



Wednesday 4th March 2026

Dear Parents and Carers,

In this Sunday's Gospel we have a witty dialogue between Jesus and the Samaritan woman drawing water at the well, where each seems to be teasing the other.

Water is a sign of life. The 'living water' is the sign of everything that Jesus offers us to satisfy our need of God's love and guidance. With its serious message, this Sunday's Gospel is a lovely example of Jesus' willingness to engage with people just as they are – and that includes us too!

God has no favourites; we are all loved equally by God. The season of Lent presents a great opportunity for everyone to enter afresh into the living and nourishing water of God's love which surpasses any food or drink.

Enjoy hearing your child's thoughts about this Sunday's Gospel and this Wednesday's words, which are **GOD'S LOVE**.

Dom Henry Wansbrough



A **Word** from the Saints

"God's love is a spring of living water which flows constantly into the hearts of those who pray." St Louis de Montfort

THE GOSPEL IN CHURCH Sunday 8th March 2026



Jesus came to the Samaritan town called Sychar and, tired by the journey, sat straight down at Jacob's well. A Samaritan woman came to draw water. Jesus said to her, "Give me a drink." She was taken by surprise because Jews and Samaritans rarely spoke to each other. She replied, "What? You are a Jew and I am a Samaritan woman. How can you ask me for a drink of water when Jews and Samaritans don't have anything to do with each other?" Jesus replied: "If you only knew what God is offering and who it is that is saying to you: 'Give me a drink,' you would have been the one to ask, and he would have given you living water." "You have no bucket, sir," she answered, "and the well is deep: how could you get this living water?" Jesus replied: "Whoever drinks this water will get thirsty again; but anyone who drinks the water that I shall give will never be thirsty again: the water that I shall give will turn into a spring inside them, welling up to eternal life." "Sir," said the woman, "give me some of that water, so that I may never get thirsty again."

Adapted from John 4:5-15.19-26.39-42
The 3rd Sunday of Lent, Year A

Getting to know Jesus makes life joyful.
Learn more about this Sunday's Gospel in your local Parish Church: all are very warmly invited.

Family Time Prayer & Share Overleaf ▶

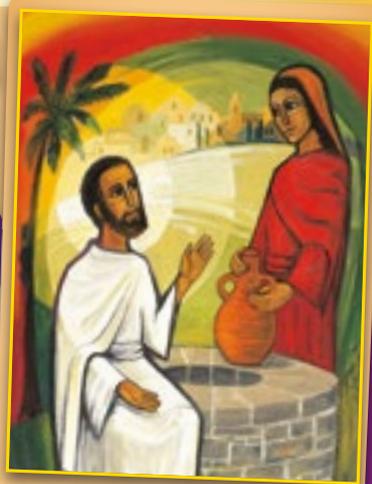
Good News for Everyone

The living water which Jesus talks about in this Sunday's Gospel reminds us of the powerful way that God's love flows into people when they are baptised. As we hear of Jesus' love for people throughout the Gospel stories, we can be certain of God's love for each one of us today.



Good News for Families

TOGETHER TIME



Sunday Gospel Gallery

Look at this Sunday's Gospel picture. What can you see? How do you feel? What does it make you think about?

1 READ & REFLECT! Listen & Learn with Jesus, the Word!

Jesus came to a town called Sychar and, tired by the journey, sat down besides Jacob's well. A Samaritan woman came to fill her jug with water from the well. Jesus asked her for a drink and said: "Whoever drinks the water from this well will get thirsty again; but anyone who drinks the living water that I shall give will never be thirsty again: the water that I shall give will be like a spring of flowing water inside them that gives everlasting life." "Sir," said the woman, "please give me some of that water, so that I may never get thirsty again."

What is special about the water that Jesus offers?

Which word or words stood out for you in this Sunday's Gospel, and why? Spend a few relaxing moments pondering the picture together. Share any thoughts before moving on.

2 SHARE & CARE! Growing in Goodness & Love: This Wednesday's Words...

"God loves each of us as if there were only one of us to love." *St Augustine of Hippo*

God is love and all love comes from God. Ask your child what the words 'God's love' mean to them. We can often see God's love at work through the goodness in people around us. Where does your child see God's love in action? Who does your child know who stands out as someone who shares God's love with others? How does that person show love? It may help your child if you can give an example of your own.



The more we experience and share God's love, the happier we become. Each of you say how you usually experience God's love. Perhaps it is through: the love of your family or other people; help from others; the sacraments; spending time with Jesus in prayer, at home or in Church. Then each of you choose a way in which you will especially share God's love with someone in this coming week.

GOD'S LOVE



3 Dear Lord Jesus, please help our family to grow in your love and to share your love with others through the way we live our lives. Amen.

FINDING THREE

WEDNESDAY WORDSEARCH

SMARTSEARCHERS FIND THESE EIGHT WORDS EITHER ACROSS OR DOWN

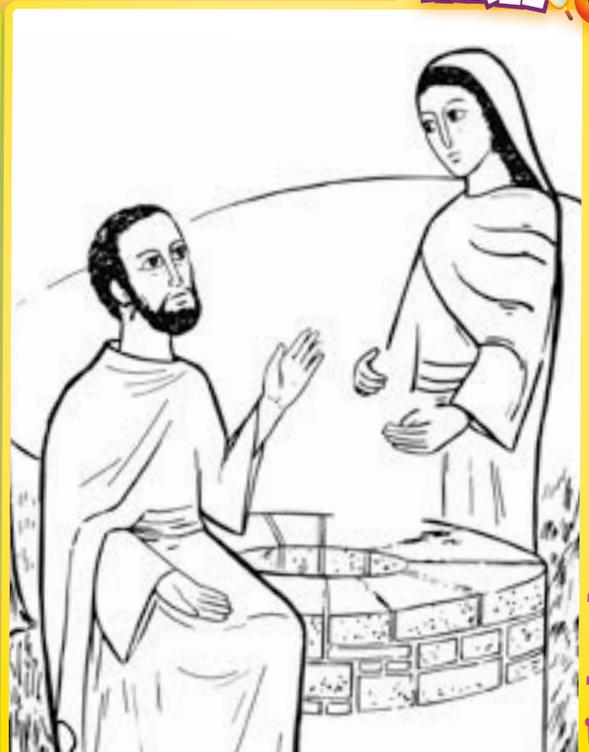
- SAMARITAN
- WOMAN
- JESUS
- GIVES
- LIVING
- WATER
- EVERLASTING
- LIFE

SUPERSEARCHERS FIND THE WORDS BACKWARDS OR DIAGONALLY

Cross out the letters **o l m** in the jumbled words below to find 4 real words.

wolaterm thimrsolty lodrimnks gimovel

"Anyone who _____ the living _____ that I shall _____ will never be _____ again."



Find and draw 3 differences, then colour the picture



Through the person he was, and through his teaching and miracles, Jesus showed people that God's love is for everyone. God shares his love with us and calls us to share it with others too.



This week I will try my best to...



Write a promise & draw a big smile on Smiley