



# Eccleston St Mary's C of E Primary School

Newsletter 18 | 23rd January 2026

# SCHOOL NEWS

**Our Motto:**  
Believe & Achieve

**Our Mission Statement:**  
Through Jesus we love, learn and grow

## Prayer

**Today's prayer reflects this half-term's Christian Value of Trust.**

Thank you, Heavenly Father, for the assurance that as we trust in you, submit to your ways, and seek your guidance, you will lead us on a straight and purposeful path.

With gratitude and love, we commit ourselves to you, trusting that you are always by our side. In Jesus' name, we pray.

Amen

## ☆☆☆ SHINING STARS ☆☆☆

Nursery	Harvey	
Reception	Margot	Lucas
Year One	Amicia	
Year Two	Henry	Nyla
Year Three	Maisie	Henry
Year Four	Ally	Myla
Year Five	Henry	
Year Six	Sofia	Saffron

**WINNING HOUSE THIS TERM**

**LOSTOCK**

Please click to find out more  
about our school

[Facebook](#)  
[Twitter](#)

**"I came to give life—life  
in all its fullness."**

**John 10:10**

## Little Explorers

This week Little Explorers have enjoyed exploring in forest school to find sticks and leaves to make their own Stickmen!

They had lots of fun creating their very own version of him and also painting Stickman too!

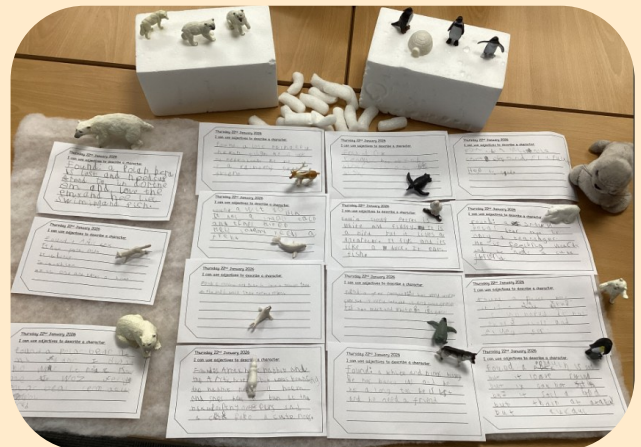


## Year 1

In English, Year 1 are reading a story titled 'Lost and Found' by Oliver Jeffers. This week, they have started planning their own story about a lost animal from the polar regions.

They have chosen an animal for their story and written their own labels for their lost animals.

We can't wait to see what stories they come up with for their animals!



## Year 2

Year 2 enjoyed designing and making their own dips in food technology. They worked together brilliantly and then loved tasting and improving their recipes.

We're sure you'll agree that the finished products look delicious!





## Year 3

Y3 enjoyed a role play activity during English this week- giving advice to two characters from the book 'Escape from Pompeii'.



## Reception

During our DT topic this half term, Reception have been busy building bridges.

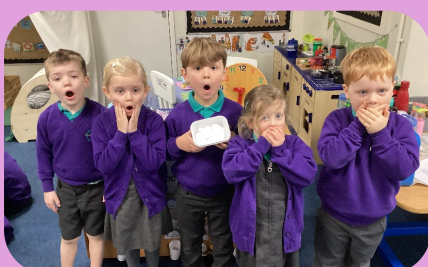
At first, we received a letter from the goats in the story 'The Three Billy Goats Gruff'. They asked us to help build them a new bridge because theirs had broken! We got to work straight away investigating the different materials we could use and discussing what would work best. We then loved learning about all different types of bridges from around the world and finding out how they were made.

With this new knowledge, we then got to work in our teams and created our own designs. Then we built our new bridges together and loved acting out the story. Finally, we evaluated the bridge in our groups.



Reception Class have had a busy couple of weeks back in school. We have loved exploring the story 'The Bog Baby'. After listening to the story, we went on our own adventure outside to see if we could find any unusual discoveries. That's when we came across a small Bog Baby outside near Hannah's Garden. We brought him inside and looked after him just like they did in the story. We found a margarine tub for him to sleep in, along with some damp cotton wool. We then came into class the next day to find out he had gone overnight! We decided as a class to get busy writing some missing posters so everyone in school could help us find him.

We loved going round school and displaying our posters for everyone to see. That same afternoon we got a call from Mrs Kent to say she had seen something blue out of the window. We loved discovering the Bog Baby in Forest School and we decided to leave him there because that's where he belongs!



## Year 4

Year 4 have been exploring how clearly sounds travel through solids, liquids and gases as part of their "Sound" Science topic.



## Glow Dodgeball

On Wednesday evening, six children from Years 3, 4, and 5 enjoyed an action-packed Glow Dodgeball event at Parklands High School, hosted by Chorley Sports Partnership. With UV lights lighting up the room, the children took part in a range of exciting glow-in-the-dark games that kept everyone moving and smiling.

