



Eccleston St Mary's
C of E Primary School

Newsletter 1 | 4th September 2026

SCHOOL NEWS

Our Motto:
Believe & Achieve

Our Mission Statement:
Through Jesus we love, learn and grow

PRAYER

A Prayer for the New School Year

Dear God,
Thank You for a new school year and for all the opportunities ahead of us.
Please bless our teachers, our families, and all the children in our school. Help us to learn new things, to try our best, and to be kind and helpful to one another.
Give us courage when things are difficult, patience when we make mistakes, and joy as we grow and learn together.
Help us to make good choices and to remember that You are always with us.
May this school year be filled with friendship, happiness, learning, love – AND MAGIC!
Amen.

Welcome
BACK
 **TO** 
SCHOOL

Please click to find out more
about our school

[Facebook](#)

"I came to give life—life in all its
fullness."

John 10:10

Little Explorers

Little Explorers have all settled really well into preschool this week. They have made new friends, enjoyed exploring their new environment and even had their first PE session, where they had fun playing some parachute games!



Reception Class

Reception Class have had a great first week at school. We've enjoyed exploring our classroom and our outdoor area, whilst making new friends. We can't wait to do it all again next week!



New School Library

When you come in to look at your child's classroom on Monday, why not pop in to have a look at our newly-refurbished Library (the old Hive!)

Many thanks to the Peter Lathom Charity, whose initial donation made this all possible; to Mr Latham and Mr Matthew for their hard work in decorating and building bookcases; to Lucy Allen for her design ideas and kind donations; and to the PTFA for additional funding to allow us to complete the project.

We hope this will be a warm, welcoming and inviting space for the children to choose and enjoy books for many years to come.



Attendance-100%

When reviewing our attendance data for the last school year, we were delighted to discover that 7 children had not missed a single day of school between September and July.

Two of these have now moved on to high school (well done, Saoirse and Ella!) but we wanted to reward those who are still with us for achieving this wonderful feat. Therefore, they were each awarded a 100% badge in assembly this afternoon, which they can wear with pride throughout the year.

A huge well done to all of you!



Upcoming Dates

Monday 7th September	3.30-4.00pm	Open Classroom (Please join us)
Tuesday 8th September	11.45am	Y3/4 Brass Demo
Wednesday 16th September	1-3.20pm	Rock Steady Music
Tuesday 22nd September	9.00am	Open the Book
Thursday 1st October	TBC	Harvest in Church
Thursday 1st October	4.30-6.30pm	Open Evening
Monday 19th October	2.00-7.00pm	Parents' Evening

Letters Home

Whole School welcome Back—Letter

Sports and Social Clubs

Please check back for other clubs starting soon!

Thursday	Spanish Club	8.00-8.45am
Friday	Brass Club	3.20-4.15pm

Jellybeans

Jellybeans sessions for under 4s

9am to 10am

at Eccleston St. Marys CE Primary School

Every Thursday during term time

Sessions led by our Nursery and Reception teaching staff

£2 per family

Refreshments will be served

Please share this information with other families in the village.

stories

songs

At the National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. For further guides, hints and tips, please visit nationalcollege.co.uk.

Top Tips for SUPPORTING CHILDREN'S RETURN TO ROUTINE

Returning to school after the holidays can be challenging for some children and young people, and both families and education settings can play an important role in helping them adjust. Consistent routines, clear expectations, and supportive communication can support children and young people's wellbeing, self-regulation, and academic success. These practical tips can help make the transition back to school feel more manageable.

