



St William of York Catholic Primary- *Together Everyone Achieves More*  
RSHE Curriculum Overview

PSHE/RSHE/Wellbeing/Catholic Life at St William of York Catholic Primary School 2026-2027

| Autumn Term       |      |                                                                                                                                                                                  |                                                                                                                                                                                                |                                                                                                                                                                                                                                 |                                                                                                                                                                                                                     |                                                                                                                                                                                                                           |                                                                                                                                                                                                        |
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|                   | EYFS | Year 1                                                                                                                                                                           | Year 2                                                                                                                                                                                         | Year 3                                                                                                                                                                                                                          | Year 4                                                                                                                                                                                                              | Year 5                                                                                                                                                                                                                    | Year 6                                                                                                                                                                                                 |
| 1 Decision (PSHE) |      | <u>Keeping/Staying Safe</u><br>Road Safety***<br><u>Fire Safety SPECIAL</u><br>HOAX<br>Calling<br><u>Keeping/Staying Healthy</u><br>Handwashing**<br>Relationships<br>Friendship | <u>Keeping/Staying Safe</u><br>Tying shoelaces**<br>*<br>Staying Safe***<br><u>Fire Safety SPECIAL</u><br>Petty Arson*<br>Texting while driving*<br><u>Keeping/Staying Healthy</u><br>Eating** | <u>Keeping/Staying Safe</u><br>Leaning out of windows**<br>Summative topic<br><u>Fire Safety SPECIAL</u><br>Visit to the fire station<br><u>Keeping/Staying Healthy</u><br>Medicine*<br>Summative Topic<br><u>Relationships</u> | <u>Keeping/Staying Safe</u><br>Baseline Topic Cycle<br>Safety***<br><u>Fire Safety SPECIAL</u><br>First aid special<br><u>Keeping/Staying Healthy</u><br>Baseline Topic<br>Healthy Living**<br><u>Relationships</u> | <u>Keeping/Staying Safe</u><br>Peer pressure***<br>*<br>Adults and children's views***<br><u>Fire Safety SPECIAL</u><br>First aid special<br><u>Keeping/Staying Healthy</u><br>Smoking***<br>Adults and children's views* | <u>Keeping/Staying Safe</u><br>Water safety***<br>Summative topic<br><u>Fire Safety SPECIAL</u><br>First aid special (part 1 and 2)<br>Summative Topic<br><u>Keeping/Staying Healthy</u><br>Alcohol*** |



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|-------------------|--------------------|------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|
|                   | Anti-bullying Week | Anti-bullying Week                                                                                               | Anti-bullying Week                                                                                                      | Anti-bullying Week                                                                                        | Anti-bullying Week                                                                                                      | Anti-bullying Week                                                                                                                                | Anti-bullying Week                                                                                       |
|                   | Computer Safety    | Bike it                                                                                                          | Bike it                                                                                                                 | Bike it                                                                                                   | Bike it                                                                                                                 | Bike it                                                                                                                                           | Bike it                                                                                                  |
|                   | Live Simply        | Computer Safety                                                                                                  | Computer Safety                                                                                                         | Computer Safety                                                                                           | Computer Safety                                                                                                         | Computer Safety                                                                                                                                   | Computer Safety                                                                                          |
|                   |                    | Live Simply                                                                                                      | Live Simply                                                                                                             | Live Simply                                                                                               | Live Simply                                                                                                             | Live Simply                                                                                                                                       | Live Simply                                                                                              |
| Spring Term       |                    |                                                                                                                  |                                                                                                                         |                                                                                                           |                                                                                                                         |                                                                                                                                                   |                                                                                                          |
|                   | EYFS               | Year 1                                                                                                           | Year 2                                                                                                                  | Year 3                                                                                                    | Year 4                                                                                                                  | Year 5                                                                                                                                            | Year 6                                                                                                   |
| 1 Decision (PSHE) |                    | Being Responsible<br>Baseline Topic<br>Water Spillage***<br>Feelings & Emotions<br>Baseline Topic*<br>Jealousy** | Being Responsible<br>Practice makes perfect***<br>Helping someone in need**<br>Feelings & Emotions<br>Worry**<br>Anger* | Being Responsible<br>Stealing***<br>Summative Topic**<br>Feelings & Emotions<br>Grief*<br>Summative Topic | Being Responsible<br>Baseline Topic*<br>Coming home on time***<br>Feelings & Emotions<br>Baseline Topic*<br>Jealousy*** | Being Responsible<br>Looking out for others***<br>Adult and children's views**<br>Feelings & Emotions<br>Anger***<br>Adult and children's views** | Being Responsible<br>Stealing***<br>Summative Topic*<br>Feelings & Emotions<br>Worry*<br>Summative Topic |

