



Euxton Church of England Primary School

Bank Lane, Wigan Road, Euxton, Chorley, Lancashire, PR7 6JW

• (01257)263454

Website: www.euxtonceprimary.co.uk e-mail: head@euxton.lancs.sch.uk

Headteacher: Mrs Mairi Ash

In our Christian family, we all **SHINE** in the light of Jesus.

Friday 16th January 2026

Dear Parents,

Euxton Superstars!

Congratulations to this week's class Superstars:

Reception: Annie

Year 1: Jessica

Year 2: Wilbur

Year 3: Daya

Year 4: Harrison

Year 5: Jacob

Year 6: Elliott

Well done to you all!

Welcome New Staff in School

This term we have welcomed four new members of staff – Mrs Lago and Miss Killingbeck as Teaching Assistants in the classrooms and OSC, Miss Wong as a Welfare Assistant and OSC Assistant and Miss Haydock who is working as the class teacher in Y4 on Thursdays and Fridays. Welcome to Euxton CE all of you.

Hinduism and Sikhism Workshops

Thank you to Prags Birk for leading some wonderful creative workshops this week based around Hinduism and Sikhism. The children thoroughly enjoyed taking part in traditional dancing and delicious cooking sessions. A gallery of photos can be seen on the school website.

Living Waters Storehouse Foodbank



The Living Waters Box was emptied before the Christmas break so is now ready for re-filling. If you would like to donate throughout the year, please just drop off any non-perishable goods in the box in the main entrance. Thank you so much for all your donations.

Derian House Christmas Beanies

Thank you so much to everyone who bought one of the Christmas Beanies supporting Derian House last term. **£68.50** was raised and all proceeds have gone to Derian House. Thank you!

Playground Project

You may have seen that work started this week for our exciting new play equipment on the astro turf area. We look forward to seeing the children play and explore this new area of our playground when it is finished. Thank you for your patience and co-operation as we work to enhance our outdoor spaces for all children.

To ensure everyone's safety and to support a smooth and safe start and end to each school day, we kindly ask parents/grandparents to closely supervise their children while on the school site. Please do not allow children to play with school equipment before or after school.

PTFA Break the Rules Day

For one day only, on Wednesday 21st January, the children are invited to break 'some' school rules! Please see poster below for ideas on how to take part in this fun PTFA event. A **£2.00** donation can be brought into school if your child would like to join in. This is always such a fun day in school.

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myHappymind



Last term, we introduced a wellbeing programme to all year groups at school called myHappymind to help children to understand how their brain works and to support them in developing positive skills and habits to be their very best selves!

To further embed this learning, myHappymind has developed a Parent App. These resources can be accessed online on your computer, or through an app on your phone. The Parent App will support you as a parent in understanding what your child is learning, activities for you to do together at home and also a Kids Zone featuring myHappymind Games plus much more! To access these materials just go to <https://myhappymind.org/parent-resources> to create your free account or simply scan the QR code (see poster below) to sign up. You will need to enter your name, email, and authentication code. The authentication code can be found on a sticker in your child's reading diary. If you have any questions about myHappymind, please contact your class teacher. We really encourage you to make use of this free content so that you can support your child in getting the best out of the curriculum. Thank you for your support.



Online safety

Please find attached a guidance poster about digital devices and wellbeing.

Dates ahead for this half term:

Monday 19th January – Y6 SATs & Robinwood Residential information meeting for parents in the Y6 classroom at 5.30pm.

Wednesday 21st January – PTFA Break the Rules Day (see flyer attached).

Tuesday 3rd February – Y5 to St. Michael's CE High School to watch Chitty Chitty Bang Bang.

Thursday 12th February – Y2 Class worship for parents and grandparents, 9.10am in the school hall.

Thursday 12th February – PTFA Disco (more details in next week's newsletter).

Monday 23rd February – Parents Evening (more details to follow).

Tuesday 24th February – Parents Evening (more details to follow).

SEND Roadshow Event

Any family welcome to attend the SEND Roadshow Event who may want to find out more about support and services available for Children and Young People with Special Educational Needs. It takes place in Chorley on Wednesday 4th Feb (9:30am – 1pm at Inspire Youth Zone).

The Football Development Programme

Matt Walsh is running a half term football course at our school during the February half term break. Please see the flyer attached for more information and booking details.