Alongside the fun, the children also joined a hydration workshop, where they learned about healthy drink choices and why drinking water is so important for keeping our bodies happy and healthy. It was a fantastic evening full of energy, learning, and laughter—and the children had an amazing time



## EL CLUB ESPAÑOL

Our Fun Spanish Morning Club is returning on 5<sup>th</sup> February, for 7 weeks in the Spring Term, and the club is now open to all classes from **Reception to Y6!**

This fun club allows your child to get started on a new and exciting language, with the help of fun games, songs, stories and drama! Our club takes place before school from 8.00-8.50 a.m. and the fees are £6.20 per session, payable per term. We also offer monthly direct debit and card payment options. The membership fee for new members is £13.95 and children receive a songbook and CD with folder and sticker chart and it includes free access to our internet game zone and access to all the LCF French & Spanish music via streaming on any device. Sibling discounts and monthly direct debits/card payment options are available.

We offer a **NO OBLIGATION taster** session before you need to pay for the term and children new to these clubs and beginners are most welcome. All children can have a taster for these clubs when spaces become available, by signing up at [www.boltonlanguages.co.uk/enrol](https://www.boltonlanguages.co.uk/enrol) and paying AFTER the trial session, by skipping the payment stage of the signup until the trial is complete. If your child doesn't wish to continue, then you don't need to pay anything. Please contact Chris Abalain if you would like more information on these clubs, you can email [chris@boltonlanguages.co.uk](mailto:chris@boltonlanguages.co.uk) or call 07917 848745.

## Upcoming Dates

Tuesday 27th January	9.00am	Year 4 Class Worship (Please Join Us)
Wednesday 28th January	All Day	Science Shows
Wednesday 28th January	11.50-2.30pm	LMS Woodwind Lessons
Thursday 29th January	All Day	Y5 Viking Day
Friday 30th January	8.45-9.15am	Y4 Book Look with Parents
Friday 30th January	7.30pm	PTA Show Night
Saturday 31st January	7.30pm	PTA Show Night
Wednesday 4th February	11.50-2.30pm	LMS Woodwind Lessons
Wednesday 4th February	4.00-5.30pm	KS2 Inclusive Boccia/ Curling Cluster Festival (Trinity & St Michaels)
Thursday 5th February	All Day	Y1,Y3 & Y5 Mini First Aid
Friday 6th February	8.45am	Y3 Book Look with Parents
Friday 6th February	7.30pm	PTA Show
Saturday 7th February	7.30pm	PTA Show
Tuesday 10th February	9.00am	Y2 Class Worship (Please join us)

## Letters Home

Selected Children—Panathon Sporting Event—Letter

## Sports and Social Clubs

Monday	Guitar Lessons KS2	Lunchtime
Tuesday	Tri Golf	3.20-4.10pm
Tuesday	Choir KS2	3.20-4.15pm
Wednesday	FBA UKS2	Lunchtime
Wednesday	Reading & Craft Club YN & YR	3.20-4.15pm
Thursday	Girls Football	3.20-4.10pm
Friday	Brass Club	3.20-4.15pm



# Lancashire SEND Roadshow

2025/2026

The roadshows are for families and practitioners to find out more about support and services available for Children and Young People with Special Educational Needs and Disabilities (SEND) and their parents and carers.

These Roadshows are happening across Lancashire bringing the SEND Local Offer to your area.

The SEND Local Offer brings together all services in Lancashire for children and young people aged 0-25 with SEND, and their families.



Lancashire SEND Roadshow

Dates across Lancashire are:

25th Sept 2025 9:30 – 1 pm	Kirkham Family Hub
22nd Oct 2025 9:30 – 1 pm	Skelsmersdale Family Hub and The Zone
3rd Dec 2025 9:30 – 1pm	Pendle and Burnley 1882 Lounge Burnley Football Club
28th January 2026 9:30 – 1 pm	The Park Family Hub Accrington
4th February 2026 9:30 – 1 pm	Inspire Youth Zone Chorley
26th March 2026 9:30 – 1 pm	Clitheroe Family Hub
15th April 2026 9:30 – 1 pm	Lune Park Family Hub Lancaster
6th May 2026 9:30 – 1 pm	Rawtenstall Family Hub and The Zone
16th June 2026 9:30 – 1 pm	Fleetwood Library
1st July 2026 1:30 – 4:30 pm	Moor Nook Ribbleson Family Hub

Please scan the following QR codes for more information:



Local Offer



Family Hubs

St Mary's PTA PLAYERS

presents

**"Bon Voyage"**

At Eccleston St Mary's Primary School

Friday 30th January

Saturday 31st January

Friday 6th February

Saturday 7th February

7.30pm until Late

Hot Supper Included, Fully Licensed Bar

Adults Only

Tickets £17.50

For Tickets contact:

Rachel at Eccleston Post Office



Proceeds to Eccleston St Mary's Primary School

What Parents & Carers Need to Know about

## HOW TO COMBAT ONLINE BULLYING

Defined as "ongoing hurtful behaviour towards someone online", cyber-bullying makes its victims feel upset, uncomfortable and unsafe. In the digital world, it has numerous forms - such as hurtful comments on a person's posts or profile, deliberately leaving them out of group chats; sharing embarrassing images or videos of someone; or spreading gossip about them. Cyber-bullying can severely impact a young person's mental health. So, in support of Anti-Bullying Week, we've provided a list of tips to help trusted adults know what to look for and how to respond to it.

