



Barty Bugle

10TH OCTOBER 2025

MESSAGE FROM THE TEAM

Another week has passed in a flash and it's been a fantastic week of learning, creativity and exploration!

Oak Class

Oak Class have been getting wonderfully creative by rewriting our class story with exciting new characters and settings! From orb-searching robots to travelling snowmen and princesses stumbling across rooms full of gems, the children have let their imaginations run wild. It's been a joy to see their ideas come to life!

Acorn Class

Acorn Class have started reading a new book called Astro Girl, which has sparked lots of curiosity and discussion. We've also been busy planning our bakery building - ready for some hands-on fun soon! In RE, we've explored the parable of the Prodigal Son and talked about the important messages it teaches us. In science, we've been testing which materials are waterproof, and in music, we've been listening carefully to pitch and pulse in different pieces. In maths, we've been comparing numbers to 20 and practising counting forwards and backwards, as well as adding and subtracting.

Little Acorns

Little Acorns have been enjoying the beauty of autumn with a seasonal walk to collect natural treasures. These have been explored in our investigation tray, used for leaf rubbings, and even turned into adorable hedgehogs made from play dough and twigs! A lovely way to connect with nature and get creative.

Staff News

Mrs Pantev attended Level 2 Safeguarding Training today, helping us continue to ensure a safe and supportive environment for all our children.

17 Upcoming Events

◆ Open Morning – Tomorrow (9:30am–11:30am)

This is not just for prospective parents — we warmly welcome current families and members of the wider community to come along, look around the school, enjoy a drink, and have a catch-up.

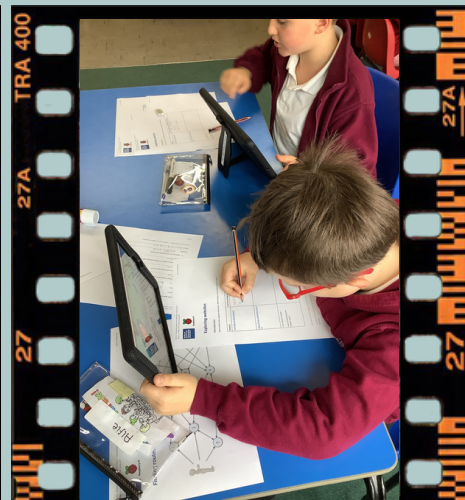
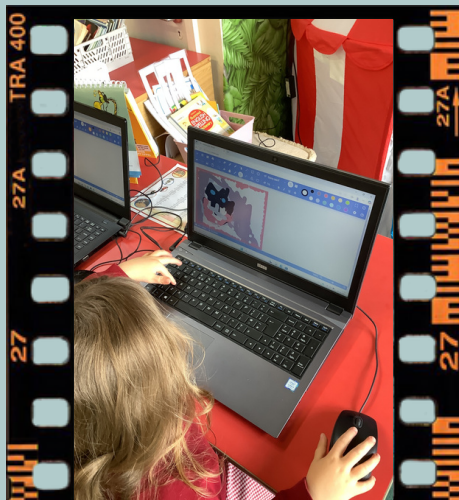
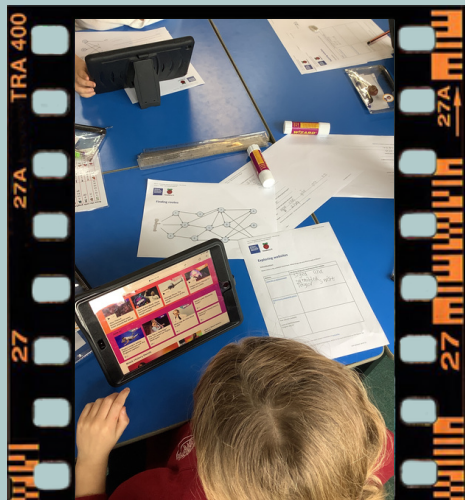
◆ Tea and Tots Too – First Session Monday

Held in the nursery, this is a lovely opportunity for parents with little ones to come together. If you know anyone who might be interested, please let them know — we'd love to see them there!

