



PSHE overview 2026- 2027



Enrichment

Nursery	• Marvellous me topic – What I like • Colour monster theme • Forest school			• Hello Yellow • Anti-bullying week activities
EYFS	• Zones of regulation • Magical me- Families, likes and dislikes • Feelings corner	• Role -play corner • Continuous provision • First Aid Area • Oral hygiene • Forest school		• Hello Yellow • Anti-bullying week activities • Mini-First Aid Sessions • NSPCC Pantosaurus • Forest school
Year 1	• All around us	• Feelings and Special people • Staying safe	• Healthy me • Money Matters	• Hello Yellow • Mini – First Aid • NSPCC Pantosaurus • Forest school
Year 2	• Healthy bodies • Feeling included	• Healthy minds • Different types of families	• Social responsibility • Consent	• Hello Yellow • Mini – First Aid • Forest school
Year 3	• What I like • Stereotypes	• Celebrating achievements and being resilient • Being part of a community	• Exercise • Safety online	• Hello Yellow • Mental Health workshop • Anti-bullying Signing Choir • Forest school
First Aid	Calling for help	Head injuries	Bites and stings	
Year 4	• Human rights • Falling out and making up	• Respect • Emergency situations	• Nutrition and dental health • Money matters	• Hello Yellow • Mental Health workshop • Anti-bullying Signing Choir • Pride – The story of Harvey Milk • Forest school
First Aid	Calling for help	Head injuries	Asthma	
Year 5	• Loss and bereavement • Changes in friendships	• Body image • Fake news	• Life in plastic • Consent	• Hello Yellow • Mental Health workshop • Anti-bullying Signing Choir • Well-being warriors • NSPCC – keeping safe talk • Rocket Resilience training • Forest school
First Aid	Calling for help	Head injuries	Bleeding	
Year 6	• Anti-social behaviour and role of the police • E-safety and social media	• Mental and emotional health • Drugs and alcohol	• Global and sustainable development goals	• Hello Yellow • Mental Health workshop • Anti-bullying Signing Choir

First Aid	Calling for help	Head injuries	Choking	• Well-being warriors • Police visit • Forest school
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