HOLY TRINITY CATHOLIC PRIMARY SCHOOL

Intimate Care and Toilet Training Policy

Revised: September 2026

Date of next review: To be reviewed annually

Signed: **Role**: Chair of Governing Body

Adopted by the Governing Body:

Policy Statement

At Holy Trinity Catholic Primary School, we are committed to ensuring that no child is excluded from full participation in our setting because they are not yet toilet trained or require nappies/pull-ups. We recognise that toilet training is an important self-care skill and support children to develop this at their own pace, with patience, encouragement, and without judgement.

We work in close partnership with parents and carers, and will always take into account medical or developmental reasons why toilet training may not yet be appropriate.

The Enhanced Provision has appropriate nappy changing facilities, and staff consistently follow safe hygiene practices.

Aims

- To support children to develop independence in self-care skills.
- To safeguard children's dignity, comfort, and wellbeing.
- To maintain the highest standards of hygiene and safeguarding during intimate care.
- To work in partnership with parents and carers.

Procedures

Personalised Care

- Each child requiring nappies/pull-ups has an individual changing plan and timetable.
- From around age two, children are encouraged to use pull-ups/trainer pants if they are ready and parents agree.
- Staff change children as needed to ensure comfort and wellbeing.

Environment and Equipment

- Changing areas are warm, safe, and private.
- Each child has their own supply of nappies, wipes, and personal care items, stored discreetly.
- A fresh paper towel is placed on the changing mat for every child.

Hygiene and Safety

- Staff wear gloves and aprons for each change.
- All staff are trained in, and follow, hygiene procedures.
- Nappies and pull-ups are disposed of hygienically:
    - Soiled contents are flushed down the toilet.

- Nappies/pull-ups are bagged and placed in the bin.
- Cloth nappies/trainer pants are rinsed, bagged, and returned to parents.

Promoting Independence

- Nappy changing is treated as a relaxed, positive interaction.
- Children are encouraged to take interest in the toilet, with visuals used to support understanding.
- Children are supported to wash their hands, with soap, towels, and visual prompts available.

Respect and Dignity

- Staff are gentle, sensitive, and respectful at all times.
- Negative comments or facial expressions regarding nappy contents are avoided.
- Children's dignity is prioritised.

Duty of Care

- Children must not be left in wet or soiled nappies/pull-ups.
- Failure to meet a child's personal care needs may constitute neglect and will be treated as a disciplinary matter.

First Aid in Intimate Areas

If a child requires first aid in an intimate area:

- Two members of staff must be present.
- An accident slip must be completed whether or not the child accepts treatment.
- Parents are contacted in line with the First Aid Policy (including calls for head bumps).
- For EAL families, a text will be provided in the home language where possible. Parents may be invited into school if they wish.
- The child's teacher will be informed and will share details with parents using the most appropriate communication method.

Monitoring and Review

This policy will be reviewed annually, or sooner if required.