Have a lovely weekend!
Team Barty

ATTENDANCE

National Target: 95%
School Attendance: 95.56%



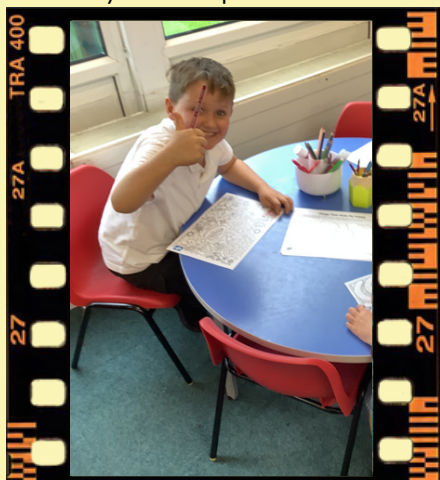
WEEKLY AWARDS

WELL DONE TO ALL OF THIS WEEK'S AWARD WINNERS!



WORLD MENTAL HEALTH DAY - 10TH OCTOBER

Today we marked **World Mental Health Day** by talking about how we can look after our mental health and the importance of sharing our feelings. The children enjoyed some calming mindfulness colouring and sang Yellow Submarine together — a lovely way to lift spirits and celebrate kindness and connection.



DATES FOR YOUR DIARY

These are the dates that we have planned in at the moment - please keep an eye out each week for new dates and any changes. Items in bold have been added since the last news letter.

- ☀ 11/10/2025 - Open morning 9:30 to 11:30 (discover and connect)
- ☀ 16/10/2025 - Open day (by appointment)
- ☀ 21/10/2025 - Parent Consultations
- ☀ **23/10/2025 - Nursery stay and play**
- ☀ 27/10/2025 - 31/10/2025 - Half Term
- ☀ 28/11/2025 - Christmas Fair (4:30pm to 7pm)
- ☀ 08/12/2025 - Y1 to Y4 Panto at Buxton Opera House
- ☀ **05/12/2025 - Christingle Service at Church 2:30pm** (families welcome)
- ☀ 10/12/2025 - Flu immunisation (Y1, Y3, Y4)
- ☀ 19/12/2025 - Finish for Christmas Break



PTA EVENTS

We are very lucky to have a superb little PTFA at St Bartholomew's!
They met recently and put some dates in the diary for fundraising activities this term.

- Wednesday 22nd October - 3:30pm to 5pm - Autumn Disco
- Friday 28th November - 4:30pm to 7pm - Christmas Fair
- Tuesday 2nd December - 6pm to 7:30pm - Christmas Wreath Making
- Tuesday 9th December - 6pm to 7:30pm - Christmas Wreath Making
- Thursday 18th December (times TBC) - Christmas Film Night
- Christmas Quiz paper

More information coming soon!



MENU

Autumn / Winter 2025-26



WEEK ONE

WEEK TWO

WEEK THREE

MONDAY

Margherita Pizza with Jacket Wedges (V)
Alt: Choice of Filled Jackets or Sandwiches
Veg of the Day
 Chocolate & Vanilla Swirl Cookie (ve)

TUESDAY

Classic Mac & Cheese
Alt: Choice of Filled Jackets or Sandwiches
Veg of the Day
 Apple Cake (v)

WEDNESDAY

Roast of the Day with Roasties & Gravy
Alt: Choice of Filled Jackets or Sandwiches
Veg of the Day
 Fruit Jelly (ve)

THURSDAY

Homestyle Sausage Roll with Mash & Gravy
Alt: Choice of Filled Jackets or Sandwiches
Veg of the Day
 Flapjack (ve)

FRIDAY

Fish Fingers or Salmon Fish Fingers with Chips
Alt: Choice of Filled Jackets or Sandwiches
Veg of the Day
 Banana Custard Ice Cream (v)

01/09/25, 22/09/25, 13/10/25, 03/11/25, 24/11/25,
 15/12/25, 05/01/26, 26/01/26

Margherita Pizza with Jacket Wedges (V)
Alt: Choice of Filled Jackets or Sandwiches
Veg of the Day
 Vanilla Snap (ve)

