



# Euxton Church of England Primary School

Bank Lane, Wigan Road, Euxton, Chorley, Lancashire, PR7 6JW

☎(01257)263454

Website: [www.euxtonceprimary.co.uk](http://www.euxtonceprimary.co.uk) e-mail: [head@euxton.lancs.sch.uk](mailto:head@euxton.lancs.sch.uk)

Headteacher: Mrs Mairi Ash



In our Christian family, we all **SHINE** in the light of Jesus.

Friday 30<sup>th</sup> January 2026

Dear Parents,

## **Euxton Superstars!**

Congratulations to this week's class Superstars:

Reception: Rohan

Year 1: Lucy

Year 2: Spencer

Year 4: Lily (poorly – will present next Friday)

Year 5: Toby

Year 6: Ted

Well done to you all!



## **Well Done Team!**

A massive well done to our Year 3 and 4 sports hall athletics team, who took part in their heat last night. Every child showed determination and perseverance in their individual events, as well as supporting the rest of the team in their events. Your hard work has helped us to qualify for the finals on 12<sup>th</sup> February. A letter will be sent out separately to parents of all children involved. Thank you to Mr Westwell and Mrs Jones for supporting the children at this event.



## **Y3 Hindu Trip**

On Wednesday, Year 3 visited the Hindu temple in Preston. They had a lovely time learning about the deities, how Hindus worship and looking around at the different shrines in the temple. The children also had the chance to try some meditation and some music, which are both parts of Hindu worship. The children were a credit to our school, listening respectfully throughout the tour and using their knowledge of Hinduism to answer lots of questions.

## **PTFA Sponsorship**

**LOOKING FOR  
SPONSORSHIP**

The PTFA are looking for £250 sponsorship for the Colour Run event which will take place in the Summer term. If you think you or your business would like to sponsor this fun event, please contact the PTFA via email [euxtoncofptfa@gmail.com](mailto:euxtoncofptfa@gmail.com). In return for the generosity, your business would be advertised and feature on all social media communications.

Thank you for your consideration.

### **PTFA Disco**

On **Thursday 12<sup>th</sup> February** the PTFA are holding a Big Heart Disco in school. Infants 3.30-4.30pm and Juniors 4.40-5.40pm. Tickets bought via QR code on poster at the end of newsletter/parent noticeboard and front door. £3.50 per child in advance/£4.00 on the door. All tickets include water or juice. Tuck shop will be available on the night. Reception parents are welcome to stay for the disco. At the end of each disco, parents from each year group will be called to come into the hall to collect your child.

### **PTFA Lucky Numbers Winner!**

Congratulations to Mrs Stybelski (William's mum) whose name was pulled out of the hat in Celebration Worship this morning. £20 is on it's way home!



### **Online safety**

Please find attached a guidance poster about mental health misinformation online.

### **SEND Roadshow Event**

Any family welcome to attend the SEND Roadshow Event who may want to find out more about support and services available for Children and Young People with Special Educational Needs. It takes place in Chorley on **Wednesday 4<sup>th</sup> Feb** (9:30am – 1pm at Inspire Youth Zone).

### **Dates ahead for this half term:**

**Tuesday 3<sup>rd</sup> February** – Y5 to St. Michael's CE High School to watch Chitty Chitty Bang Bang.

**Wednesday 4<sup>th</sup> February** – Y4 trip to Southport Synagogue

**Thursday 12<sup>th</sup> February** – Y2 Class worship for parents and grandparents, 9.10am in the school hall.

**Thursday 12<sup>th</sup> February** – PTFA Disco

**Monday 23<sup>rd</sup> and Tuesday 24<sup>th</sup> February** – Parents Evenings (3.40pm – 6.30pm). Appointments have gone live on the School Spider App.

### **Quality Sport Half Term Holiday Clubs**

St George's Primary School in Chorley is holding a holiday club during February half term – please see the flyer below for more information and how to book your child in.

### **Chorley SSP Half Term Holiday Clubs**

There will be two holiday clubs in February half term at Lancaster Lane and St Peters Primary School. HAF places for children who are benefit related school meals are available at both venues alongside a paid offer. All bookings need to be made via our website, [www.chorleyssp.co.uk](http://www.chorleyssp.co.uk) - Bookings are now live. Please find attached the posters for further information.

### **What's Your Story, Chorley?**

The amazing *What's Your Story, Chorley?* event is BACK for 2026!

Taking place throughout March, *What's Your Story, Chorley?* is a month-long celebration of storytelling and the people and places that make Chorley special.

As part of the programme, there will be a children's comic book competition.

Please see the attached poster for full details and the comic strip template. In brief, entrants are asked to:

- Create their own superhero
- Tell their story using a five-frame comic strip (they can use the template provided)

Winning entries will be displayed across Chorley Town Centre during the ComiCon weekend of *What's Your Story, Chorley?*

To enter, participants can either email their completed comic strip to [event@chorley.gov.uk](mailto:event@chorley.gov.uk) or post/drop it off at **Chorley Town Hall (Market Street, Chorley, PR7 1DP)** by **Saturday 28<sup>th</sup> February**.



