



Perryfields Junior School

The Friday Flyer

Week 3 – September 2026

Headteacher's Message

Dear Parents and Carers,

This week, Miss Leader led a special afternoon to celebrate European Day of Languages. With the theme “Languages Unite”, the event highlighted how language can bring people together and promote understanding across different cultures. All children across the school created posters to illustrate the many ways in which languages enrich our lives and connect us. Each class will now select one design to be submitted to the European Council, with the possibility of being featured on the official European Day of Languages website. It was a pleasure to see such imagination, creativity and thoughtfulness throughout the activity.

It has also been fantastic to see so many before and after-school clubs in full swing this week. From quidditch to hockey, and British Sign Language to handball, the children are thoroughly enjoying the wide range of opportunities on offer. It is brilliant to see new skills developing and friendships forming across different year groups.

Congratulations also go to our boys' football squad, who represented the school superbly at this week's inter-school tournament. The team demonstrated excellent determination, teamwork and skill throughout the afternoon. Their hard work resulted in two wins, three draws and two defeats, earning them a very respectable 10th place out of 18 teams. A fantastic achievement - well done to everyone involved.

Finally, a huge thank you to everyone who supported our Macmillan cake sale. The generosity of our families was truly overwhelming, with so many donations that we held three cake sales across the day. The children also enjoyed visiting the House Homework displays in the hall and sharing cakes with friends. I was incredibly impressed by the creativity and effort on display, and photographs of all the House Homework are available on the Headteacher's blog, with a small selection included below for you to enjoy.

Have a lovely weekend.

Mrs S Edwards



Pupil of the Week

Cowell: Jayden
Seuss: Dhruvah
Dahl: Kareem
Lewis: Orla
Rundell: Aroush
Rowling: Jack
Tolkien: Sophia
Morpurgo: Aidan
Pullman: Sri

Award for
Outstanding Manners
Eliana – Seuss Class
Akshara – Lewis Class

PE Award
Robert – Lewis Class

Mrs Siddall's Attendance Award
Cowell Class – 99.7%

ATTENDANCE

The national expectation for attendance is 96%. The government has clarified the position regarding the term 'regular' attendance. It means children must be in school EVERY DAY. Every second counts at Perryfields. We must work together to improve attendance and punctuality even more.

Year 3	99.6%
Year 4	97.4%
Year 5	98%
Year 6	97.6%



Coming Up This Term So Far!

Tuesday 29 th September	Boswells Information Talk for year 6 parents in hall – email sent
Friday 2 nd October	World War 2 Day Year 6 – email sent. Please make your donation and give permission through your ScoPay account
Thursday 15 th October	Year 6 Enterprise Day WW2 – Details to follow
Thursday 15 th October	Movie Night – email sent (see below). Please book via ScoPay
Friday 16 th October	Year 4 Enterprise Day Greeks – Details to follow
Thursday 22 nd October	Break the Rules Day – Details to follow
Thursday 5 th November	Year 5 Harvest Festival – Details to follow
Friday 13 th November	School Photos
Friday 27 th November	Christmas Fayre
Thursday 10 th December	Christmas Jumper and Dinner Day
Tuesday 15 th December	Year 4 Christmas Service – Details to follow

Please see our new menu below

Please note that we can also provide a jacket potato or a packed lunch if your child would prefer this. This will be either the baguette, wrap or soft roll and also includes a drink, fruit and the dessert of the day.

Menu Winter Term starting w/c 02/09/26

Week: One

						
Main course	Meat	Baguette Pepperoni Pizza	Popcorn Chicken	Mini Gammon Roast	Mini Breakfast with Sausage	Chicken Chunks
	Vegetarian	Baguette Cheese Pizza	Meat Free Popcorn Fillet	Mini Vegetable Bake Roast	Mini Breakfast with Quorn Sausage	Meat Free Dippers
	Gluten Free	Gluten Free Cheese Pizza	Popcorn Chicken	Mini Gammon Roast	Mini Breakfast with GF Sausage	GF Fish Fingers
	Jacket Potato	Tuna & Cheese	Beans & Cheese	Beans & Tuna	Beans & Cheese	Beans, Cheese & Tuna
	Side Dish	Pasta Salad Sweetcorn	Crispy cubes Beans	Country Mixed Vegetables Roast Potatoes, Yorkshire Pudding & Gravy	Hash Browns, Beans, Mushrooms & Tinned Plum Tomatoes	Chips & Beans
	Vegetables	Salad Bar	Salad Bar		Salad Bar	Salad Bar
	Packed Lunch	Baguette (Tuna, Cheese or Ham)	Baguette (Tuna, Cheese or Ham)	Wrap (Tuna, Cheese or Ham)	Wrap (Tuna, Cheese or Ham)	Baguette (Tuna, Cheese or Ham)
	Dessert	Fresh Fruit Yoghurt	Fruit Smoothies	Chocolate & Cinnamon Shortbread	Fresh Fruit Yoghurt	Brownie
	Drinks	Water/Milk	Water/Milk	Water/Milk	Water/Milk	Water/Milk

