

Banks Road Primary School

PSHE Long Term Curriculum Plan



Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery 	Belonging, Behaviour & Responsibility - Help to feel welcome - To make Nursery a better place - Right to learn - Care about other feelings - Work well with others - Follow charter	Identity, Respect & Equality - Accept that all different - Include all when playing - Know how to help if someone being bullied - Try to solve problems - Use kind words - Give and receive compliments	Money, Work & Life Skills - Staying motivated when doing something challenging - Keep trying even when difficult - Work well with a partner - Positive attitude - Help others achieve - Work hard on dreams and goals	Physical Health, Wellbeing & Safety - Health choices - Healthy diets - Physically active - Keeping others and I safe - Be a good friend - Work hard on dreams and goals	Safe Relationships & Influence - How to make friends - Solve friendship problems - Help others be part of a group - Show respect - Know how to help self and others - Make good relationships	Growing Up, Change & Online Safety - Everyone is unique - Express how feel - Respect changes in others - Know who to ask for help - Look forward to change Transition to a new class
Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception 	Belonging, Behaviour & Responsibility - Self-identity - Understanding feelings - Being in a classroom - Being gentle - Rights and responsibilities No Outsiders: To say what I think	Identity, Respect & Equality - Identifying talents - Being special - Families - Where you live - Making friends - Standing up for yourself No Outsiders: To understand that it is ok to like different things	Money, Work & Life Skills - Challenges - Perseverance - Goal- setting - Overcoming obstacles - Seeking help - Jobs - Achieving goals No Outsiders: To make friends with someone different	Physical Health, Wellbeing & Safety - Exercising bodies - Physical activities - Healthy food - Sleep - Keeping clean - Safety No Outsiders: To understand that all families are different	Safe Relationships & Influence - Family life - Friendships - Breaking friendships - Falling out - Dealing with Bullying - Being a good friend No Outsiders: To celebrate my family	Growing Up, Change & Online Safety - Bodies - Respecting my body - Growing up - Growth and change - Fun and fears - Celebrations Transition to a new class
Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
1	Belonging, Behaviour & Responsibility Jigsaw - Belonging and Being Me	Identity, Respect & Equality Birmingham RSE – The same and different	Money, Work & Life Skills (BBC Bitesize) Money and how we pay for things	Physical Health, Wellbeing & Safety DHSC – Healthy Eating	Safe Relationships & Influence SIL – Positive Relationships	Growing Up, Change & Online Safety Jigsaw - My Body and How I've Grown

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	Jigsaw - Rules, Choices, and Feelings Jigsaw Goals, Challenges, and My World No Outsiders: To like the way, I am.	Birmingham RSE – Boys and Girls Birmingham RSE – What a friend looks like DHSC - Kindness No Outsiders: To play with boys and girls	- Spending v Saving - Needs and wants No Outsiders: To recognise that people are different ages	DHSC – Sugar Smart DHSC – Dental Health No Outsiders: To understand that all families are different	SIL – People who keep me safe SIL – Kind and Caring friends SIL – Unkind and uncaring friendships No Outsiders: To understand that we share the world with lots of people	Jigsaw - Learning New Things and Feelings Jigsaw - Looking After My Body and Changes Ahead
Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
2 	Belonging, Behaviour & Responsibility Jigsaw - Belonging, Rights, and Responsibilities Jigsaw - Choices, Consequences, and Working Together) Jigsaw - Goals, Challenges, and My Wider World No Outsiders: To understand what diversity is	Identity, Respect & Equality Birmingham RSE - My Family Birmingham RSE – What makes a family? Birmingham RSE – Respecting differences DHSC - Kindness No Outsiders: To understand that we share the world.	Money, Work & Life Skills Careers Explorers - Strengths and Interests Careers Explorers – Different Jobs My Money Week – Risking it is it worth it? My Money Week – My money thoughts No Outsiders: To understand what makes someone feel proud	Physical Health, Wellbeing & Safety EMM -Wellbeing EMM- emotions EMM- Self care No Outsiders: To feel proud of being different	Safe Relationships & Influence SIL – Tricky grown ups SIL – I’m worried about home SIL- I’m worried about friendships SIL- Being gentle/rough SIL -We shouldn’t be friends anymore No Outsiders: To feel proud of being different	Growing Up, Change & Online Safety Jigsaw - Boys’ and Girls’ Bodies & How We Grow Jigsaw - Learning, Feelings, and Being Unique Jigsaw - Changes, Privacy, and Looking Ahead
Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
3	Belonging, Behaviour & Responsibility Jigsaw - Setting personal goals Jigsaw - Positivity in challenges	Identity, Respect & Equality - Families and their differences - Family conflict and how to manage it (child-centred)	Money, Work & Life Skills Caring for the environment - Everyone is responsible	Physical Health, Wellbeing & Safety DHSC – Healthy Eating 1 DHSC – Healthy Eating 2	Safe Relationships & Influence SIL – How do we show we care SIL – Adverse online friendships	Growing Up, Change & Online Safety Birmingham RSE- Being part of the wider world x 5