Little Lions Multi-Sports Holiday Club

Please see the flyer below with details of the holiday club during half term. Click this link to book <https://pbbl.uk/48EM7kk> or email adam@littlelions.co.uk for more information.

First Kick Football

A new 12-week football course starting in Southlands High School sports hall on Thursday 29th January for YR-Y6. For more details and/or to book please view their website www.firstkick.co.uk or contact Daniel of 01772 428086/07514 316534. We have a voucher in the office giving a free taster of the 12-week course – first come, first served, please email Mrs Hodges if your child is interested.

Drama Kids

Please see the flyer below with details on how to book onto sessions with Drama Kids.

Wildwood Warriors

Please see a flyer below for Wildwood Warriors taking place at Wildwood Days in Brinscall on Saturday 31st January 10am to 12 noon.

Have a lovely weekend,

Mrs Mairi Ash
Headteacher

What Parents & Educators Need to Know about DIGITAL DEVICES & WELLBEING

Children aged 7 to 14 now spend roughly 3 to 5 hours a day on phones, tablets, consoles, and computers. That much screen time has parents and educators worried – not just about the hours logged, but about online safety and the knock-on effects on mental health. This guide brings together practical, expert-backed strategies so adults can nurture healthier digital habits and help young people thrive both on and offline.

WHAT ARE THE RISKS?

SLEEP DISRUPTION

Excessive screen time, especially before bed, can interfere with melatonin production and delay sleep onset. Children may struggle to concentrate or regulate emotions due to poor sleep hygiene linked to late-night device use.

ONLINE PEER PRESSURE

Social media platforms expose children to unrealistic standards and peer validation loops. Likes, comments, and follower counts can influence self-worth and lead to anxiety or risky behaviour to gain approval.

CYBERBULLYING EXPOSURE

Children may encounter bullying through messaging apps, games, or social media. This can be persistent and anonymous, making it harder to detect. Victims often feel isolated and reluctant to report incidents.

REDUCED PHYSICAL ACTIVITY

Time spent on screens often replaces outdoor play and physical activity. This sedentary lifestyle can contribute to obesity, poor posture, and reduced cardiovascular health.

EMOTIONAL DYSREGULATION

Fast-paced digital content can overstimulate young brains. Children may become irritable, impatient, or struggle with boredom and emotional control when not engaged with screens.

PRIVACY AND SAFETY RISKS

Children may unknowingly share personal information or interact with strangers online. Without guidance, they may not understand the long-term consequences of digital footprints or unsafe online behaviour.

Advice for Parents & Educators

SET CLEAR BOUNDARIES

Establish screen-time limits and device-free zones, e.g. classrooms and dinner tables. Use parental controls and co-create a digital use agreement with children to encourage accountability. Trying a visual schedule or timer app can help children understand and stick to limits.



ENCOURAGE OPEN DIALOGUE

Create a safe space for children to talk about their online experiences. Ask open-ended questions like, "What did you enjoy online today?" to build trust and awareness. Try setting aside 10 minutes each day for a digital check-in where children can share what they've seen or done online.



MODEL HEALTHY HABITS

Children mirror adult behaviour. Demonstrate balanced device use, take regular screen breaks, and prioritise face-to-face interactions to reinforce positive behaviours. Making a habit of putting your phone away during meals and conversations can show that real-life interactions come first.



PROMOTE DIGITAL LITERACY

Teach children how to evaluate online content, recognise misinformation, and understand privacy settings. Empower them to think critically and act responsibly in digital spaces. You could use real-life examples from the news or social media to help children practise spotting fake information.



Meet Our Expert

Adam Gillett is Associate Vice Principal for Personal Development at Penistone Grammar School and works on secondment one day a week for Minds Ahead, which works with schools on improving their mental health provision.