Italian Sausage Pasta Bake
Alt: Choice of Filled Jackets or Sandwiches
Veg of the Day
 Jaffa Cake Sponge (v)

Roast of the Day with Roasties & Gravy
Alt: Choice of Filled Jackets or Sandwiches
Veg of the Day
 Fruit Jelly (ve)

Cottage Pie
Alt: Choice of Filled Jackets or Sandwiches
Veg of the Day
 Flapjack (ve)

Fish Fingers or Salmon Fish Fingers with Chips
Alt: Choice of Filled Jackets or Sandwiches
Veg of the Day
 Banana Custard Ice Cream (v)

08/09/25, 29/09/25, 20/10/25, 10/11/25, 01/12/25,
 12/01/26

Margherita Pizza with Jacket Wedges (V)
Alt: Choice of Filled Jackets or Sandwiches
Veg of the Day
 Lemon Biscuit (ve)

Sausage with Mash & Gravy
Alt: Choice of Filled Jackets or Sandwiches
Veg of the Day
 Oaty Apple & Rhubarb Crumble with custard (v)

Roast of the Day with Roasties & Gravy
Alt: Choice of Filled Jackets or Sandwiches
Veg of the Day
 Fruit Jelly (ve)

Penne with Beef Bolognaise
Alt: Choice of Filled Jackets or Sandwiches
Veg of the Day
 Choco Krispie Bite(Ve)

Fish Fingers or Salmon Fish Fingers with Chips
Alt: Choice of Filled Jackets or Sandwiches
Veg of the Day
 Banana Custard Ice Cream (v)

15/09/25, 06/10/25, 17/11/25, 08/12/25, 19/01/26, 09/02/26

V – Vegetarian Ve – Vegan



Freshly baked bread, salad, and fresh drinking water available daily

Week commencing 13th October we are on week one of the menu

SAFEGUARDING

#WakeUpWednesday from The National College aims to equip every trusted adult with the knowledge and skills they need to keep up with the latest information, implement best practice and heighten their awareness of issues around three core topics; online safety, mental health & wellbeing; and climate change & sustainability.

This week's topic is focused on dealing with traumatic and challenging events

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators

DEALING WITH TRAUMATIC & CHALLENGING EVENTS

Children and young people may face a wide range of traumatic or challenging events – from bereavement and illness to bullying, family breakdowns, or witnessing violence. These experiences can affect their mental health, behaviour, relationships, and academic progress. With the right support from trusted adults, children can begin to feel safe, rebuild resilience, and develop healthy coping strategies. This guide offers practical and empathetic ways to provide support and promote positive outcomes.

1 A PREDICTABLE ENVIRONMENT

Children who have experienced trauma often feel unsafe or uncertain. Creating routines, setting clear expectations, and maintaining consistency can help restore a sense of security. This structure offers reassurance and helps children feel more in control of their surroundings.

2 USE LANGUAGE THAT MATCHES THEIR AGE

Speak clearly and sensitively, choosing words that are appropriate for the child's age. Avoid overwhelming them with too much information at once. Offer gentle, honest explanations and focus on reassurance, especially when talking about difficult or sensitive subjects.

3 TRAUMA AND THE BODY

Mention briefly that trauma can show up in physical ways, such as changes in sleep, appetite, concentration, or as physical aches and pains. Consider this before labelling behaviour as 'difficult' or 'lazy'. Some children may become withdrawn, while others may be more outwardly challenging. Highlight that there's no 'one way' children respond.

4 AVOID RETELLING OR RELIVING TRAUMA

Children sometimes get asked to explain or repeat their experience multiple times. Striking a balance of when to listen and when to gently redirect can help to avoid unnecessary re-traumatisation. Acknowledge, but don't probe for detail unless safeguarding procedures require it.

5 AVOID DISMISSING OR MINIMISING FEELINGS

Seemingly well-meaning comments like "It's not that bad" or "You're okay" may shut down children's emotional expression and are often not helpful. Instead, acknowledge what they're feeling, even if it seems small. Validating a child's emotions helps them feel seen and encourages open communication in future.