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	• Jigsaw - Rules, rights and responsibilities • Jigsaw - Rewards and consequences • Jigsaw - Responsible choices • Jigsaw - Seeing things from others' perspectives No Outsiders: To understand how difference can affect someone	• Witnessing bullying and how to solve it. • Recognising how words can be hurtful. • Giving and receiving compliments No Outsiders: To understand what 'discrimination' means	• Caring for the environment - People and jobs • My Money Week – It is a Risky Business • Jigsaw - Simple budgeting • Jigsaw - Evaluating learning processes No Outsiders: To find a solution to a problem.	• DHSC – Healthy Eating 3 • Jigsaw – Food labelling and healthy swaps • Jigsaw - Fitness challenges • Attitudes towards No Outsiders: To use strategies to help someone who feels different.	• SIL - Being aware of how my choices affect others. • SIL – Getting Help • SIL – Positive Online friendships. No Outsiders: To be welcoming	
Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
4 	Belonging, Behaviour & Responsibility • Jigsaw Being part of a class team • Jigsaw Being a school citizen • Jigsaw Rights, responsibilities and democracy (school council) • Jigsaw Rewards and consequences • Jigsaw Group decision-making. • Jigsaw Having a voice • Jigsaw What motivates behaviour.	Identity, Respect & Equality • Jigsaw Challenging assumptions • Jigsaw Judging by appearance • Jigsaw Accepting self and others • Jigsaw Understanding influences • Jigsaw Understanding bullying • Jigsaw Problem-solving • Jigsaw Identifying how special and unique everyone is • First impressions	Money, Work & Life Skills • BBC Financial Ed - Influencers • Helping Others • Keeping Track of Spending • Advertising • HMRC – Junior Tax Facts • HMRC – Junior Tax Facts No Outsiders: To overcome language as a barrier	Physical Health, Wellbeing & Safety • SF Liverpool • SJA – Basic First Aid • SJA – Calling for Help No Outsiders: To ask questions	Safe Relationships & Influence • SIL –I've argued with my best friend • SIL – Ending a friendship • SIL - Stuck in the middle • SIL – What to do about bullying • SIL – What is a bystander • SIL – Feeling pressured by others No Outsiders: To be who you want to be	Growing Up, Change & Online Safety • SIL – Personal Safety • Birmingham RSE – Understanding and appreciating positive relationships x 5 • Medway – puberty time

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	No Outsiders: To know when to be assertive.	No Outsiders: To understand why people choose to get married				
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5 	Belonging, Behaviour & Responsibility Jigsaw planning the forthcoming year Jigsaw Being a citizen Jigsaw Rights and responsibilities Jigsaw Rewards and consequences Jigsaw How behaviour affects groups Jigsaw Democracy, having a voice, participating. No Outsiders: To learn from our past	Identity, Respect & Equality - Cultural differences and how they can cause conflict. - Racism - Rumours and name-calling - Types of bullying - Material wealth and happiness - Enjoying and respecting other cultures No Outsiders: To justify my actions	Money, Work & Life Skills Cyber Detectives – What is online fraud Cyber Detectives – Where can online fraud appear Careers Explorers - To learn about the skills needed for different jobs Careers Explorers - To learn about how people choose a career Careers Explorers - To learn about routes into different jobs and career pathways. No Outsiders: To recognise when someone needs help	Physical Health, Wellbeing & Safety BBC Financial Ed – Gambling BBC Financial Ed – Gambling Jigsaw - Smoking, including vaping. Jigsaw - Alcohol Jigsaw - Alcohol and anti-social behaviour No Outsiders: To appreciate artistic freedom	Safe Relationships & Influence SIL – What is respect SIL – Friendship changes SIL – Friendship Arguments SIL – Family arguments SIL – Feeling worried about home No Outsiders: To accept people who are different from me	Growing Up, Change & Online Safety Birmingham RSE- Keeping relationship healthy and safe x 6
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6 	Belonging, Behaviour & Responsibility Jigsaw Identifying goals for the year Jigsaw Global citizenship Jigsaw Children's universal rights	Identity, Respect & Equality - Perceptions of normality - Understanding disability - Power struggles	Money, Work & Life Skills BBC Financial Ed – Gaming payment models BBC Financial Ed – online scams	Physical Health, Wellbeing & Safety DHSC – Sleep DHSC – Emotions DHSC - Self Care SF Liverpool	Safe Relationships & Influence SIL – Types of peer influence SIL - What is an enabler in bullying SIL - What is coercion SIL - Being exploited	Growing Up, Change & Online Safety Ariel Trust – Send me a selfie- sharing online pictures Ariel Trust – what to do if someone online

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• Jigsaw Feeling welcome and valued • Jigsaw Choices, consequences and rewards • Jigsaw Group dynamics. • Jigsaw Democracy, having a voice, • Jigsaw Anti-social behaviour • Jigsaw Role-modelling No Outsiders: To promote diversity	• Understanding bullying • Inclusion/exclusion • Differences as conflict, difference as celebration • Empathy No Outsiders: To stand up to discrimination	• BBC Financial Ed – saving and borrowing • BBC Financial Ed - jobs • BBC Financial Ed – work and money No Outsiders: To challenge the causes of racism	No Outsiders: To consider how my life may change as I grow up	• SIL – County Lines • SIL – Managing Peer Pressure and influence • No Outsiders: To recognise freedom	makes you uncomfortable • Ariel Trust – harmful online • SIL – Gangs Resources • DHSC - Transition to secondary
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