



Perryfields Junior School

The Friday Flyer

Week 20 – February 2026

Headteacher's Message

Dear Parents/Carers,

What a wonderfully busy and rewarding week it has been!

I have been absolutely delighted by the number of children who have proudly shared their work with me this week. The Nando's homework from year 3 was particularly inspiring, and it has also been a pleasure to celebrate so many Year 6 pupils for their outstanding effort and personal bests in arithmetic tests, alongside superb writing in English and excellent algebra work in maths. It has been fantastic to recognise the effort, creativity, determination and excellence shown across the school.

At the start of the week, our Year 5 pupils took part in a practical road safety session designed to build confidence and support safe, independent travel. They learned about the Green Cross Code, the dangers of distractions such as phones and headphones, and how to identify safer places to cross, before practising real-life road crossing skills with trained staff. The sessions highlighted the importance of regular practice, and families can continue to support this learning at home by modelling safe road habits and talking about road safety in everyday situations.

Tuesday saw our Year 4 pupils visit CSAC to take part in the Year 4 Superstars Festival. The children demonstrated fantastic enthusiasm, teamwork and sportsmanship throughout the event and represented our school brilliantly. They embraced every challenge with energy and determination, supporting one another and showing great resilience, while thoroughly enjoying the experience. They should be extremely proud of themselves for being such excellent ambassadors for our school.

Midweek, Year 3 stepped back in time to Ancient Egypt with an immersive enrichment day. From making canopic jars to tomb painting, the hands-on activities truly brought history to life. Thank you to everyone who helped make the day such a success.

To round off the week, Year 4 enjoyed an exciting trip to Colchester Castle, where they deepened their understanding of the Romans. The children explored the museum, toured the castle foundations, learned about Boudicca, built Roman villas and examined fascinating original artefacts and treasures. A huge thank you to all the staff and parents who supported this memorable visit.

Finally, thank you to everyone who attended the Book Look — we hope you enjoyed sharing your child's learning with them.

Have a wonderful weekend.

Mrs S Edwards



Pupil of the Week

Cowell: Tomi
Seuss: Phoebe
Dahl: Srita
Lewis: Oscar
Walliams: Adhrit
Rowling: Bryony
Tolkien: Olivia T
Morpurgo: Cerys
Pullman: James

Mrs Siddall's Attendance Award
Walliams Class – 98.8%

Award for
Outstanding Manners
Akshara - Seuss
Robert - Seuss

PE Award
Elliot – Tolkien Class

Spellers Award
Seuss Class

Random Act of Kindness
Emily – Cowell Class

ATTENDANCE

The national expectation for attendance is 96%. The government has clarified the position regarding the term 'regular' attendance. It means children must be in school EVERY DAY. Every second counts at Perryfields. We must work together to improve attendance and punctuality even more.

Year 3	96.5%
Year 4	97.8%
Year 5	97.9%
Year 6	91.6%



Coming Up This Term So Far!

Thursday 12 th February	Year 5 Enterprise Day – Parents to join us at 9.15am. Email sent
Friday 13 th February	Year 4 Enterprise Day – Parents to join us at 9.15am. Email sent
Thursday 26 th February	Choir Club starts. Email sent
Tuesday 3 rd March	Year 5 St Osyth Priory Trip – email sent. Volunteers needed
Thursday 5 th March	World Book Day, Heroes and Villains - Book Fayre to Visit – Email sent
Friday 6 th March	School Disco – Email sent – Tickets can be purchased through ScoPay
Monday 9 th March	Uniform Sale – School Hall from 3.30pm
Tuesday 17 th March	Year 3 Easter Production- Details to follow
Monday 23 rd March	Art Gallery & Easter Cake Sale – Change of Date
Tuesday 24 th March	Parents Evening – Details to follow
Wednesday 25 th March	Parents Evening – Details to follow

Reminders/Notices

PE Kits: Children should have a pe kit in school every day. **All children should have a tracksuit in school to wear for outdoor activities.** Children should be able to remove earrings on their own.

Please see the menu below

Please note that we can also provide a jacket potato or a packed lunch if your child would prefer this. This will be either the baguette, wrap or soft roll and also includes a drink, fruit, cucumber sticks and the dessert of the day.

