garlic Bread 🍷❤️	All Day Breakfast Scrambled eggs, baked beans, pork or quorn sausage and chips
	OR					
	OPTION 2	Veggie Burger served with potato wedges & salad 🌱	Roasted Cauliflower and Chickpea Masala 🌱	Vegetable Pastry Slice served with roast potatoes, gravy & vegetables 🌱	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱 🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱 🍷
	OR					
	OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱 🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱 🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱 🍷	Jacket Potato served with Beans or Cheese 🌱	Jacket potato served with beans or cheese or tuna mayo & salad
	OR					
HOT DISHES ARE SERVED WITH TWO VEGETABLES						
DESSERT		Chocolate Marble Cake 🍏	Strawberry Ice Cream	Lemon Cookie 🌱	Berry Blondie	Fruity Friday Selection of freshly cut fruit 🍏



AVAILABLE DAILY
Fresh fruit, salad, yoghurt and water

🌱 Vegetarian 🌱🌱 Vegan 🐟 Oily Fish 🍏 Fruity! 🍷 Wholegrain ❤️ Nutritionist's Choice

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