Perryfields Junior School

The Friday Flyer

Week 8 – November 2026

Headteacher's Message

Dear Parents and Carers,

This week has been a busy and exciting one in school, with lots of wonderful opportunities for the children to learn, take part and represent the school brilliantly.

We were delighted to welcome visitors from Anglia Ruskin University, who led a special assembly all about Diwali. The children listened thoughtfully and learned more about the meaning and traditions of this important festival. Thank you to our visitors for such an engaging and informative session.

Another highlight was our Year 5 Harvest Festival, which was enjoyed by pupils and parents alike. The singing was outstanding, and it was a real pleasure to see the children perform with such enthusiasm, excellence and commitment.

We were also delighted to hear that the children who attended the Growth Through Sport Festival had a fantastic time and were excellent ambassadors throughout the day. They showed great behaviour and a real sense of pride in representing the school. Be sure to check out some photos from the event on the Headteacher's Blog.

Our teacher-led clubs are now up and running, and it has been lovely to see the children trying new activities and developing new skills. From orienteering and code breaking to art, ukulele and mindfulness, there has been something for everyone to enjoy. It has been wonderful to see the children embracing new challenges and making the most of each opportunity.

As we approach Remembrance Sunday, many of us will be taking time to honour this important occasion. Next Wednesday, we will hold our remembrance assembly and our whole school community will gather on the playground at 11:00 am to observe a two-minute silence in remembrance of those who have served and sacrificed.

Looking ahead to next week, we are excited for our Careers Morning on Thursday, which promises to be a memorable experience for all. On Friday, we will also be having our individual school photos, so please ensure children arrive at school smartly dressed in full uniform.

As our school photos fall on Friday, we will be marking Children in Need on Thursday instead. Children are invited to come to school wearing spotty accessories (such as socks, 'ears', hairbands, ties, hats and stickers) and to donate if they are able to support this very worthy cause.

And finally, as the children will be outside for PE lessons throughout the winter months, it is essential that they have a full winter PE kit. Please ensure that your child brings in tracksuit bottoms and a tracksuit top as soon as possible, so that they stay warm during lessons.

Wishing you all a lovely weekend.

Mrs S Edwards

Pupil of the Week

Cowell: Skylar
Seuss: Nathan
Dahl: Soren
Lewis: Dilan
Rundell: Hugo
Rowling: Sanvika
Tolkien: Smyuti
Morpurgo: Jaxon
Pullman: Reggie

Mrs Siddall's Attendance Award
Rowling Class – 99.7%

Award for Outstanding Manners
Adhya – Tolkien Class
Elliot – Morpurgo Class

PE Award
Teddy – Lewis Class

Spellers Award
Cowell Class

RAK
Reuben – Cowell Class
Buddy – Pullman Class
Jana – Lewis Class

ATTENDANCE

The national expectation for attendance is 96%. The government has clarified the position regarding the term 'regular' attendance. It means children must be in school EVERY DAY. Every second counts at Perryfields. We must work together to improve attendance and punctuality even more.

Year 3	97.2%
Year 4	95.4%
Year 5	98%
Year 6	94.1%



Coming Up This Term!

Thursday 12th November	**Children in Need – Wear something spotty. Please donate via ScoPay**
Friday 13th November	**School Photos**
Monday 16th November	**Odd Socks Day (and Anti-Bullying Week!)– wear odd socks to celebrate what makes everyone unique**
Friday 20th November	**Autumn Music Extravaganza**
Monday 23rd November	**Ancient Greek Workshop Year 4 – Please give permission and pay via ScoPay. Volunteers needed please contact the school office. Email sent**
Friday 27th November	**Christmas Fayre – email sent**
Thursday 10th December	**Christmas Jumper and Dinner Day**
Tuesday 15th December	**Year 4 Christmas Service – Details to follow**
Wednesday 16th December	**Christmas Bauble Making – Details to follow**
Thursday 17th December	**House Talent Contest & Sing Off!**
Friday 18th December	**Christmas Parties – School finishes at 1.30pm (no Teatime Club)**

Please see menu below

Please note that we can also provide a jacket potato or a packed lunch if your child would prefer this. This will be either the baguette, wrap or soft roll and also includes a drink, fruit and the dessert of the day.