Have a lovely weekend,

Mrs Mairi Ash  
Headteacher



Tuck Shop  
OPEN



# The Big Heart DISCO

Thursday 12<sup>th</sup> February



Infants | 3.30 – 4.30pm

Juniors | 4.40 – 5.40pm

Advance tickets  
**£3.50**

Love to  
Dance

Wear  
something  
you love

Throw kindness  
like confetti



Tickets on the door £4.00  
All tickets include juice / water

SCAN TO BOOK





# Lancashire **SEND** Roadshow

2025/2026

The roadshows are for families and practitioners to find out more about support and services available for Children and Young People with Special Educational Needs and Disabilities (SEND) and their parents and carers.

These Roadshows are happening across Lancashire bringing the SEND Local Offer to your area.

The SEND Local Offer brings together all services in Lancashire for children and young people aged 0-25 with SEND, and their families.





# What Parents & Educators Need to Know about MENTAL HEALTH MISINFORMATION ONLINE

## WHAT ARE THE RISKS?

A research study by Ofcom revealed that children aged 9–15 increasingly use online platforms like TikTok for mental health advice, with 50% relying on social media for information. Unverified medical content online is concerning, with the potential to cause confusion, anxiety, or incorrect self-diagnoses. This guide provides expert strategies to help parents and educators tackle misinformation effectively and ensure safer digital experiences for young people.

### POPULAR ONLINE SOURCES

Platforms like TikTok and Instagram are two of the main sources of young people's mental health content. Videos and posts frequently feature unqualified influencers, contributing to misinformation, myths, and oversimplifications. While appealing to young audiences, this unverified content can distort perceptions, and create unrealistic expectations and misunderstandings about mental health conditions.

### RISK OF SELF-DIAGNOSIS

Social media's misleading content encourages young people to self-diagnose complex mental health conditions inaccurately. Misdiagnosis can exacerbate anxiety, cause unnecessary worry, or delay essential professional intervention. This has the potential to escalate manageable conditions into more significant mental health issues requiring comprehensive clinical support.

### LACK OF FILTERS

Social media platforms struggle to filter misinformation effectively, allowing false content to spread widely and quickly. Without proper guidance, young viewers may not discern fact from fiction, potentially internalising inaccurate beliefs about mental health. This can negatively influence their decisions about seeking professional help or managing mental wellbeing.

### IMPACTFUL PAST TRENDS

Historically, online mental health misinformation has led to harmful trends, including inappropriate coping strategies or sensationalised symptoms. For example, past TikTok trends on self-harm or anxiety 'hacks' have spread damaging advice, underscoring the risk when misinformation is not promptly addressed or corrected by knowledgeable adults.

### MISLEADING CLINICAL TERMS

Online trends often include the misuse of clinical terms, such as 'trauma' or 'OCD', making serious conditions seem trivial or inaccurately understood. Such misinformation can diminish empathy, and lead young people to misunderstand mental health complexities, potentially preventing them from identifying real mental health issues in themselves or others.

### REPLACING PROFESSIONAL HELP

Frequent reliance on digital content can deter young people from seeking professional mental health care, substituting expert support with unverified online advice. This substitution can prolong issues, complicate recovery, and reduce the effectiveness of future professional interventions, ultimately impacting overall mental health and wellbeing negatively.

## Advice for Parents & Educators

### MONITOR ONLINE ENGAGEMENT

Regularly review and discuss a young person's online activity, providing appropriate guidance on discerning accurate content. Tools such as parental controls or co-viewing content can help mediate exposure to harmful misinformation, facilitating safer digital habits and informed critical thinking about mental health.

### SCHOOL-HOME COLLABORATION

Strengthen collaboration with educators to integrate digital literacy into the school curriculum, emphasising misinformation awareness. Jointly delivered education sessions on identifying and responding to misinformation can significantly improve pupils' ability to critically assess mental health content, supporting their mental wellbeing effectively both online and offline.

### IDENTIFY RELIABLE SOURCES

Teach young people to critically evaluate mental health content by checking credentials, source authenticity, and evidence-based information. Encourage them to refer to trusted medical or educational platforms and to consult healthcare professionals for clarification. This reduces young people's reliance on potentially harmful or misleading online sources.

### ENCOURAGE OPEN DIALOGUE

Foster a non-judgemental environment where young people feel comfortable discussing online content. Regularly talking about their online experiences and perceived mental health concerns helps clarify misunderstandings, mitigates misinformation, and builds trust, thereby enhancing their resilience and digital literacy. Model situations where you have sought advice from accurate sources and not solely relied on social media for health advice.

### Meet Our Expert

Anna Bateman is Director of Halcyon Education Ltd, Director for Wellbeing and Family Services at Leigh Trust, and lead expert for mental health at The National College. Anna specialises in strategic mental health solutions for schools, supporting educators and families to improve resilience, emotional literacy, and overall wellbeing for children across the UK.



