



Asthma Policy 2025

This policy has been written with advice from the Department for Education and the respiratory team on Wirral.

Introduction

Liscard Primary School recognises that asthma is a widespread, serious but controllable condition affecting many pupils at the school. The school positively welcomes all pupils with asthma. This school encourages pupils with asthma to achieve their potential in all aspects of school life by having a clear policy that is understood by school staff and pupils.

Supply teachers and new staff are also made aware of the policy. All staff who come into contact with pupils with asthma are provided with training on asthma. Training is updated once a year. New members of staff are made aware of the Asthma policy and receive appropriate training.

Medication

Immediate access to reliever medicines is essential. The reliever inhalers are kept in the classroom in individually named plastic wallets, in a class medical box. These are taken to PE lessons, on school trips and to outdoor lessons.

Parents/carers are asked to ensure that the school is provided with an in-date inhaler and spacer (which is recommended for children up to the age of 12 years).

School staff are not required to administer asthma medicines to pupils (except in an emergency situation), however all staff at this school are trained to do this.

School staff who agree to administer medicines are insured by the local education authority when acting in agreement with this policy. All school staff will support (as needed) pupils to take their medications when they are required to.

Record Keeping

At the first parents evening of each school year or when a child joins the school on their enrolment form, parents/carers are asked if their child has any medical conditions including asthma, this is recorded on arbor. Parents are also asked to complete an asthma card which is kept with the child's inhaler. They are also encouraged as good practice to ask their child's health practitioner to complete an allergy action plan for their child and return a copy to

school for our reference. If changes to the child's dosage etc occur during the school year it is the parents responsibility to inform the class teacher and update the asthma card. Parents are informed if their child uses their inhaler in school by receiving a message via Dojo and the inhaler use is recorded on Medical Tracker. It is the parents responsibility to ensure the inhaler in school for their child is within the expiry date and provide a new inhaler before the expiry date is reached.

Following Department for Health guidance school has an emergency salbutamol inhaler and will follow the procedures described in the guidance. In this way we can ensure we can help a child who has an asthma attack if their inhaler is either not in school or is out of date. The inhaler would only be administered in an emergency situation, by trained staff, following the Department for Health guidance and permission by parents/ carers will have been granted.

The school office and SENDCo keeps a list of children in school with asthma. This information is added to Arbor.

Our school follows the Wirral NHS traffic lights guidance.

Standard Regime

Severity – Green / Amber / Red

STANDARD REGIME

NHS
Wirral University
Teaching Hospital
NHS Foundation Trust

Green – 2 puffs of blue inhaler, 4 hourly
Mild cough / wheeze, can continue day to day activities, no increased breathing effort

Amber – 4 puffs 4 hourly of blue inhaler
Increased wheeze with no improvement on 2 puffs, give further 2 puffs for total 4 puffs.
Advise to contact parents and to go home for closer eye + see GP/WIC

Red – Give 10 puffs Blue inhaler and ring 999. If needed further 10 puffs every 15 minutes
Breathlessness + working hard / Unable to talk in full sentences / getting tired / going blue around lips

together
we will



  [wuth.nhs.uk](https://www.wuth.nhs.uk)

Mart/Air Regime

Severity – Green / Amber / Red

MART / AIR REGIME



Green – 1 puff of the Symbicort / Dry powder inhaler
Mild cough / wheeze, can continue day to day activities, no increased breathing effort

Amber – 1 puff, every 30-60 seconds for a maximum of 4 puffs of Symbicort / Dry powder inhaler
Increased wheeze with no improvement on 1 puffs.
Advise to contact parents and to go home for closer eye + see GP/WIC

Red – Give 6 puffs, 1 every 30-60 seconds and ring 999. If needed, give a further 6 puffs. Breathlessness + working hard / Unable to talk in full sentences / getting tired / going blue around lips



School staff have annual training on supporting pupils with asthma. If your child's asthma is well managed an asthma card will provide sufficient information for us to support them (although we still encourage parents to ask their child's health professional to complete an asthma Action Plan that can be shared with school). There are however instances in which we require more information as a school. In this case, we will suggest that we draw up an Individual Health Care Plan (IHCP). As a parent, you can request an Individual Health Care plan or the school SENDCo, Mrs. Squirrelle will contact you if we feel, as a school, an IHCP would be important to run alongside the asthma card/action plan.

Emergency Use Inhaler

Liscard Primary School does hold an emergency inhaler kit:

- A salbutamol metered dose inhaler
- At least two plastic spacers compatible with the inhaler
- Instructions on using the inhaler and spacer
- Instructions on cleaning and storing the inhaler
- A list of children permitted to use the emergency inhaler
- A record of when the inhaler has been used will be added to medical tracker

The spare inhaler will only be used by children who:

- have been diagnosed with asthma and been prescribed a reliever inhaler
- have been prescribed a reliever inhaler

This is in line with the guidance published in March, 2015 by the Department of Health: *Guidance on the use of Emergency Salbutamol Inhalers in School* and you can find this information here:

https://assets.publishing.service.gov.uk/media/5a74eb55ed915d3c7d528f98/emergency_inhalers_in_schools.pdf

Parents will provide signed consent to allow the school to provide use of the emergency inhaler and spacer when they feel that it is necessary. This inhaler is kept in the medical cupboard in the SLT kitchen.

PE

Taking part in sports is an essential part of school life. All teachers are aware of the children in their class who have asthma. Children with asthma are encouraged to participate fully in PE. Each child's inhalers will be labelled and kept in a class box at the site of the lesson. If a child needs to use their inhaler during the lesson, they will be encouraged to do so. Staff will then record this information on Medical Tracker with the date and time. A notification will be sent home via Dojo, informing the parents that the inhaler has been used.

The School Environment

The school does all that it can to ensure the school environment is favourable to children with asthma. The school does not keep furry and feathery pets indoors and has a non-smoking policy. As far as possible the school does not use chemicals in science and art lessons that are potential triggers for children with asthma.

Making the School Asthma Friendly

The school ensures that all children understand asthma. Asthma can be included in Key Stages 1 and 2 in the National Curriculum. Children with asthma and their friends are encouraged to learn about asthma; information for children and teens can be accessed from the following website www.asthma.org.uk.

Staff training

The SENDCo attends yearly training offered by the respiratory team at Arrow Park Hospital. This training is then disseminated to all staff.

When a Child is falling behind in lessons

If a child is missing a lot of time from school because of asthma or if they are tired in class because of disturbed sleep and falling behind in class, the class teacher will initially talk to

the parents. If appropriate the teacher will then talk to the SENDCo about the situation. The school recognises that it is possible for children with asthma to have special education needs because of asthma.

Asthma Attacks

Staff who come into contact with children with asthma know what to do in the event of an asthma attack.

We follow a child's asthma card information and if parents have provided one, the child's asthma action plan and when appropriate their IHCP. These will work alongside the traffic light system (shown above) for supporting a child when they are having an asthma attack.

After an asthma attack

If a child has an asthma attack in school, we will ask parents to seek medical advice and share any medical advice given by the medical practitioner that received your child. We will request this before the child returns to school to ensure that their asthma card/action plan remains up-to-date.