#WakeUp
Wednesday®

The
National
College®

X @wake_up_weds

f /wuw.thenationalcollege

Instagram @wake.up.wednesday

TikTok @wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 14.01.2026

BREAK THE RULES

Break these
rules

School Rules

- Healthy snacks only
- No snacks during class
- No juice in water bottles
- Tidy hair
- Uniform to be worn neatly
- Black school shoes
- No temporary tattoos
- No nail varnish / make up
- No cuddly toys in school

Wednesday 21st January



Important Notice

Anyone participating
in this event by
breaking any of the
above School Rules
will be fined

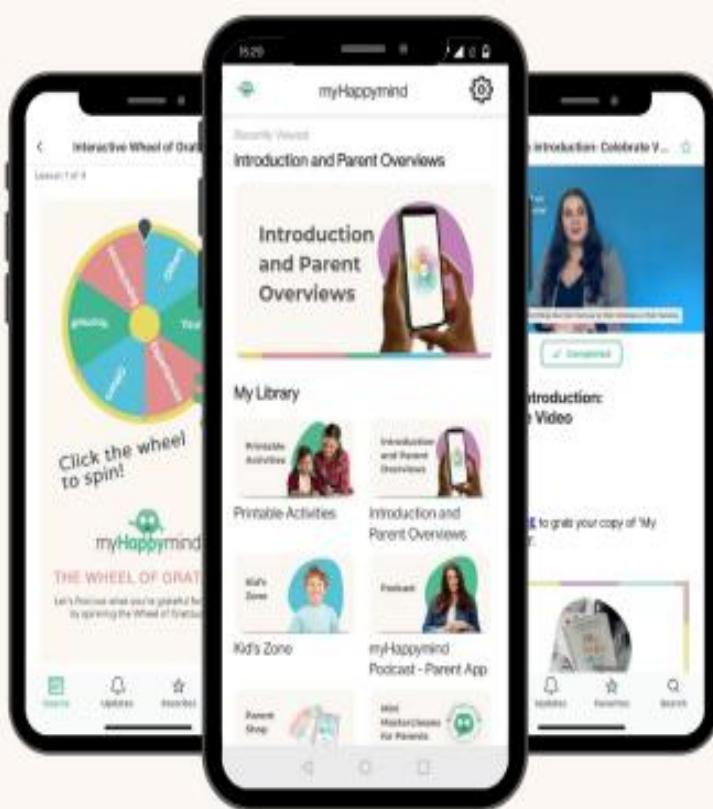
£2.00

Break time
tuck shop open





Download your FREE myHappymind Parent App

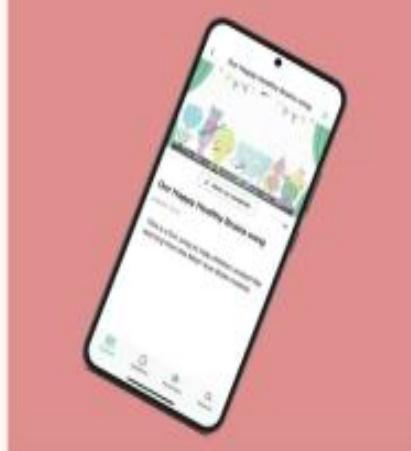


...An online resource to support you and your family to learn more about how you can use myHappymind to support your child.



myHappymind for Parents

Exclusively for parents with children at a myHappymind School or Nursery.



Learn all about what your children are learning in school



Lancashire **SEND** Roadshow

2025/2026

The roadshows are for families and practitioners to find out more about support and services available for Children and Young People with Special Educational Needs and Disabilities (SEND) and their parents and carers.

These Roadshows are happening across Lancashire bringing the SEND Local Offer to your area.

The SEND Local Offer brings together all services in Lancashire for children and young people aged 0-25 with SEND, and their families.



