



SCHOOL NEWS

Our Motto:
Believe & Achieve

Our Mission Statement:
Through Jesus we love, learn and grow

Prayer

Dear God,

Thank You for this new month of June. Thank You for the sunshine, the flowers, our families, our friends, and all the blessings You give us each day.

Please watch over us throughout this month. Help us to be kind, honest, and loving to everyone we meet. Give us courage to do what is right, patience when things are difficult, and joy in all that we do.

Bless our homes, our school, and our community. Keep us safe, healthy, and strong. Help us learn new things, make good choices, and grow closer to You every day.

May June be filled with happiness, laughter, friendship, and peace.

Amen.

Please click to find out more
about our school

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"I came to give life—life in
all its fullness."

John 10:10

Year 5

As Y5 come to the end of their topic on the Amazon Rainforest, their wall display is finally finished.

The children have built this up over several weeks, first creating foliage, then the animals and finally the beautiful butterflies that are abundant in that part of the world.

Very well done, Y5 - we think it looks amazing!





CERTIFICATES



Bronze certificates are awarded for gaining 50 house points.

BRONZE

Year 4	Teddy	Austin	Seth	Hugh	
Year 1	Arabella	Brodie	Luna	Reggie	Finlay

Silver certificates are awarded for gaining 100 house points.

SILVER

Year 6	Annabelle	Lillia	Ella	
Year 2	Elijah	Nyla	Maevy	

Gold certificates are awarded for gaining 200 house points.

GOLD

Year 6	Katie	
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Save the Date!

Eccleston Walking Day, this year, will be taking place on Sunday 28th June. We'd love as many of you as possible to join us on this special occasion and to walk as part of the Eccleston St. Mary's school family.

We'll be meeting in the Church Car Park at 1.30pm to process at 2pm. We look forward to seeing lots of you there.

Don't worry if your child is in the uniformed organisations—parents, grandparents and friends of the school are all more than welcome to walk behind the St. Mary's Banner!

Year 4

Year Four have been feeling creative over the holidays and produced their own board games with a times tables theme.

They've thoroughly enjoyed playing them with friends this afternoon. No two were the same, all showed fabulous imagination and, most importantly, they have practised times tables in a very fun way!



Little Explorers

Little Explorers have enjoyed going on a 'bug hunt' in Forest school. They used magnifying glasses to spot them and were really excited to find lots of different minibeasts!



DogCat Day—Friday 12th June

In memory of Hannah and in recognition of creative little minds everywhere, we are holding our first ever DogCat Day!

DogCat Day was invented by Hannah, who simply dressed up in a combination of clothes she loved and called herself the DogCat Queen. We are inviting the children to do the same on this special day.

Need inspiration? You could create your own animal, invent a superhero, become a magical explorer, or dream up something completely unique – let your imagination lead the way!

Too complicated? Children are great at combining outfits we would never wear. Let them go wild (and mismatched!) for the day!

In exchange the PTFA would welcome either donations of a £1 or a contribution to our sweetie or bottle tombolas ahead of Joyfest.



DogCat Day!

On 12th June 2024, Hannah spent the day doing what she loved – being creative, dressing up, and using her wonderful imagination. That day, she proudly created her own imaginative costume and declared herself the DogCat Queen.

In memory of Hannah, we invite all children to celebrate DogCat Day by using their imaginations and coming to school in a costume or outfit they have designed or put together themselves. Let's celebrate creativity, individuality, and the joy Hannah brought to those around her.

Superhero
Rockstar Scientist
Thunder Queen
Woodland Creature



Upcoming Dates

Tuesday 9th June	9.00am	Reception Class Worship (Please join us)
Wednesday 10th June	9.00am	Y6 Worship at Church
Thursday 11th June	1.15pm	Y6 Transition Workshop
Friday 12th June	All Day	DogCat Day
Friday 12th June	9.30am	YR NHS Vision Screening
Monday 15th June	All Week	Arts Week
Monday 15th June	3.30pm	PTFA Meeting (All Welcome)
Wednesday 17th June	1.15pm	Lancashire Wallopers (Clog Dance Workshops)
Wednesday 17th June	4.00pm	Y6 Netball Cluster Event (School Playground)
Thursday 18th June	9-12pm	Lancashire Farm Education Workshops
Friday 19th June	am	KS2 Sports Day
Friday 19th June	pm	KS1 Sports Day
Tuesday 23rd June	9.05am	Open the Book
Tuesday 23rd June	1.30pm	Y6 Road Safety Talks
Wednesday 24th June	All Day	Y6 Robinwood Residential
Wednesday 24th June	9.00am	Rock Steady Assembly
Thursday 25th June	All day	Y6 Robinwood Residential
Thursday 25th June	9.00am	Coping with Change Workshop
Friday 26th June	All Day	Y6 Robinwood Residential
Friday 26th June	8.45am	YR Reading Breakfast (Please join Us)
Monday 29th June	All Day	Prayer Day
Tuesday 30th June	am	RSE Year 5 and 6
Wednesday 1st July	All Day	Year 5 Trip to Liverpool
Thursday 2nd July	AM	Move Up Morning