Parents and Carers

Key Online Safety Resources



Childnet have a dedicated area to support parents and carers with information on key topics, advice and activities to share with your child.

childnet.com/parents-and-carers

Childnet Resource Hub

Choose resources for 'parents and carers' to see leaflets, resources and activities to do with your child.

childnet.com/resources



Advice on key online issues, tips, guides and blogs from partners: Childnet, SWGfL and the IWF.

saferinternet.org.uk

Safer Internet Day

Join the celebrations for Safer Internet Day every February! We provide free tips, advice, videos, quizzes and more.

saferinternetday.org.uk

Reviews and tools

The Family Gaming Database shares research and advice on thousands of video games, including content warnings and PEGI ratings.

familygamingdatabase.com

Common Sense Media provides expert reviews, advice and age-appropriate recommendations on games, apps, films and more. Users can access up to three free reviews per month.

commonsensemedia.org

Parental controls and privacy settings described step-by-step alongside support on a range of online safety topics.

internetmatters.org/parental-controls

Want to stay up to date? Sign up for the Childnet newsletter to hear about our latest advice on the most popular apps, new blogs and more.

childnet.com/signup

Making a report

For advice on the reporting tools for popular games, apps and social media platforms visit childnet.com/how-to-report for more information.

Report Harmful Content is a national reporting centre offering advice and links to industry reporting tools. It also provides support by reviewing outcomes after a report has been made on a platform or app.

reportharmfulcontent.com

Report suspected online child sexual abuse or grooming to your child's school/local police. If necessary, contact the **Child Exploitation and Online Protection command (CEOP)**.

ceop.police.uk

Report online child sexual abuse images and videos with the **Internet Watch Foundation's** anonymous reporting tool.

iwf.org.uk

Information on hate crime and advice on how to report it in England, Wales and Northern Ireland.

report-it.org.uk

National reporting centre for fraud and cybercrime in England, Wales and Northern Ireland.

actionfraud.police.uk

For Scotland, reports can be made to Police Scotland: scotland.police.uk/contact-us.

Get help and support

There are lots of organisations who work to support families and children. Visit childnet.com/get-help if you're worried about an online concern.

NSPCC

0808 800 5000

nspcc.org.uk

Free support and advice for adults concerned about the safety or wellbeing of a child.



**family
lives**

0808 800 2222

familylives.org.uk

Free support and advice on any aspect of parenting and family life.

YOUNGMINDS
Fighting for young people's mental health

0808 802 5544

youngminds.org.uk

Free support and advice on how to support young people's mental health and wellbeing.

Helplines for children & young people

childline

0800 11 11

childline.org.uk

Providing help and support for under 18s.

THE MIX

themix.org.uk

Providing help and support for 13-25 year olds.



@childnet



@childnetinternational



Childnet

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AUTUMN MOVIE NIGHT

4 SCREENS
4 MOVIES
YOUR CHOICE!

OUR CINEMA
HAS EXPANDED!
Choose the film
you want to watch!



**K-POP
DEMON HUNTERS**
SING ALONG VERSION PG

A fun, action-packed adventure where a girl group balances their pop star lives with their secret duty as demon hunters. Packed with music, friendship and epic battles – and this version is a sing along!



Lilo & Stitch
LIVE ACTION U

A heart-warming and hilarious adventure about a lonely girl, Lilo, and a chaotic alien, Stitch, who form an unlikely friendship and learn what family really means.



**ZOOTROPOLIS
2** PG

Judy Hopps and Nick Wilde are back for a brand new case in the bustling city of Zootropolis. When a mysterious new threat emerges, they'll need to work together, face new challenges and uncover the truth.



ELIO PG

A touching and imaginative adventure about a boy who is accidentally beamed to space and mistaken for Earth's ambassador. He discovers new friends, new worlds and learns that he's not alone.



**THURSDAY
15TH OCTOBER**
Straight from school
(no collection required)

£5

Includes
popcorn and
a drink!