NHS

LANCASHIRE
FAMILY HUB
NETWORK

Lancashire
SEND
Partnership

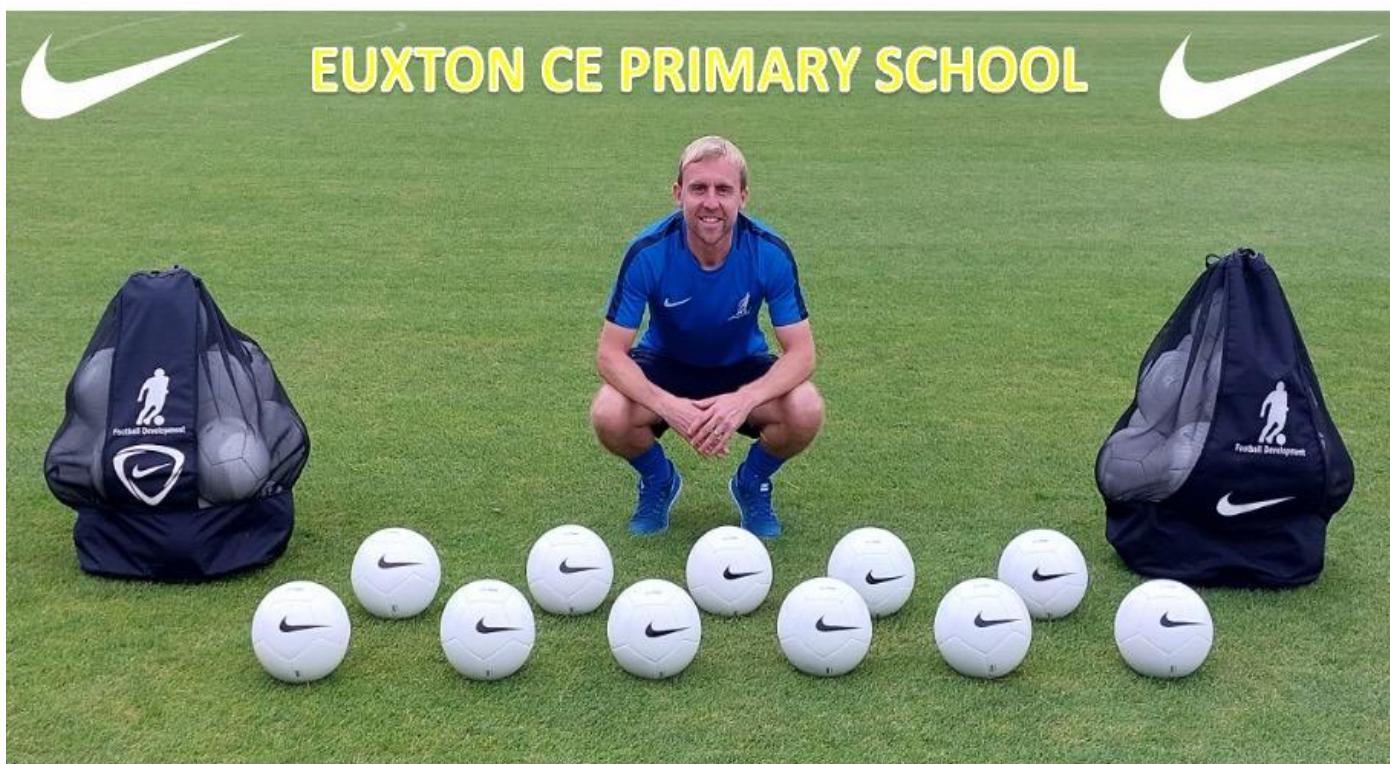
Together
we can!!!
Local Offer Local Offer

Lancashire
County
Council



Football, Numeracy and Healthy Eating in Lancashire

EUXTON CE PRIMARY SCHOOL



FEBRUARY Half Term Football Course 2026



Monday 16th – Friday 20th February 2026

9am – 3pm each day

Boys and Girls aged from 5 - 12

£65.00 for the week

* Courses run by UEFA 'A' & 'B' Licence Coaches *



BOOK ONLINE by visiting www.thefootballdevelopmentprogramme.co.uk



Children will take part in a variety of practices that involve:
Dribbling, Running with the Ball, 1 v 1's, 2 v 2's, Turns & Skills
as well lots of Shooting and Small Sided Games



Football Development Gym Bag for all who attend
Nike Prizes and Engraved Trophies to be won on the final day



BOOK ONLINE NOW





Formerly Helen O'Grady
Drama Academy.
New name, new logo,
same GREAT programme.

NOW ENROLLING



From childhood upwards, we all need to have self-confidence and emotional intelligence to convey our thoughts and feelings, express our opinions politely and confidently, to have a voice in the classroom or workplace, and know how to establish positive relationships with other people. These life skills give us the freedom to develop to our full potential and have self-confidence in our own abilities.

In 1979, Helen O'Grady, a trained teacher and actress, recognised the benefits of drama and role-play in building self-confidence, developing communication skills and encouraging social interaction. 44 years later, the international Drama Kids academy is still delivering this vision around the globe through an expertly structured and professionally written drama curriculum. Students will have the opportunity to be a variety of characters in our whole class improvisations and other diverse roles will be played out in our mini-scripts and devised improvisations.

Bring your child along to a FREE trial class to see how the programme works!

