Euxton Church of England Primary School

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In our Christian family, we all SHINE in the light of Jesus.

Dear Parent / Carer,

At Euxton Church of England Primary school we are committed to providing a high quality Personal, Social, Health and Economic (PSHE) education that supports wellbeing, safety and personal development of all children.
As part of the statutory curriculum, all primary schools are required to teach Relationships Education and Health Education alongside a broad programme of PSHE. These subjects help children develop the knowledge, skills and values they need to stay healthy, safe and prepared for life in modern Britain.
We recognise that some aspects of this curriculum may prompt questions from parents. We therefore believe it is important to share information openly about what children will learn at different stages of their education and to provide opportunities for parents to review and discuss our approach.
At Euxton C of E Primary School, topics are taught in an age appropriate, sensitive and inclusive manner, reflecting both statutory guidance and our school's christian vision and values. Our aim is to help children develop healthy relationships, understand how to keep themselves safe, recognise and manage their emotions, and build positive attitudes towards themselves and others.
To ensure your child gets the very best teaching in these areas we have chosen to use an award-winning resource called 1decision. 1decision is part of Headway Education and has been kitemarked by the PSHE association – the effective governing body for the subject in the UK – as being a quality assured product. As a school we are proud to say we will be using these resources and you may like to find out more about them by visiting their website: www.1decision.co.uk

Statutory guidance requires that schools ensure that the needs of all pupils are met and that they understand the importance of equality and respect. This includes teaching about different family structures, such as single parent families, LGBT parents and carers, adoptive parents, and foster carers. Schools also have a duty under the Equality Act 2010 to proactively address homophobic, transphobic, and biphobic (HTB - hate towards bisexuals) bullying.
In line with new guidance and as part of our commitment to safeguarding, curriculum updates include preparing children for life in a digital world, age-appropriate learning about online relationships, online safety, consent, personal boundaries, respectful behaviour, seeking help, and recognising unsafe situations. These themes are revisited progressively throughout a child's time in school.

Attached with this letter is a PSHE and Relationships Education curriculum overview which shows you the children's learning in different year groups and across the course of the year. It also includes aspects of our teaching of My Happy Mind, British Values, Protected Characteristics, Heart Smart and our Christian Values which are embedded within our curriculum. Reception is not included on the KS1 and KS2 overview as EYFS is a separate curriculum. In the EYFS curriculum, one of the prime areas is Personal, Social and Emotional Development and this is fundamental to supporting children's development in all areas of learning. Our Relationships Education curriculum is statutory for all pupils. Parents do not have the right to withdraw their child from Relationships or Health education. However, we value the role of parents as children's first educators and welcome any questions you may have about the curriculum or how topics are taught.

Please see below an overview of current Relationships education teaching across school:

Key Stage One

Children begin to learn about appropriate touch and how to keep themselves safe. In Year 1 or 2, pupils are taught the correct names for external genitalia, as this is a requirement of the national curriculum for science.
You can support us by using the correct terminology at home and reinforcing which areas of the body are private.
In school, we also use the NSPCC Talk PANTS resource, which you can access for free.
Throughout Key Stage 1, children also learn about healthy relationships, online safety, and how to respond to bullying through videos, quizzes, and other interactive activities.

Key Stage 2

Children will learn about puberty, which is now part of the statutory Health Education curriculum. Parents cannot withdraw children from this content. The guidance requires puberty to be taught before it begins, so children are prepared both physically and emotionally.

- Year 3: Naming body parts and developing emotional literacy around change
- Year 4: Introduction to puberty
- Year 5: More in-depth teaching
- Year 6: Consolidation of learning

All content will be taught in an age-appropriate way, tailored to the maturity and needs of each year group. 1decision provides an age-appropriate video to support this learning.

Relationships and Sex Education (RSE)

In primary schools, sex education is not compulsory, however, the Department for Education (DfE) strongly advises that schools continue to deliver some elements of sex education to ensure that children have the skills to develop positive and healthy relationships in adolescence, whilst also understanding how to keep themselves safe from harm. If you would like to view the DfE guidance, it is available on our school website. At Euxton C of E Primary School our current PSHE and Relationships Education does not include the specific teaching of human reproduction however the factual description of conception is taught within the KS2 Science curriculum which includes the reproduction in some plants and animals. Following the updated recommendations and statutory guidance from the DFE we would like to consult with parents to expand our teaching of sex education in line with DFE recommendations which would include content on conception and birth to cover human reproduction. As part of the consultation, school will share with parents anything that will be taught in sex education as well as offering parental support in talking to their children about sex education. Sex education is not compulsory in primary school and parents have the right to request withdrawal from sex education. The intention would be for this to be taught in Year 6, in preparation for the children who will transition to KS3 and be taught sex education in Year 7 as a compulsory part of their RSE curriculum.
Following the sharing of this updated curriculum information, parents will receive an online questionnaire to complete as part of our consultation of the proposed expansion of PSHE and RSHE provision.

Please read the information provided so that you are fully informed about this aspect of your child's PSHE education. The detailed PSHE policy can be found on the school website on the PSHE curriculum page.
Thankyou for taking the time to read this information and for your continued support in helping us provide children with the knowledge and understanding they need to thrive, stay safe and flourish.

Yours sincerely,
Ms Lucas (Reception Teacher & PSHE Lead)