		Week: Two				
		Monday	Tuesday	Wednesday	Thursday	Friday
Main course	Meat	Pork and Apple Burger	Cheddar and Chicken Pasta Bake	Spaghetti Bolognaise	Sausage Casserole	Omega 3 Fish Fingers
	Vegetarian	Cheese and Potato Slice	Cheese and Tomato Pasta Bake	Quorn Bolognaise	Roasted Vegetable Casserole	Cheese Pinwheels
	Gluten Free	Cheese and Potato Slice	Cheese and Tomato Pasta Bake	Spaghetti Bolognaise	Sausage Casserole	Gluten Free Fish Fingers
	Jacket Potato	Beans & Cheese	Beans & Tuna	Tuna & Cheese	Cheese & beans	Tuna, Cheese & Beans
	Side Dish	Jacket Wedges		Garlic Bread	Mash Potato	Chips
	Vegetables	Sweetcorn Salad Bar	Broccoli Sweetcorn Salad Bar		Peas Salad Bar	Beans
	Packed Lunch	Baguette (Tuna, Cheese or Ham)	Wrap (Tuna, Cheese or Ham)	Wrap (Tuna, Cheese or Ham)	Baguette (Tuna, Cheese or Ham)	Wrap (Tuna, Cheese or Ham)
	Dessert	Fresh Fruit Yoghurt	Iced Sponge Cake	Fresh Fruit Yoghurt	Brownie	Fruit Muffins
	Drinks	Water/Milk	Water/Milk	Water/Milk	Water/Milk	Water/Milk

February Half Term Clubs Now Open for Booking with Essex ActivAte

Essex ActivAte half term clubs are now live to book, which **offer free spaces for eligible families across Essex**. These clubs continue to play an important role in supporting local communities by providing school aged children with access to high quality activities, including sports, creative arts, wellbeing sessions, food education, and opportunities to build confidence and form new friendships. With nearly 100 clubs operating county wide, families can expect a diverse range of enriching experiences throughout the school break.

A HolidayActivities voucher code is not required to book. Families can simply visit the **Find Your Active Activity Finder**, locate their nearest club, and contact the provider directly to secure a free place. Clubs are also offering paid for and paid spaces, so there is something for everyone at an Essex ActivAte club!



World Book Day Themed Lunch



Thursday 5th March



Spaghetti and Meatballs

(Main, Vegetarian & Gluten Free)



Harry Potter Surprise Cupcakes

What House Will You Be?



FRIDAY 6th March 2026

Year 3 and 4

4:00pm – 5:00pm

Year 5 and 6

5:15pm – 6:15pm

£5

**Payable via
ScoPay**

**There will be a tuck shop where children can purchase drinks and snacks
for 50p**

What Parents & Educators Need to Know about

DEEPFAKES

WHAT ARE THE RISKS?

A "deepfake" generates photos, videos and audio via AI models trained on the subject to mimic their look and sound, making it appear they said words or committed acts that never occurred. While initially unsophisticated and easy to identify, deepfakes are increasingly more convincing as the technology behind them continues to improve at a solid pace.

FAKE NEWS

With the technology getting easier to use and public figures having lots of photos and clips to train AI from, deepfakes are often used to spread fake news, propaganda and scams. For example, in 2023, an audio deepfake of Labour leader Sir Keir Starmer designed to make him sound like he was leveling an aid was pushed by propagandists on X.

SCAMS

With the right training material, deepfakes can be made from anyone's voice and appearance, and that means scammers can take advantage. In 2018, criminals took the voice of an energy company's CEO to steal £220,000 from the company, and private citizens have also been targeted. In 2023, an Arizona mother was the subject of a fake kidnapping phone call, using deepfaked audio of her daughter pleading for her life.

EXTORTION

You might not be the one being tricked by a deepfake – you could also be the star of it. Blackmail videos are as old as film itself, but with deepfake technology you could become a target without even doing anything. A deepfake video showing a person in an uncomplimentary position could make the victim pay up, even if the scenes depicted are entirely fictitious.

EXPLICIT MATERIAL

A 2019 report claimed that 90% of deepfake videos were pornographic in nature. In other words, users were realistically superimposing the faces of other people onto the bodies of pornographic actors. This is creepy in its own right but can also lead to the kind of extortion highlighted above if the video looks convincing enough. Indeed, the FBI warned about this phenomenon in 2023.

Advice for Parents & Educators

KEEP THOSE PROFILES PRIVATE

To make a convincing deepfake, you need a supply of images, audio, or video of the subject. This means that most non-celebrity victims are targeted via social media, where there's a ready-made repository of media to train a deepfake from. Most social media companies have privacy settings to prevent unauthorised access. Enable these to keep strangers away.

KNOW THE SIGNS

While deepfake technology has come on in leaps and bounds in recent years, there are still telltale signs to look and listen out for. The process of creating deepfakes can leave blurry edges and flickering textures, especially around hair and teeth. If the mouth doesn't seem to be moving in relation to the words spoken, that's another telltale sign. For audio, listen out for mispronounced words and a slightly unusual, robotic rhythm of speech.

USE RESEARCH AND COMMON SENSE

More sophisticated deepfakes won't have obvious signs but can still be spotted with critical thinking and investigation. If you see a friend or family member in what you think is a deepfake, you could contact them directly and clear it up with them. For public figures, look them up to discover if what you saw was legitimate. Also employ critical thinking – think about why this clip could have been made.