Week: Two

Main course	Monday	Tuesday	Wednesday	Thursday	Friday
Meat	Ham & Cheese Pinwheels	Spaghetti Bolognese	Chicken Korma	Sausage Rolls	Fish Fillet
Vegetarian	Cheese Pinwheels	Meat Spaghetti Bolognese	Vegetable Curry	Meat Free Sausage Twist	Cheese Quesadillas
Gluten Free	Cheese Pinwheels	Spaghetti Bolognese	Chicken Korma	GF Sausage Twists	GF Fish Fingers
Jacket Potato	Beans & Cheese	Beans & Tuna	Cheese & Tuna	Beans & Cheese	Beans, Cheese & Tuna
Side Dish	New Potatoes & Broccoli	Garlic Bread & Broccoli	Rice, Naan Bread	Crispy Cubes & Beans	Chips & Beans
Vegetables	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Packed Lunch	Wraps (Tuna, Cheese or Ham)	Wrap (Tuna, Cheese or Ham)	Baguette (Tuna, Cheese or Ham)	Wraps (Tuna, Cheese or Ham)	Baguette (Tuna, Cheese or Ham)
Dessert	Orange Cookies	Fruit Jelly	Cornflake Tart & Custard	Fresh Fruit Yoghurt	Chocolate Muffin
Drinks	Water/Milk	Water/Milk	Water/Milk	Water/Milk	Water/Milk

At The National College, our Wake Up Wednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators

ESSENTIAL ONLINE SAFETY

Children and young people use the internet every day to learn, play, and connect, but the online world is not always safe. For adults, it can be hard to keep up with the risks, including harmful content, cyberbullying and scams. These 10 tips provide clear and practical advice to support safer and healthier digital habits, helping young people to make informed, secure choices when using technology.

1 START EARLY CONVERSATIONS

Begin talking about online behaviour from the moment children start using devices. Use age-appropriate language and revisit topics regularly, making it clear they can speak to you about anything that upsets or confuses them. Keeping these chats open helps build trust, so children are more likely to come to you when needed.

2 PROMOTE SAFER SHARING

Children can overshare without understanding the risks. Remind them that photos, locations, or messages can be copied or shared beyond their intended audience. Explain how even private messages or group chats can be saved and/or misused. Talk about what is appropriate to post, message, and who it's safe to share with.

3 ENCOURAGE DIGITAL BALANCE

Many apps and games are designed to keep users engaged through rewards, likes, or constant updates. These features can make it hard for children to switch off. Talk openly about how these systems work and help children recognise when it's time to take a break. Building in tech-free routines supports a healthier balance and awareness of their screen time.

4 CREATE A SAFE SPACE FOR CONCERNS

When children come to you with a concern, respond with interest and care, rather than with alarm. Keeping your reaction measured helps them feel safe and supported. This doesn't mean ignoring serious issues; it means showing that you're there to help. When children trust that they can speak openly, they're more likely to feel supported through unpleasant online experiences, and to ask for help in future.

5 STAY INFORMED AND CURRENT

With emerging technologies like AI moving and changing so quickly, it's important to stay updated on how children are using new platforms, apps and games. Ask them to show you what they use and let them take the lead as you explore together. This opens up valuable conversations and helps you stay ahead of emerging risks and trends.

6 TEACH CRITICAL THINKING

Talk to children about how to recognise unreliable information or scams online. With AI-generated videos, photos, and stories becoming harder to spot, help children question what they see and encourage them to look for evidence, check sources, and ask questions. These skills will help them avoid risks, make smart choices, and develop healthy habits for the future.

7 SET CLEAR BOUNDARIES

Involve children in conversations about device usage so they feel included. Agree on digital rules such as screen-time limits, age-appropriate apps, and no devices in bedrooms overnight. Use parental controls to block or filter harmful content and explain that rules are there to protect and support them, not to spoil their fun.

8 LEAD BY EXAMPLE

Children often copy the behaviour of adults around them. Show them what balanced, respectful, and mindful use of technology looks like, such as avoiding scrolling during family time and speaking kindly in messages. If you expect certain behaviour from them online, make sure your own habits reflect the same standards.

9 EXPLORE PRIVACY SETTINGS TOGETHER

Show children how to use privacy tools on apps, games, and websites. Teach them to use strong passwords, block or report others in response to problems, and avoid sharing personal details. Explore settings together so they feel confident and in control, and explain that these features are there to help them stay safe online.

10 KNOW WHERE TO GET HELP

Familiarise yourself with tools and organisations that support online safety. The National College offers online safety guides and webinars which provide tips on staying safe. Websites like Report Harmful Content and CEOP can be used to report when something goes wrong. Show children how to report or block users, and where to go if they feel unsafe. Make sure they know that asking for help is always the right thing to do, and be prepared to support them.

Meet Our Expert

Home to the world's largest CPD library for educators, The National College has transformed the way education establishments go about developing their workforces and managing compliance. Our three memberships help all phases and types of setting raise standards, save time, reduce risk, and build a culture of improvement.