6 UNDERSTAND HOW THEY'RE FEELING

Many children don't have the words to express their emotions, especially during distress. Supporting them to name what they're feeling – such as angry, scared or sad – builds emotional literacy. Tools like emotion charts, drawing, or storytelling can help externalise feelings in a safe, manageable way.

7 BE AWARE OF YOUR OWN RESPONSES

Children pick up on adult emotions and reactions, often mirroring them. Staying calm, even in challenging situations, helps children feel more secure. Practising your own self-regulation is an important way to model healthy stress management and encourages children to do the same.

8 SEEK PROFESSIONAL SUPPORT

While many children benefit from everyday emotional support, some will need more specialised help. If symptoms persist, worsen, or disrupt their daily life, consult with school safeguarding leads, a GP or a mental health professional. Early intervention can prevent long-term difficulties and support healthy recovery.

9 MAINTAIN CONNECTION

Isolation can worsen the impact of trauma. Encourage involvement in group activities, praise their efforts, and ensure they feel like a valued part of the school or family community. Meaningful connection with trusted adults and peers builds resilience and a sense of belonging.

10 BE PATIENT – HEALING TAKES TIME

There's no quick fix for emotional recovery. Children may have good days and setbacks, and progress may not always be visible or linear. Your ongoing support, patience, and presence can help them move forward at their own pace, knowing they are not alone.

Meet Our Expert

This guide has been written by Anna Bateman. Anna is passionate about placing prevention at the heart of every school by integrating mental wellbeing within the curriculum, school culture, and systems. She has been a member of the advisory group for the Department for Education, advising them on their mental health green paper.



The National College

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Spotlight

SAFEGUARDING

Safeguarding is extremely important to all of us. We are fully committed to ensuring the safety and wellbeing of every child. If you have any concerns about a child's welfare, please contact a member of staff listed in our safeguarding team. We take all concerns seriously and act promptly. If you believe a child is in immediate danger, please call 999 without delay.

Safeguarding Team



Mrs Stanesby - Executive Principal

Mrs Stanesby is our Designated Safeguarding Lead and Designated Teacher for Looked After Children. She is Level 3 safeguarding trained



Miss Mellor - Bursar

Miss Mellor is our Deputy Designated Safeguarding Lead and Mental Health Lead. She is Level 3 safeguarding trained

Mrs Richardson, Mrs Pantev and Miss Williams are Level 2 safeguarding trained.

Safeguarding Policy Update

The Moorlands Primary Federation Safeguarding Policy has recently been reviewed and updated. The latest version is now available to view on [our school website](#). We encourage all staff, parents, and carers to read it to stay informed about our safeguarding procedures and commitments.

TEA AND TOTS TOO

We are excited to launch our "Tea and Tots Too" group. This will take place on the second Monday of every month with the first session on **Monday 13th October 2025 - 10:30am to 12pm.**



Everyone welcome - we would love to see you and your little ones.
A warm welcome waits for you. ❤️

Tea & Tots Too

**Stay and play,
chat and
make new friends**

When: Second Monday of
every month
10:30am to 12pm

Where: St Bartholomew's Nursery,
Longnor, SK17 0NZ
(Please use the rear entrance at the back of the school)

Who: For families and
children age 0-4 years

Join us for a brew, cake,
squash and biscuits

**Suggested
donation £2
per family**

For more information please email:
office@st-bartholomews.staffs.sch.uk

Supported by Longnor Parish Council

FOREST FRIENDS

Staffordshire Wildlife Trust will be continuing to use our stunning forest school area for Forest Friends on the first Monday of each month. Sessions are **free** but can fill up quickly, booking is essential.

Forest Friends

Outdoor stay and play
St Bartholomew's Primary School,
Longnor, SK17 0NZ



**Staffordshire
Wildlife Trust**

f @swtactivities

@StaffsWildlife

@staffswt

Following the Forest School ethos we'll use nature as our guide and see where our curiosity leads us as we play and explore outdoors!

First Monday of the month
10.30am - 12pm

6th October
3rd November
1st December
5th January
2nd February

Free but Booking Essential

For more info and to book visit
www.staffs-wildlife.org.uk/events



Free thanks to funding from The Staffordshire Freemasons

For more details contact getwild@staffs-wildlife.org.uk