



Waverton Community Primary School
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Head Teacher: Mrs Carla Cartwright



Learning together. Achieving together.

3rd June 2026

Dear Parents and Carers,

As a part of your child's education at Waverton Primary School, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme.

I am writing to let you know that, over this half term, your child's class will be taking part in lessons, which will focus on the relationships and sex education (RSE) aspect of this programme.

Lessons in Year 3 will include:

I understand that some people have fixed ideas about what boys and girls can do.

I can describe some difference between male and female animals.

I can describe how I have changed since I was a baby.

I can the physical differences between males and females.

I can name the male and female body parts.

I know that I will have more responsibilities as I get older.

I can describe things that might change in a person's life and how it might make them feel.

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. All PSHE teaching takes place in a safe learning environment and is underpinned by our school ethos and values. If you would like to find out more, discuss any concerns, or view the resources we will use, please talk to your child's class teacher.

Yours sincerely,

C Cartwright

Carla Cartwright

Head Teacher