



St Austin's PE Overview

2025 - 2026



Nursery	Fundamental games Ability/balance/co-ordination through invasion (team) games, ball games and throwing and catching	Gymnastics Dance	Athletics OAA striking and fielding net and wall.
Reception	Fundamental games Ability/balance/co-ordination through invasion (team) games, ball games and throwing and catching	Gymnastics Dance	Athletics OAA striking and fielding net and wall.
Year 1	Fundamental games Ability/balance/co-ordination through invasion (team) games, ball games and throwing and catching	Gymnastics Dance	Athletics OAA striking and fielding net and wall.
Year 2	Fundamental games Ability/balance/co-ordination through invasion (team) games, ball games and throwing and catching	Gymnastics Dance	Athletics OAA striking and fielding net and wall.
Year 3	Invasion games/dodgeball Invasion games/football	Gymnastics Dance	Athletics OAA striking and fielding net and wall.

Year 4	Invasion games/dodgeball	Gymnastics	Athletics
	Invasion games/basketball	Dance	OAA striking and fielding net and wall.
	Swimming		
Year 5	Invasion games/dodgeball	Gymnastics	Athletics
	Invasion games/hockey	Dance	OAA striking and fielding net and wall.
Year 6	Invasion games/dodgeball	Gymnastics	Athletics
	Invasion games/tag rugby	Dance	Swimming OAA striking and fielding net and wall.