#WakeUpWednesday

The National College

See full reference list on our website

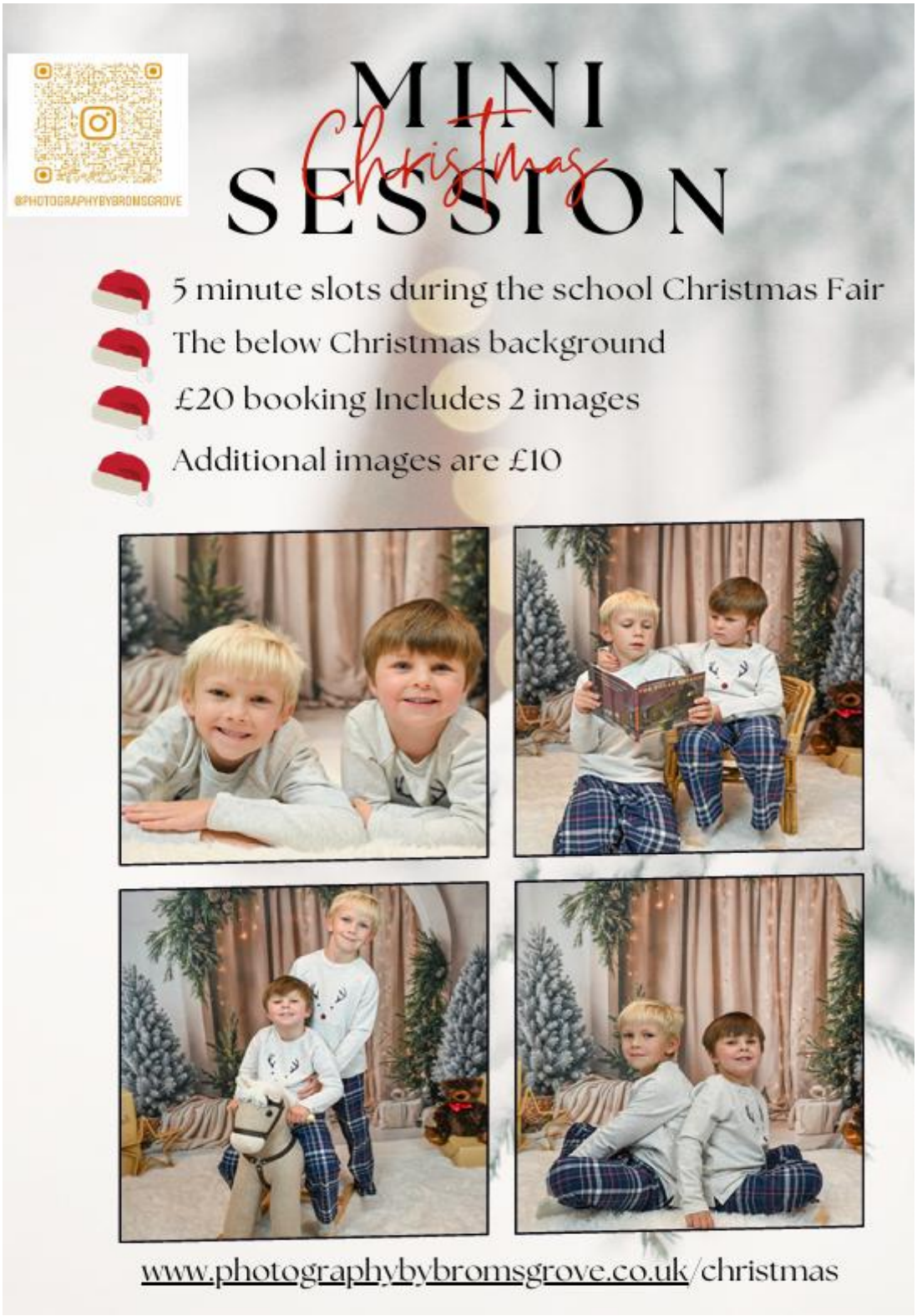
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Excited to Announce Family Photos at the Christmas fair with Photography by Bromsgrove

Many of you may have had this experience at Infants. Relaxed, fun shoots for those perfect Christmas gifts. Book a 5-minute slot, pop along during the fair, then receive a personalised gallery to choose from. £20 includes 2 high quality digital downloads, additional images are £10.

Each booking donates to the School PTA.

https://photographybybromsgrove.co.uk/christmas




Breakfast
With Santa at Sanctus
Bring the whole family for a magical morning of holiday fun, yummy food, and festive memories!
Date: Sunday 13th December 2026
Time: 10 - 12pm
Location: Sanctus, Broomfield Road, CM1 1SW
Enjoy a tasty breakfast with refillable tea & coffee and Orange Squash
Snap a photo with Santa himself!
Each little guest will be delighted with a gift from Santa!
Christmas music & magical moments included!
Tickets: £12.99 per child
£14.99 per adult
Please note: Sanctus is closed on Sundays except for special events like this one!
Spots are limited — grab yours now
Contact: events@sanctus-home.com
Tel: 07344 105836
Hosted by Sanctus
Supporting homeless & vulnerable people in the Chelmsford area.
Charity no: 1150313
Sanctus