



Perryfields Junior School

The Friday Flyer

Week 37 – July 2026

Headteacher's Message

Dear Parents and Carers,

Our adventurous Year 6 pupils have enjoyed an exciting few days at PGL, where they took on a wide range of challenges with enthusiasm and resilience. Feedback from both pupils and staff has been overwhelmingly positive. Thank you to all the staff who supported the trip - we are very grateful for the time, care and commitment you gave.

Our House Charity Fundraising Day was also a great success. With stalls ranging from Hook a Duck to Beat the Goalie, the children enjoyed a fun-filled and lively afternoon while raising a fantastic amount of money for their chosen charities. Well done to everyone who helped make the event such an enjoyable and worthwhile occasion.

Today, Year 4 ventured into the local community as part of their Geography learning to complete a local area study. During the visit, the children carried out surveys to investigate how different areas of land are being used and assessed their condition. They carefully observed features of the local environment, recorded their findings, and considered how the area meets the needs of the community. The trip provided an excellent opportunity for pupils to apply their classroom learning in a real-world setting while developing their observation, enquiry, and fieldwork skills. The children represented the school brilliantly and thoroughly enjoyed exploring their local area.

We are delighted to announce that, under the dedicated leadership of Mrs Rooney, our Eco Warriors have achieved the prestigious Eco-Schools Award with Distinction. This fantastic accomplishment is a testament to the hard work, enthusiasm and commitment shown by the team throughout the year. From promoting recycling and reducing waste to encouraging sustainable practices across the school, our Eco Warriors have been passionate ambassadors for protecting the environment. Their efforts have helped to inspire positive change within our school community and demonstrate that even small actions can make a big difference. We are incredibly proud of Mrs Rooney and every member of the Eco Warriors team for their dedication and determination in achieving this well-deserved recognition. Congratulations on this outstanding achievement!

As the weather looks set to heat up again next week, please ensure your child comes to school wearing sun cream, with a hat and a water bottle. If they only own school trousers, they may wear their own shorts with a school shirt.

Please also take a moment to remind children about the importance of staying safe around water during the warmer weather. Whether they are visiting the beach, a river, a lake or even a paddling pool, it is vital that they are always supervised by a responsible adult and understand the dangers of going near water unsafely.

We hope you all have a lovely weekend and look forward to seeing everyone back in school next week.

Mrs S Edwards



Pupil of the Week

Cowell: Harley
Seuss: Aadya
Dahl: Alisha
Lewis: Prishaa
Walliams: Evie
Rowling: Alisa
Tolkien: Dexter
Morpurgo: Alex To
Pullman: Hayden

Award for
Outstanding Manners
Sanvika – Walliams Class
Sophie – Rowling Class

PE Award
Louis – Rowling Class

Spellers Award
Lewis Class

Mrs Siddall's Attendance Award
Seuss Class – 99.5%

ATTENDANCE

The national expectation for attendance is 96%. The government has clarified the position regarding the term 'regular' attendance. It means children must be in school EVERY DAY. Every second counts at Perryfields. We must work together to improve attendance and punctuality even more.

Year 3	95.2%
Year 4	97.4%
Year 5	92.1%
Year 6	93.9%



Coming Up So Far

Monday 6 th July	Football Squad trials years 4&5 – email sent
Tuesday 7 th July	Netball Squad trials Years 4&5 – email sent
Monday 13 th July	Year 6 Performance to parents @ 1.30pm – Tickets on sale from 7 th July
Tuesday 14 th July	Year 6 Performance to parents @ 5.30pm – Tickets on sale from 7 th July
Wednesday 15 th July	Year 6 End of Year BBQ – email sent
Wednesday 15 th July	Make £5 Grow Enterprise Market – 3.15pm-4.15pm – Upper School Playground
Friday 17 th July	Whole School End of Year Presentation – details to follow
Friday 17 th July	End of Term – School finishes at 1.30pm

Please see our new menu below

Please note that we can also provide a jacket potato or a packed lunch if your child would prefer this. This will be either the baguette, wrap or soft roll and also includes a drink, fruit, cucumber sticks and the dessert of the day.

Week: Two					
	Monday	Tuesday	Wednesday	Thursday	Friday
Main course	Meat	Baguette day	Sticky Chicken	Gammon	Burger in a roll
	Vegetarian	Baguette day	Meat free sticky fillet	Vegetable Bake	Sausage under wraps
	Gluten Free	Baguette day	Sticky Chicken	Pulled Pork	Sausage under wraps
	Jacket Potato	Beans & Cheese	Beans & Tuna	Cheese & Tuna	Beans, Cheese & Tuna
	Side Dish	Bag of Raisins	Rice	Mash Potato & Gravy	Wedges
	Vegetables		Broccoli	Country Mixed Vegetables	Sweetcorn
	Packed Lunch	Baguette (Tuna, Cheese or Ham)	Wrap (Tuna, Cheese or Ham)	Baguette (Tuna, Cheese or Ham)	Wraps (Tuna, Cheese or Ham)
	Dessert	Chocolate Shortbread	Fruit Jelly	Fresh Fruit Yoghurt	Fresh Fruit Yoghurt
	Drinks	Water/Milk	Water/Milk	Water/Milk	Water/Milk



**LOVED BY KIDS,
TRUSTED BY PARENTS.**

With our famous fit and unbeatable comfort in every step, parents can trust Clarks to deliver perfectly fitting, ultra-durable school shoes, that empower kids to be their very best selves - *all day, all term, and all at a price you'll love.*

Our in-store experts are available to help with professional measuring and personalised advice, to ensure your child leaves with school shoes that fit perfectly and feel comfortable all term long.