Letters Home

Year 3 Lancashire Farm Education Trip—Letter

Year 5 Liverpool Trip - Letter

Sports and Social Clubs

Monday	Guitar Lessons KS2	Lunchtime
Wednesday	KS1 Choir	Lunchtime
Thursday	Spanish Club	8.00-8.45am
Thursday	Y5/Y6 Rounders Club	3.20-4.30pm
Friday	Brass Club	3.20-4.15pm

Jellybeans fun activities

Jellybeans sessions for under 4s
10am to 11am
Songs

Stories

at Eccleston St. Marys CE Primary School

Every Thursday during term time

Sessions led by our Nursery and Reception teaching staff

£2 per family Refreshments will be served

Please share this information with other families in the village.

10 Top Tips for Parents and Educators
DEALING WITH TRAUMATIC & CHALLENGING EVENTS

Children and young people may face a wide range of traumatic or challenging events – from bereavement and illness to bullying, family breakdowns, or witnessing violence. These experiences can affect their mental health, behaviour, relationships, and academic progress. With the right support from trusted adults, children can begin to feel safe, rebuild resilience, and develop healthy coping strategies. This guide offers practical and empathetic ways to provide support and promote positive outcomes.

- A PREDICTABLE ENVIRONMENT**
Children who have experienced trauma often feel unsafe or uncertain. Creating routines, setting clear expectations, and maintaining consistency can help restore a sense of security. This structure offers reassurance and helps children feel more in control of their surroundings.
- USE LANGUAGE THAT MATCHES THEIR AGE**
Speak clearly and sensitively, choosing words that are appropriate for the child's age. Avoid overwhelming them with too much information at once. Offer gentle, honest explanations and focus on reassurance, especially when talking about difficult or sensitive subjects.
- TRAUMA AND THE BODY**
Mention briefly that trauma can show up in physical ways, such as changes in sleep, appetite, concentration, or in physical aches and pains. Consider this before labelling someone as 'difficult' or 'naughty'. Some children may become withdrawn, while others may be more outwardly challenging. Highlight that there's no one way children respond.
- AVOID RETELLING OR RELIVING TRAUMA**
Children sometimes get asked to explain or repeat their experience multiple times. Striking a balance of when to listen and when to gently redirect can help to avoid unnecessary re-traumatisation. Acknowledge, but don't probe for detail unless safeguarding procedures require it.
- AVOID DISMISSING OR MINIMISING FEELINGS**
Seemingly well-meaning comments like "It's not that bad" or "You're okay" may shut down children's emotional expression and are often not helpful. Instead, acknowledge what they're feeling, even if it seems small. Validating a child's emotions helps them feel seen and encourages open communication in future.
- UNDERSTAND HOW THEY'RE FEELING**
Many children don't have the words to express their emotions, especially during distress. Supporting them to name what they're feeling – such as angry, scared or sad – builds emotional literacy. Tools like emotion cards, drawing or storytelling can help externalise feelings in a safe, manageable way.
- BE AWARE OF YOUR OWN RESPONSES**
Children pick up on adult emotions and reactions, often mirroring them. Staying calm, even in challenging situations, helps children feel more secure. Practising your own self-regulation is an important way to model healthy stress management and encourages children to do the same.
- SEEK PROFESSIONAL SUPPORT**
While many children benefit from everyday emotional support, some will need more specialised help. If symptoms persist, worsen, or disrupt their daily life, consult with school safeguarding leads, a GP, or a mental health professional. Early intervention can prevent long-term difficulties and support healthy recovery.
- MAINTAIN CONNECTION**
Isolation can worsen the impact of trauma. Encourage involvement in group activities, praise their efforts, and ensure they feel like a valued part of the school or family community. Meaningful connection with trusted adults and peers builds resilience and a sense of belonging.
- BE PATIENT – HEALING TAKES TIME**
There's no quick fix for emotional recovery. Children may have good days and setbacks, and progress may not always be visible or linear. Your ongoing support, patience, and presence can help them move forward at their own pace, knowing they are not alone.

Meet Our Expert
This guide has been written by Anna Boteman, Anna is passionate about placing prevention at the heart of every school by integrating mental wellbeing within the curriculum, school culture, and systems. She has been a member of the advisory group for the Department for Education, advising them on their mental health green paper.

Wake Up Wednesday The National College

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