INFORM AND EMPOWER CHILDREN

As well as emphasising the need for privacy and not trusting everything they see online, it's important to ensure children realise why deepfakes are problematic in the first place. With deepfake technology getting more accessible and easier to use, children can start using the technology to make deepfakes of schoolmates, teachers, or other adults. Make sure they're aware of the harm this technology can cause and the ethics of manipulating someone's image in this way.

Meet Our Expert

Alan Martin is an experienced technology journalist who has written for the likes of Wired, Tech Radar, Tom's Guide, The Evening Standard and The New Statesman.



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FEBRUARY 2026 Timetable

All sessions delivered live online via zoom. 90 minutes long

£24 each or FREE with School Membership

Book online at facefamilyadvice.co.uk

Recordings available for 48 hours (excluding Free Talk)

Autism - Improving Communication	2 Feb 10am
Improving Family Communication	2 Feb 7pm
Supporting A Child with ADHD	3 Feb 10am
Understanding Addictive Behaviour	3 Feb 7pm
Anxiety Based School Avoidance	9 Feb 10am
Anxiety Explained	16 Feb 10am
Cannabis and Ketamine Awareness	16 Feb 7pm
What is ACT?	17 Feb 10am
Introduction to OCD	17 Feb 7pm
FREE - Reducing the Harm from Screens	19 Feb 7-8pm
Understanding the Teenage Brain	23 Feb 10am
Raising Self-Esteem	23 Feb 7pm
Decreasing Depression	24 Feb 10am
Supporting Healthy Sleep	24 Feb 7pm
Understanding Anger	9 Mar 7pm
Facing Defiance	10 Mar 7pm

APPLICATIONS ARE NOW OPEN

JUNIOR BAKE OFF

WWW.APPLYFORJUNIORBAKEOFF.CO.UK

AGED BETWEEN 9-15 AND WANT TO GIVE
YOUR BAKING SKILLS A GO?

WE WANT TO HEAR FROM YOU!



LAST CHANCE TO APPLY 15TH MARCH 2026



Kids Inspire Holiday Club

Our free Holiday Club is run once a week during most school holidays. It creates a safe space for children to:

- participate in meaningful activities
- make friends and socialise
- access lunch and snacks

and all of this is while developing social and communication skills and exploring new talents or interests.

Who is Holiday Club for?

Holiday Club sessions are booked and offered to families according to criteria. Priority will be given to those from lower income families, in receipt of pupil premium or eligible for free school meals.

Activities are free and suitable for children aged 6 and over in primary school.

For more information you can [read our Holiday Club Terms and Conditions.](#)

Where are the Holiday Club activities?

Activities are held at our Kids Inspire HQ, Hargrave House, Hollycroft, Great Baddow, Chelmsford, CM2 7FW

Time: 10:30am-3:30pm

Upcoming dates for 2026 Holiday Clubs:

Tuesday 17 February 2026 - Animal Discovery with Eden Oasis

This February half term, children will have the chance to meet and handle eight amazing animals with a visit from Eden Oasis! **Please be aware that this will include cockroaches, leaf insects, royal python, blue tongue skunk, tortoise, ferrets, armadillo and rabbits.**

Expressions of interest are now open for our February activity, please **complete our [expression of interest form.](#)**

[Eden Oasis - Animal Discovery Tuesday 17 February 2026 – Fill in form](#)

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Exceptional activity
camps for children
aged 4 to 14 at

**New Hall
School,
Chelmsford**



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**EARLY
BOOKING
OFFER
NOW ON!**

NATURE & ECO-SYSTEM WORKSHOP WILDERNESS

FOUNDATION UK

🌿 Nature & Eco Workshop 🌿

For children aged 7-11 years

Parents are asked to stay present during the session.

Join The Wilderness Foundation for an interactive, hands-on workshop where children can explore the wonders of the natural world!

Workshop highlights:

- Fascinating show & tell featuring natural items, including animal skulls, bees, and insects
- Engaging activities exploring ecosystems and how different species depend on one another

Tickets: £8 per child (to be purchased for each child attending)

Don't miss this chance for your child to discover, learn, and get hands-on with nature!

17th February 2026
14:00 - 17:00



TO BOOK YOUR TICKETS TO BOOK PLEASE GO TO
WWW.EVENTBRITE.CO.UK AND SEARCH CHELMSFORD GARDEN
COMMUNITY TRUST EVENTS OR SCAN THE QR CODE

📞 01245 468911

✉ enquiries@beaulieuhub.uk

📍 Beaulieu Community Centre, CM1 6AU

SCAN ME





SPACE

SPACE offers free support to families of children and young people with SEND.

Delivered by peer educators – all parents and carers with lived experience.

Get support your way:

-  **in person** – meet us at Local Offer roadshows, coffee mornings, and community events
-  **by phone** – talk one-to-one with a peer educator
-  **online** – join webinars on key topics, led by peer educators
-  **on the SPACE website** – find helpful info and guidance anytime



Book your place for an online session, or a phone call today!

parent-send-support.essex.gov.uk

