

Curriculum Map Overview

Academic Year: 2026-2027



Year Group	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Foundation	Hands 1 Ball Skills Hands 1 Feet Ball Skills Feet	Gymnastics High, Low, Over, Under Dance Ourselves	Rackets, Bats and Balls Rackets, Bats, Balls and Balloons Gymnastics Moving	Dance Dinosaurs Learning through Play Playing through games	Locomotion Jumping Health and Wellbeing Health and Wellbeing	Hands 2 Ball Skills Hands 2 Attack v Defence Games For Understanding
Year 1	Hands 1 Ball Skills Hands 1 Feet Ball Skills Feet	Gymnastics Wide, Narrow, Curled Dance Heroes	Rackets, Bats and Balls Rackets, Bats and Balls Gymnastics Body Parts	Dance The Zoo Learning through Play Playing Games	Jumping Jumping Health and Wellbeing Health and Wellbeing	Hands 2 Ball Skills Hands 2 Attack v Defence Games For Understanding
Year 2	Attack v Defence Games For Understanding Team Building Team Building	Gymnastics Pathways Dance Water	Rackets, Bats and Balls Rackets, Bats and Balls Gymnastics Linking	Dance Explorers Locomotion Dodging	Athletics Athletics: Throwing & Jumping Sticks Ball Skills Sticks	Hands 2 Ball Skills Hands 2 Learning through Play Creating Games
Year 3	Invasion Netball Outdoor Adventure Activities Challenging Collaboration	Gymnastics Canon and Unison Dance Weather	Net/Wall Tennis Gymnastics Symmetry & Asymmetry	Dance Wild Animals Invasion Hockey	Athletics Athletics Swimming Swimming	Striking & Fielding Cricket Striking & Fielding Rounders

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Year 4	Invasion Netball	Gymnastics Levels and Direction	Net/Wall Tennis	Dance Space	Athletics Athletics	Striking & Fielding Cricket
	Swimming Swimming	Dance Cats	Gymnastics Bridges	Invasion Hockey	Outdoor Adventure Activities Communication & Tactics	Striking & Fielding Rounders
Year 5	Invasion Netball	Gymnastics Counter Balance & Counter Tension	Net/Wall Tennis	Dance The Circus	Athletics Athletics	Striking & Fielding Cricket
	Dance Street Art	Invasion Dodgeball	Gymnastics Flight	Invasion Hockey	Outdoor Adventure Activities Orienteering	Striking & Fielding Rounders
Year 6	Invasion Netball	Gymnastics Creating Sequences	Net/Wall Tennis	Dance Titanic	Athletics Athletics	Striking & Fielding Cricket
	Swimming Swimming	Outdoor Adventure Activities Problem Solving	Gymnastics Matching & Mirroring	Invasion Hockey	Striking & Fielding Rounders	Dance Carnival