

MENU WEEK 3

SERVED W/C:

10th Nov | 1st Dec | 22nd Dec | 12th Jan |
2nd Feb | 23rd Feb | 16th Mar | 6th Apr

THE
FOOD
EXPLORERS

Hutchison

Monday

Tuesday

Wednesday

Thursday

Friday

OPTION
1
MAIN
MEAL

OPTION
2

Mixed Vegetable & Bean
Fajita & Oven Baked
Wedges

Vegan Bolognese Ragu
Penne Pasta

Roast Quorn Fillet with
Roast Potatoes
& Gravy

Baked Creamy
Mac 'N' Cheese

Vegan Sausage Roll
& Chips

Chicken Pie with Mashed
Potatoes & Gravy

Beef Bolognese
Penne Pasta

Roast Chicken with Roast
Potatoes & Gravy

Creamy Chicken Curry
& Carrot Rice

MSC Approved Fish
Fingers & Chips

VEGGIES

Peas
& Carrots

Sweetcorn

Broccoli
& Peas

Carrot &
Mixed Salad

Beans

SANDWICHES

Chicken
Cheese

Chicken
Egg

Chicken
Cheese

Tuna Mayo
Cheese

Egg
Cheese

AVAILABLE EVERY DAY

Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET
TREATS

Strawberry Yoghurt &
Strawberry Sauce

Mixed Berry & Apple
Crumble with Custard

Orange Jelly
& Mandarins

Gingerbread Squares
with Custard

Garden
Brownie

Desserts available every day – a choice of jelly, fruit or yoghurt

KEY

Vegetarian
Vegan

Nutritionist's Choice

Added Wholewheat