We also offer Quiet Time appointments, with fewer crowds, less noise and gentler lights in store. For Quiet time appointments, simply get in touch with your local store and the team will be happy to help.



**SKIP THE QUEUE
SAVE TIME
BOOK A
FITTING**

POP INSTORE OR
BOOK ONLINE
BY SCANNING
HERE



Essex County Council - Early Years and Childcare Parents Survey 2026

Dear Parents and Carers,

Essex County Council is committed to providing outstanding childcare services. But to help us improve we are conducting our annual survey to see how well our program is working.

If you are a parent or carer of a child aged 0-19 years (or 0-25 years for children with SEND), then **we want to hear from you!**

The survey includes questions about:

- Childcare needs for children aged 0-5 years
- Wraparound care for school-aged children
- Childcare during the school holidays (holiday clubs)
- Your child's experience with starting school
- Where you find information about Essex Services

Your information is valued, and your responses will be treated in strictest confidence and will remain anonymous. We ask that you **do not** include any personal details in this survey, however, if you would like to contact us further about any of the questions asked in this survey, please email us at ccdl@essex.gov.uk. The result of the survey will help Early Years and Childcare teams understand the needs of parents and carers in Essex

The survey will be open until Friday the 31st of July and can be accessed through this link - [Essex Early Years and Childcare Survey for Parents 2026 - Essex County Council - Citizen Space](#)

or by scanning this QR code below.

Thank you so much for your time.





COFFEE MORNING AND KIT DRIVE WITH **KITaid**

It's more than just a shirt...

Come enjoy a relaxed coffee morning and discover how your unwanted football kit is spreading smiles and transforming lives in some of the world's poorest and most troubled communities. Since 1998, KitAid has shared over 1.23 million items of kit & equipment—and they need your help!

DROP OFF YOUR DONATIONS

- ✓ Date: 21st July 2026
- ✓ 10h00 - 12h00
- ✓ Beaulieu Community Centre

Enjoy a hot drink and a slice of cake while you learn, chat, and ask questions **FREE TO ATTEND**. Please book your **FREE** ticket at Event Brite: CGC Trust Events or scan the QR code:

SCAN HERE



Come for coffee ☕, leave knowing your kit is making a real difference!



FREE ENTRY





community ART CLUB

OPEN TO YR 5 & 6 STUDENTS

TUESDAY, 8TH OF SEPTEMBER TO TUE 8TH OF
DECEMBER 2026, FOR 12 WEEKS, 3.45PM-
4.45PM. DISCOVER A RANGE OF SCULPTURE,
MIX MEDIA AND PAINTING

FOR FULL DATES AND
INFORMATION CONTACT:
egn@boswells-school.com

Calling all Essex parents and carers!

Are you interested in working for the NHS?

Essex Partnership NHS Foundation Trust (EPUT) has roles available to get your NHS career started!

Working for the NHS is about more than just working in a hospital. With over 150 different careers, you could find your path in areas like:

Pharmacist



Healthcare assistant



Estates and Facilities



Nursing



Physiotherapist



Whether you're passionate about people, problem-solving, or making a difference behind the scenes, there's a place for you in the NHS.

Scan the QR code to visit our careers page.



Top Tips for SETTING BOUNDARIES AROUND GAMING

If your child loves video games, then you'll probably be aware that how long they spend gaming – and what they're actually playing – can occasionally become a source of concern or conflict. The UK's trade body for interactive entertainment, Ukie, has recently launched a campaign to promote safer and more responsible gaming among young people – with parents and carers helping by setting sensible and fair boundaries. Our guide has tips on key areas where you could agree some healthy ground rules for your child's gaming activity.

PROMOTE SAFER GAME CHOICES

Deciding which online games are OK – and which should be avoided – is tricky. Some titles allow children to cooperate or compete with strangers, which creates potential risks. Watching your child play online for a while could provide more insight into a particular game, while the parental controls on most consoles allow you to limit who can chat to your child or send them friend requests. Remind your child of the hazards around strangers online when you discuss this boundary with them.

ENCOURAGE REGULAR BREAKS

Help your child understand the need to take regular breaks, playing in shorter bursts rather than marathon sessions. Bear in mind that some games (such as role-playing games) require time investment from the player, while others (online team games, for example) can't be stopped or paused at a moment's notice. A quick break every hour or so is good practice, and you could suggest some things to do in these breaks, such as having a drink or water or getting some fresh air.