### 1. GET CONNECTED

Playing online games together with your child for connecting with them on social media (providing they're old enough) is not only fun but also an excellent way of establishing a common ground to discuss where you've both been in the past. It's a great as keeping an eye on who your child is communicating with in the digital world.

### 2. KEEP TALKING

Regular chats with young people about their online lives are good practice in general, but they can help prevent cyber-bullying to start with. Regularly want to reveal include why it's important to only connect with people you know and trust, and why passwords should always remain secret (even from our best friends).

### 3. STAY VIGILANT

Observe your child while they're using technology and just offer them a hand if they're struggling. Possible signs of a problem may include: becoming quiet or withdrawn, jumping or outbursts, angry or apologetic reactions. When you feel it's the right time, you may want to check in with them to see if everything is OK.

### 4. MAKE YOURSELF AVAILABLE

If an online bullying incident does occur, if they talk to you before your child is ready to open up about what happened. Just remind them that they can always come to you with any problems - and that you will be there to help. You might also suggest a trusted family member they could turn to, in case they feel too embarrassed to tell you directly.

### 5. BE PREPARED TO LISTEN

When conversations about online bullying do take place, they're likely to be difficult, emotional and upsetting for both you and your child. Active listen to your child while they're trying to tell you what's happened. Avoid judgement or criticism - and if they have a deal with the situation in exactly the way you would have hoped.

### FURTHER SUPPORT AND ADVICE

If you or your child need additional help with an online bullying issue, here are some specialist organisations that you could reach out to. Call Helpline: 0800 111 or online at [www.childline.org.uk/get-support/](http://www.childline.org.uk/get-support/). Helpline: 0800 111 or online at [www.nationalbullyinghelpline.co.uk/cyberbullying.html](http://www.nationalbullyinghelpline.co.uk/cyberbullying.html) or by visiting [www.nationalbullyinghelpline.co.uk/cyberbullying.html](http://www.nationalbullyinghelpline.co.uk/cyberbullying.html). The NSPCC's charity has a guide to the signs of bullying at [www.nspcc.org.uk/what-is-child-abuse/types-of-child-abuse/cyberbullying/](http://www.nspcc.org.uk/what-is-child-abuse/types-of-child-abuse/cyberbullying/) and can be reached on 0800 800 8000.

### 6. EMPOWER YOUR CHILD

Depending on their age, your child might not want a parent 'fighting their battles for them'. In that case, talk through their options with them. Encourage the responsible use of the app and be on hand to help them put them in control but are also demonstrating that you're there to support them along the way.

### 7. REPORT BULLIES ONLINE

Cyber-bullying often takes place through a particular app, social media platform or online game. If this is happening to your child, encourage them to report the behaviour to the app's support team. Most games and apps have reporting tools specifically for inappropriate behaviour and protect users.

### 8. ENCOURAGE EMPATHY

Protecting themselves online is the priority, of course, but it's also important to encourage your child to be empathetic towards other people facing victims to cyber-bullying. Even if they don't feel confident enough to call someone out on their abusive behaviour online, they can still confidentially report the person to the app or game where the bullying occurred.

### 9. SEEK EXPERT ADVICE

Victims of online bullying frequently experience feelings of isolation and anxiety, a loss of self-esteem and confidence. If your child has been affected by cyber-bullying, encourage them to seek psychological support for them. There are some useful contact details in the central panel below.

### 10. INVOLVE THE AUTHORITIES

If the nature of any online bullying makes you suspect that your child is genuinely in danger, or if there are any signs of self-harm or suicidal thoughts, then you should gather any relevant screenshots as evidence and report the incidents to your local police force.

### Meet Our Expert

Dr Claire Sutcliffe is an online safety consultant, educator and researcher who has developed and implemented online bullying and cyber safety policies for schools. She has written various academic papers and presented at research for the Australian government comparing internet use and setting behaviour of young people in the UK, USA and Australia.



[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) @nationalonlinesafety /NationalOnlineSafety @nationalonlinesafety

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# Jellybeans




fun  
activities

at  
Eccleston St Mary's Primary School

ALL CHILDREN AGED 0 - 4

songs



stories



COME AND JOIN THE FUN!


**EVERY THURSDAY  
DURING TERM TIME  
10.00-11.00**

Sessions led by our Nursery and Reception  
teaching staff

**£2**  
per  
family



Meet and chat  
with other  
parents.



Children must be accompanied by an adult