## Family and Friends/Relationships Knowledge Organiser



We respect what people say.

We listen to everyone.

We don't make assumptions.

We never ask each other personal questions or put anyone on the spot.

We don't judge anyone.

Everyone has the right to pass if they don't want to comment.

We understand that any concerns will be passed on or when an adult will deal with something.

## Use Supa Thinking. It's not worth

was a silly mistake. Forget about it.'

SSERT

USEFUL FOR FRIENDSHIP FLAMES AND FIRES. Your strategy for sticking up for yourself and letting your friends know that it's not OK to treat you like that.

NOT USEFUL FOR ANY FRIENDSHIP FLARE UPS.

## Creates more bad feeling and dram around the refusal Well that's a silly reason and I a

Family - a group of people who live together (they all vary and are different).

Friends - friends are people who you confide in, play with, have fun with and cheer you up when you are sad.

**Different** - not the same as one another or each other.

Important - of great significance and value.

**Emotions** - a strong feeling coming from a circumstance or mood.

Feelings - an emotional state or reaction.

**Personal** - belonging to or affecting a particular person rather than anyone else

Express - to show using words, actions or body language.

**Conflict** - a struggle between people which may be physical, or between conflicting ideas.

Bystander - a person who does not become actively involved in a situation where someone else requires help

**Upstander** - someone who intervenes on behalf of a person who's being bullied Bullying - to treat (someone) in a cruel, insulting, threatening, or aggressive way repeatedly.

Boundaries - the limits you set with other people letting them know what we find acceptable or unacceptable.

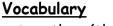
Teasing - to make fun of

Respectful - you accept somebody for who they are, even when they're different from you or you don't agree with them

Self-Respect - understanding and honouring your own needs

Courtesy - behaving in a polite manner and displaying good manners

**Polite** - having or showing good manners or respect for other people





• Stand tall, shoulders back.

• Chin up and use your eyes.

• Keep calm and arms by your side.

 Speak in a loud and strong voice.

• Look into the person's eves for 3 seconds.

• Walk away. Don't look back. Don't answer.