Our specially written curriculum ensures our students have a fun-filled drama lesson every week whilst we aim to:

- * Develop skills in verbal communication and social interaction
- * Build ongoing confidence and self-esteem
- * Encourage enthusiasm, energy and a positive approach to life

Classes are aimed at children age 4 to 10 Years (Primary) and 11 to 17 Years (Youth Theatre)

CONTACT US

Wigan and Chorley Classes

preston@dramakids.co.uk

Tel: 07813 865 482

Fees: £31.00 per month

LITTLE LIONS

FEBRUARY HOLIDAY CLUB

MULTI-SPORTS



CHORLEY - BUCKSHAW PRIMARY SCHOOL

FEBRUARY

MON 16TH - FRI 20TH

8.30AM - 3.30PM

EARLY DROP OFF / LATE PICK UP OPTION (7.30AM-4.30PM)



BOOK YOUR
PLACE NOW!

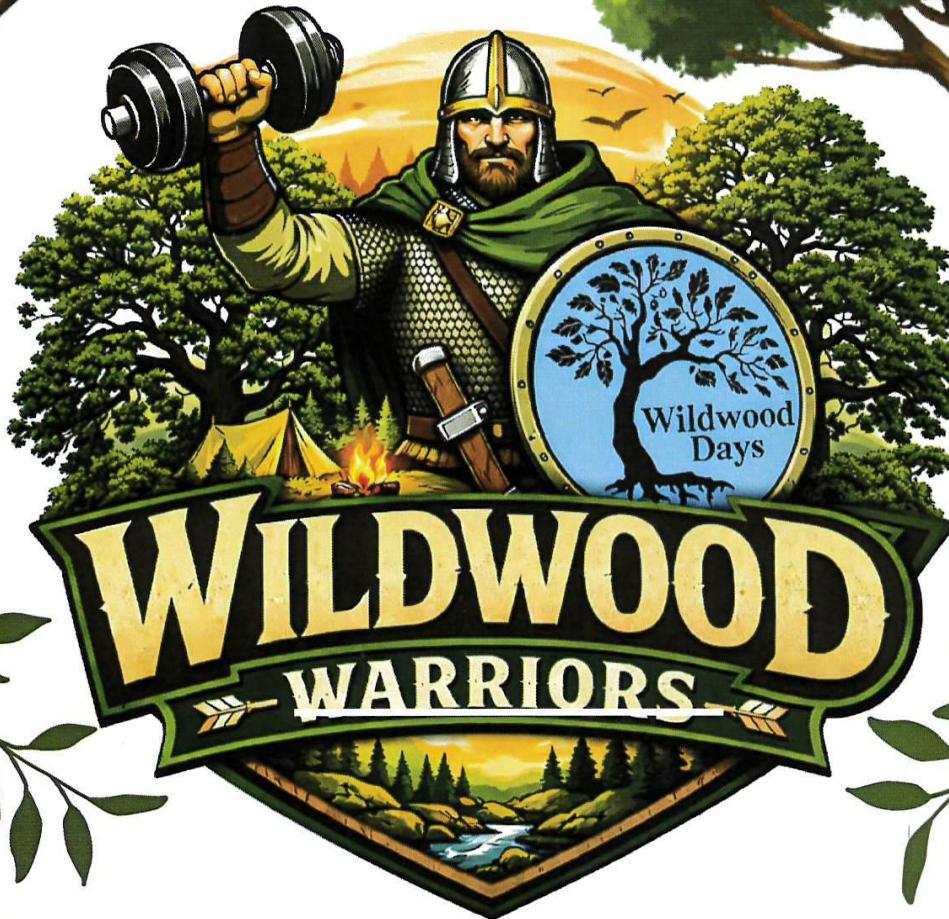
✉️ ADAM@LITTLELIONS.CO.UK

📞 0800 368 8045

WWW.LITTLELIONS.CO.UK



Wildwood Days, Lodge Bank, Brinscall, PR6 8QU



FAMILY FOREST FITNESS EVENT!

Challenges to put your strength, stamina and skills to the test, all while having fun together outdoors!

Tug of war, hang tough, hill-sprint and much more!

Refreshments included

Parent and child (8+) teams



Date: Saturday 31st January 2026

Time: 10am-12pm

£15 per team

For more information visit: <https://wildwooddays.co.uk/event/wildwood-warriors/>

Questions and queries to: info@wildwooddays.co.uk

SCAN FOR TICKETS