- 1 START EARLY**
Gradually reintroduce school-day sleep, meal, and wake-up routines around a week before term begins. In education settings, familiar routines and expectations can also be introduced from the start of term to help pupils settle back in. A gradual and predictable approach can make the transition feel less abrupt and give children and young people the time they need to readjust to the structure of school life.
- 2 REBUILD ROUTINES TOGETHER**
Involve the children and young people in your care in the rebuilding of familiar routines at home and in education settings. Having a say in their daily schedule can increase predictability for them and give them a greater sense of control. This might include discussing morning routines at home or reviewing classroom timetables, expectations, and activities together at the beginning of the school day.
- 3 ENCOURAGE RESPONSIBILITY**
Giving children and young people age-appropriate responsibilities can help foster their autonomy and engagement. For younger children at home, this might include getting dressed independently or checking their school bag. In education settings, children and young people could organise their learning materials, complete simple classroom tasks, or follow a familiar morning routine. These manageable responsibilities can help them feel more involved in the school day while developing useful skills.
- 4 RECONNECT WITH PEERS**
Re-establishing friendships can help children and young people feel more confident and connected when they return to school. Families might arrange opportunities for their children to speak to or spend time with school friends, while educators can use group activities, 'buddy' systems, or collaborative tasks to help rebuild classroom connections.
- 5 SUPPORT HEALTHY NUTRITION**
Regular, balanced meals, particularly at breakfast, are linked to improved concentration, behaviour, and academic outcomes. Families can gradually return to familiar school-day mealtimes, while education settings can reinforce healthy eating routines at the start of term and signpost breakfast provision where available. Consistent access to food can help support children and young people's energy levels and concentration throughout the day.
- 6 COMMUNICATE OPENLY**
Talk to the children and young people in your care about how they feel about the return to school and give them the opportunity to share any worries or questions. Anxiety around going back to school, particularly when starting a new year group, can be common, and children and young people may benefit from your reassurance and support. Parents and educators can all help with this by listening calmly to concerns and questions, and sharing relevant information with one another where appropriate.
- 7 RECONNECT WITH LEARNING AND PEERS**
Light educational activities before term begins can help children become familiar with learning routines again without creating any unnecessary pressure on them. In school, low-pressure recap activities and familiar tasks from the previous year group can serve a similar purpose during the first few days back. Reinforcing positive and achievable goals can help rebuild children's concentration, confidence, and academic motivation as they settle back into their usual routines.
- 8 PRIORITISE SLEEP**
Ensure the children and young people in your care get age-appropriate sleep and begin returning to their usual bedtime habits before term starts. Bedtime routines used before bedtime may also support better sleep quality. Educators can also be mindful that children may temporarily affect their concentration, behaviour, and emotional regulation as they readjust to school routines.
- 9 PREPARE AHEAD**
Organising uniforms, bags, lunches, and other school essentials in advance can reduce necessary stress when school mornings begin again. Educators can also help by preparing plans, or behaviour expectations, giving children clear information about what to expect ahead of time can make the return feel more familiar and help build up their confidence and independence.
- 10 BE PATIENT AND FLEXIBLE**
Children adjust to changes in their routines at different rates, so your patience and flexibility can be important during the first days and weeks back. Some may settle quickly, while others need longer to adjust to earlier mornings, classroom expectations, or busy schedules. Parents and educators can support children and young people's readjustment by maintaining consistent routines, all the while recognising that concentration, behaviour, or confidence may temporarily look different for them.

Meet Our Expert
Adam Gillett is Associate Vice Principal for Personal Development at Redstone Grammar School, and a business development specialist for Minds Ahead, which works with schools to improve their mental health provision.

#WakeUpWednesday The National College

See full reference list on our website

Twitter: @wake_up_weds Facebook: /www.thenationalcollege Instagram: @wakeup.wednesday TikTok: @wakeup.weds

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native/fluent & DBS checked teacher

Hola Bonjour Hello

FUN Languages

FUN SPANISH CLUB!

LEARN WHILE HAVING FUN & TRY THE CLUB WITH OUR TASTER SESSION!

world culture • crafts

games • songs • stories

AT ECCLESTON ST MARY'S PRIMARY

Fun Spanish Morning Clubs Before School:
Our Fun Club is starting again for Autumn term on Thurs 10th Sept. OPEN TO YEAR 1 UPTO YEAR 6, taking place on Thursdays 8am-8.50 before school, 50 mins £6.35/wk x 13 wks + £14.50 membership pack fee. Sibling discounts & Monthly DD/Standing Order available to spread cost. Sign up now for a **No-Obligation TASTER**, by signing up at link below & **only PAY AFTER** the session if continuing, or email chris@boltonlanguages.co.uk for more info.

MEMBERSHIP WITH EL CLUB ESPANOL INCLUDES:
Spanish songbook & CD or sticker/activity/story book • stickers • folder + sticker card • streaming music + online gamezone + more!

SIGN UP & ONLY PAY AFTERWARDS IF CONTINUING, AT:
[HTTPS://WWW.BOLTONLANGUAGES.CO.UK/ENROL](https://www.boltonlanguages.co.uk/enrol)

St Michael's Church of England High School
A Church of England Academy

Open Evening

The Headteacher, governors and staff warmly invite prospective parents, carers and pupils to

OPEN EVENING

Thursday 10th September 2026
from 5.30pm to 8.00pm

The Headteacher will address parents at 5.40pm, 6.20pm and 7.00pm

The school will be open for prospective parents, carers and pupils to visit on Friday 11th September 9.30am – 12.00 noon
Thursday 8th October 9.30am – 12.00 noon

Please can we politely ask parents/carers, to be respectful of our neighbours and not block driveways.

Thank you!

Growing in Body, Mind and Spirit

We invite you to join us at our...

OPEN EVENING

SOUTHLANDS HIGH SCHOOL

THURSDAY SEPTEMBER 17th 4pm - 7pm

MOSAIC LEARNING TRUST