AGREE SPENDING LIMITS

There's no doubt that gaming can be expensive, and younger players often don't realise how much paying for digital items and subscriptions can add up to. Many young gamers love to buy new skins or upgrades for their character, so you could settle on a fixed amount that your child is allowed to spend on in-game items each week or month. This sort of boundary will not only help your child to manage their expectations but will also make you more aware of the price of these items.

DISCUSS AGE RATINGS

Children often ignore the age ratings on games – or are unaware they even exist. If you're happy with your child playing a particular game even though it's rated above their age, then establish that as a boundary: emphasise that you've made an exception, and talk about what age ratings mean and why they're important. You could add context to this boundary by browsing games' boxes together while shopping, discussing why some games might have earned certain age ratings.

18
CENSORED

FACTOR IN FRIENDS

If your child is a keen video gamer, the chances are that they'll have other gamers among their social circle, too. When friends visit, do they instantly dash to their console or computer? You could put boundaries in place before their guests arrive by agreeing on a length of gaming time. Bear in mind, though, that they may try to extend this once they're together. Try coming up with activities or challenges for them during screen breaks – if they join in, they earn a little extra time on their game.

ENJOY GAMING TOGETHER

Setting time aside to play video games together can be an enjoyable bonding exercise. Understandably, some young gamers may be less enthusiastic about a parent or carer joining in, but it can be a productive way of encouraging them to share their hobby with you. Setting goals or tasks might be useful if they love Minecraft, choose something to build together; if Fortnite's their favourite, ask to try out some of the fun game modes, like Prop Hunt, which don't require high skill levels.

TALK ABOUT EMOTIONS

Help your child to monitor their emotions as they play. Discuss what is (and isn't) an acceptable level of competitiveness to show while gaming. Are they allowed to trash talk other players, for example? Can they notice when they get angry if they lose? Do they think these emotions are healthy? Some games can provoke anger, but others can bring joy, humour and the thrill of overcoming a challenge. Try to steer your child towards games that tend to produce these more positive feelings.

BE PREPARED FOR TROLLS

A frequent problem when gaming online is other players who are deliberately troublesome. Make sure your child knows how to report and block someone who makes their experience a negative one. Between you, decide if or how they should deal with these online trolls. Talk about where your child's boundaries are in terms of what they think is acceptable: what behaviour by other users is merely frustrating, and what crosses the line to become upsetting or abusive.

Meet Our Expert

Daniel Upcombe is a writer specialising in technology, video gaming, virtual reality and Web3. He has also written 19 guidebooks for children, covering games such as Fortnite, Apex Legends, Valorant, Roblox and Minecraft. With work published by the likes of PC Gamer, Kotaku, Pocket Gamer and VGG, he has reviewed more than 50 games and products over the past year.



Source: <https://hop.app/about/jamcity.hvz>

NOS
National
Online
Safety
#WakeUpWednesday



@natonlinesafety



/NationalOnlineSafety



@nationalonlinesafety



@national_online_safety

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Essex County Council



Chelmsford SUMMER HOLIDAY ACTIVITIES



FREE SESSIONS



10am - 2pm



For young people aged **5-13**

**Harway House,
Rectory Lane**
Chelmsford, CM1 1RQ

Bookings Open:
22nd June, 12pm

All sessions include Games, Sports, Arts & Crafts, Spring fun & Lunch and Snack!

If your child/children receive benefit-based free school meals, you can book by clicking the link on your HOLIDAY ACTIVITIES VOUCHER CODE, which will be emailed to you. Follow the link and search for our EBGC Clubs.

If you don't receive a Holiday Activity Voucher code but would like the support over the holiday period please visit the Essex Active HAF website for more information.

If you need help with booking or have any questions, please contact Rebecca at: rebeccas@essexboysandgirlsclubs.org
Limited places available! Book now to avoid missing out!

Dates:

**Monday - Thursday
Weeks commencing**

27th July

3rd August

10th August

17th August

**Essex Boys and Girls Clubs Harway House, Chelmsford, CM1 1RQ
Tel: 01245 264783 Charity No: 1163658 Web: essexboysandgirlsclubs.org**

Free Family Events in Chelmsford

A snapshot of low or no cost fun & family-friendly activities across Mid Essex Helping you make the most of the summer holidays!

Families across Mid Essex can enjoy a range of free, fun summer events in Braintree, Chelmsford, and Maldon.

This guide highlights local activities, support, and welcoming spaces to help keep children entertained.

This is just a starting point, there are many more opportunities available through local organisations, offering plenty to explore this summer. Scan here to take a look at our web page for further activities on offer.

**Find out
more here!**



SCAN ME



MID ESSEX CHILDREN'S PARTNERSHIP

Working together to ensure all children & young people in Mid Essex get the best start in life