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|                       |                                                                                             |                                                                                             |                                                                                             |                                                                                           |                                                                                             |                                                                                             |                                                                                             |
| British Values        | Democracy                                                                                   | Rule of Law                                                                                 | Individual Liberty                                                                          | Mutual Respect                                                                            | Tolerance of those with different faiths and beliefs                                        |                                                                                             |                                                                                             |
| Journey in Love (RSE) | The wonder of being special and unique.                                                     | We meet God's love in our family.                                                           | We meet God's love in the community.                                                        | How we live in love.                                                                      | God loves us in our differences.                                                            | God loves us in our changing and developing.                                                | The wonder of God's love in creating new life.                                              |
| Extra                 | Active Sefton<br>NSPCC-Speak Out Stay Safe<br>Safer Internet Day<br>Laudato Si-Eco Warriors | Active Sefton<br>NSPCC-Speak Out Stay Safe<br>Safer Internet Day<br>Laudato Si-Eco Warriors | Active Sefton<br>NSPCC-Speak Out Stay Safe<br>Safer Internet Day<br>Laudato Si-Eco Warriors | NSPCC-Speak Out Stay Safe<br>Safer Internet Day<br>Laudato Si-Eco Warriors<br>Live Simply | Active Sefton<br>NSPCC-Speak Out Stay Safe<br>Safer Internet Day<br>Laudato Si-Eco Warriors | Active Sefton<br>NSPCC-Speak Out Stay Safe<br>Safer Internet Day<br>Laudato Si-Eco Warriors | Active Sefton<br>NSPCC-Speak Out Stay Safe<br>Safer Internet Day<br>Laudato Si-Eco Warriors |

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|                      | Live Simply | Live Simply                                                                                                                  | Live Simply                                                                                                                                                                |                                                                                                                                                                                                           | Live Simply                                                                                                                                                                                | Live Simply                                                                                                                                                                                              | Live Simply<br>Litter<br>Picking                                                                                                                                                                       |
| Summer Term          |             |                                                                                                                              |                                                                                                                                                                            |                                                                                                                                                                                                           |                                                                                                                                                                                            |                                                                                                                                                                                                          |                                                                                                                                                                                                        |
|                      | EYFS        | Year 1                                                                                                                       | Year 2                                                                                                                                                                     | Year 3                                                                                                                                                                                                    | Year 4                                                                                                                                                                                     | Year 5                                                                                                                                                                                                   | Year 6                                                                                                                                                                                                 |
| 1 Decision<br>(PSHE) |             | <u>Computer Safety</u><br>Baseline Topic<br>Online Bullying**<br><u>Our World</u><br>Baseline Topic<br>Growing in our world* | <u>Computer Safety</u><br>Image sharing**<br>Computer Safety<br>documentar y<br><u>Our World</u><br>Living in our world*<br>Working in our world*<br><u>Hazard Watch</u> * | <u>Computer Safety</u><br>Making friends online*<br>Summative Topic<br><u>Our World</u><br>Looking after our world*<br>Summative topic*<br><u>A World Without Judgement</u><br>Looking after our world*** | <u>Computer Safety</u><br>Baseline topic<br>Online bullying***<br><u>The Working World</u><br>Baseline topic*<br>Chores at home***<br><u>A World Without Judgement</u><br>Baseline topic** | <u>Computer Safety</u><br>Image sharing***<br>Adult and children's views*<br><u>The Working World</u><br>Enterprise*<br>Adult and children's views*<br><u>A World Without Judgement</u><br>Inclusion and | <u>Computer Safety</u><br>Making friends online **<br>Summative topic**<br><u>The Working World</u><br>In app purchases*<br>Summative topic**<br><u>A World Without Judgement</u><br>British Values*** |

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|                                                                                                                                                                                                                                  |                                         |                                        |                                        |                                        | Breaking down barriers***                            | acceptance*<br>****<br>Adult and children's views*** | Summative topic**                              |
| British Values                                                                                                                                                                                                                   | Democracy                               | Rule of Law                            | Individual Liberty                     | Mutual Respect                         | Tolerance of those with different faiths and beliefs |                                                      |                                                |
| Journey in Love (RSE)                                                                                                                                                                                                            | The wonder of being special and unique. | We meet God's love in our family.      | We meet God's love in the community.   | How we live in love.                   | God loves us in our differences.                     | God loves us in our changing and developing.         | The wonder of God's love in creating new life. |
| Extra                                                                                                                                                                                                                            | Water Safety (RNLI)<br><br>Live Simply  | Water Safety (RNLI)<br><br>Live Simply | Water Safety (RNLI)<br><br>Live Simply | Water Safety (RNLI)<br><br>Live Simply | Water Safety (RNLI)<br><br>Live Simply               | Water Safety (RNLI)<br><br>Live Simply               | Water Safety (RNLI)<br><br>Live Simply         |
| Protected Characteristics                                                                                                                                                                                                        |                                         |                                        |                                        |                                        |                                                      |                                                      |                                                |
| Teaching about the Protected Characteristics is not just about what happens in PSHE lessons. It is included as part of other curriculum subjects such as RE e.g. Dialogue and Encounter and in History e.g. Black History Month. |                                         |                                        |                                        |                                        |                                                      |                                                      |                                                |

1decision provides a kitemarked framework for PSHE which includes additional content such as protected characteristics. Together this content supports us in evidencing personal development for every pupil. For more information please see: [protected-characteristics-mapping-document.pdf](#)

As a school, we:

- Are aware of humour and jokes amongst pupils as they may be derogatory about stereotypes and should be challenged.
- Challenge negative attitudes.
- Use a range of resources which reflect the diversity of our students.
- Ensure resources are always non- sexist, non- racist and non- discriminatory.
- Adapt resources and incorporate differing learning styles when possible.
- When dividing the class into groups we ensure mixing genders, differing abilities, religious backgrounds and other differences within the cohort.

Raise awareness that all individuals should be treated equally and fairly to support moral and social attitudes.