⌚

Finishes at
5.15pm

 Parents to line up at the playground gate at collection time and will be seen into the hall to collect children.
No child is permitted to walk home.

 Sign up on Sco Pay now and choose your favourite film!
Must be booked by 5th October.



Asthma Newsletter

Winter 2026

Did you know flu is a major trigger for asthma attacks?

**Want to know how to protect your child this winter?
Follow the Community Children's Asthma Nurses top tips:**

- Take your **preventer** inhaler everyday.
- Always use a **spacer** unless you have a dry powder inhaler.
- Make sure you get your **flu vaccine**.



We need a spacer to ensure the medicine gets to our lungs.



What does a "preventer" inhaler do?

1. It reduces the swelling and inflammation within the airway in the lungs.
2. This makes the airways less sensitive to asthma triggers.
3. Using it every day as prescribed, will mean you need to take your rescue (blue) inhaler less.

According to UKHSA data the flu vaccine is up to 75% effective at preventing hospital attendances due to flu.



What is good asthma control?

1. **No symptoms during the day.**
2. **No symptoms waking them at night.**
3. **Able to complete all normal activities including PE.**
4. **Little/ no need for the rescue (blue) inhaler.**

If you are worried that your child's asthma is not controlled despite preventer treatment, please visit your GP for an asthma review and why not discuss referral to the Children's Community Asthma Service.

Earlier this year, families received a copy of the **Mid Essex Summer Activities Resource**, highlighting free and low-cost activities and opportunities across Braintree, Chelmsford and Maldon.

The organisations involved would like to understand how useful the resource was for local families and whether it helped people access activities over the summer holidays.

We would be grateful if you could complete this short survey, which should take no more than 2 minutes:

Click the link below

[Tell Us What You Thought About the Mid Essex Summer Activities Resource](#)

Or scan the QR code



Your feedback will help shape future resources and support available to families across Mid Essex.

Thank you for your time.



You Are Not Alone Drop-in

Every 1st Tuesday of the month - 7.00pm - 8.30pm

A free monthly online drop-in for parents & carers

The **You Are Not Alone** community is a friendly and safe space run by Erik & Sally Wagter where you can come and learn about autism & PDA, ask questions, connect with like-minded people or simply listen and learn from other people's conversations.



In this community we talk about all sorts of things such as:

- helping your child regulate their emotions & feelings (meltdowns etc)
- understanding autism and PDA
- navigating school and EHCPs
- Supporting your child with friendships
- understanding and managing challenging behaviour
- managing sensory needs
- developing a positive relationship with your child (family dynamics)
- exploring EOTAS or home education
- looking after your wellbeing
- and so much more



Here's what parents have said:

*'My husband Jamie was saying that in the last few sessions, he has learned **so much more about autism and PDA** than he has over the past year - Jo (parent)*

*'Thank you so much for the group this evening. I can't tell you how grateful I feel and I **really do feel less alone** and more validated. My hope is back' - Louise (parent)*

You can request the **Zoom link** on our website

<https://youarenotalone.community> or you can send an email to

team@youarenotalone.community





**NATIONAL
JUSTICE
MUSEUM**

On Tour



National Justice Museum Education

Courtroom Workshops for Key Stages 2 – 5

**Chelmsford Justice
Centre**

**Monday 25th – Friday
29th January 2027**



The National Justice Museum are excited to be in **Chelmsford** in **January 2027** to deliver our immersive courtroom workshops which enable students to learn about citizenship, the law and their rights and responsibilities.

Students will prepare and enact a trial, taking on all the courtroom roles, reach a verdict and explore sentencing options. The sessions allow students to develop key skills such as questioning and public speaking. We are also organising for legal professionals to attend for Q&A sessions.

Date & Time of sessions: Monday 25th – Friday 29th January, 10am - 12pm or 12.30pm - 2.30pm
Cost: £8.50 per student. Teachers are free. (*A 25% discount is available for eligible schools, please enquire for information)

Key Stage 2

Contemporary Topics: Robbery, Cyberbullying, Knife Crime (Year 5-6 Only)

Historical Topics: Victorian Child

Key Stage 3+

Contemporary Topics: Knife Crime, Cyberbullying

Key Stage 5 only: Murder

Historical Topics: Suffragettes, Capital Punishment (KS4/5 only)

Maximum 30 students per session

To book, complete our enquiry form at nationaljusticemuseum.org.uk/museum/learning/educational-visit or call us on 0115 993 9811

Please state 'Chelmsford' as your preferred location