The National College



# CHORLEY FEBRUARY HALF TERM SPORTS HOLIDAY CLUB!



Fun Activities for children aged 4-12 years

**16-20  
FEB  
2026**

**LOCATION: ST GEORGE'S PRIMARY  
SCHOOL, CARR LANE, PR7 3JU**

**TIMES: 8:30am - 5:30pm  
9am-1pm OR 12pm-4pm (Funded Session)**

**BOOKING  
IS NOW  
OPEN!**

**COUNCIL FUNDED PLACES ARE  
AVAILABLE TO BOOK AT THIS SITE!**

**BOOK ONLINE TODAY AT:**

 [www.qualitysport.co.uk](http://www.qualitysport.co.uk)  | 

**BOOK NOW TO AVOID  
DISAPPOINTMENT!**



  
Department  
for Education

  
Ofsted  
raising standards  
improving lives

**Contact Us:**

**T: 07507579852**

**E: [info@qualitysport.co.uk](mailto:info@qualitysport.co.uk)**



**Quality Sport Holiday Clubs** are a professional holiday club provider serving Greater Manchester and Lancashire. We have been running successful holiday clubs for over 15 years and are extremely passionate about childcare, physical education and the development of children.

**Rest assured that our OFSTED registered clubs are led by fully qualified, enhanced DBS checked, paediatric first aid and safeguarding trained professionals.**



## Some of Our Activities:

- ✓ **Gymnastics**
- ✓ **Airtrack**
- ✓ **Football**
- ✓ **Rugby**
- ✓ **Dodgeball**
- ✓ **Hockey**
- ✓ **Athletics**
- ✓ **Nerf Battles**
- ✓ **Inflatable Football Darts**
- ✓ **Talent Show Performances**
- ✓ **Tennis**
- ✓ **Basketball**
- ✓ **Arts & Crafts**
- ✓ **Baking**
- ✓ **QFIT**
- ✓ **Rounders**
- ✓ **Table Tennis**



## PRICES

<b>Full Day (8:30am-5:30pm)</b>	<b>£28</b>
<b>Activity Day (10am-4pm)</b>	<b>£22</b>
<b>Activity Day &amp; Breakfast Club (8:30am-4pm)</b>	<b>£26</b>
<b>Activity Day &amp; Chill Out Club (10am-5:30pm)</b>	<b>£26</b>

We offer sibling discount which is automatically applied when booking. We accept child care vouchers & tax free childcare. Receipts can also be provided to claim fees back through universal credit too.

We have a convenient online booking system where parents can have access 24/7 and pay by card or childcare vouchers. To pay by childcare vouchers, simply click 'pay by childcare vouchers' on check out then a member of staff will be in touch to arrange payment with your relevant voucher company.



# COMIC STRIP COMPETITION

WHAT'S  
YOUR STORY,  
CHORLEY?

Create your own superhero and tell us their story in a five-frame comic book strip, using the template provided.

The winning entries will be displayed throughout the town during the Comicon weekend of **What's Your Story, Chorley?**

#### How to enter:

Email your entry to [events@chorley.gov.uk](mailto:events@chorley.gov.uk) or post them to Chorley Town Hall, Market Street, Chorley, PR7 1DP with a cover letter that includes your name, age, email and phone number.

Deadline for entries:  
Saturday 28 February 2026

for more details visit [checkoutchorley.com](http://checkoutchorley.com)

Funded by  
UK Government

In partnership with  
**LANCASHIRE**  
Combined County  
Authority

ebb&flow  
Lancashire

CHORLEY  
THEATRE

Lancashire  
County Council

The best of events

CHECK OUT  
CHORLEY

Chorley  
Council

**CHORLEY**  
SCHOOL SPORTS PARTNERSHIP

# FEBRUARY SPORTS CAMP

16<sup>TH</sup>- 19<sup>TH</sup> FEBRUARY

Ages  
5-11

BOOK ONLINE AT:  
[www.chorleyssp.co.uk](http://www.chorleyssp.co.uk)

£22 A DAY OR  
£80 ALL FOUR DAYS

10AM  
-2PM  
PAID

10AM-  
2PM  
HAF

Making it  
happen in  
Chorley

LANCASTER LANE  
PRIMARY SCHOOL  
Hunters Road PR25 5TT

01257 824798  
j.milner@chorleyssp.co.uk



FREE HAF PLACES FOR ELIGIBLE FAMILIES  
PLEASE USE SCHOOL ISSUED CODE ON BOOKING

**CHORLEY**  
SCHOOL SPORTS PARTNERSHIP

# FEBRUARY SPORTS CAMP

16<sup>TH</sup>- 18<sup>TH</sup> FEBRUARY

Ages  
5-11

BOOK ONLINE AT:  
[www.chorleyssp.co.uk](http://www.chorleyssp.co.uk)

£22 A DAY OR  
£60 ALL THREE DAYS

10AM  
-2PM  
PAID

10AM-  
2PM  
HAF

Making it  
happen in  
Chorley

CHORLEY ST PETER'S  
C.E. PRIMARY SCHOOL  
Eaves Lane PR6 0DX

01257 824798  
j.milner@chorleyssp.co.uk



FREE HAF PLACES FOR ELIGIBLE FAMILIES  
PLEASE USE SCHOOL ISSUED CODE ON BOOKING