

Week	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Autumn	myHappymind - Meet Your Brain					myHappymind Places			myHappymind - Celebrate							
Spring	myHappymind - Appreciate				Healthy Lifestyles		myHappymind - Relate			Friendships	Families and Close Positive Relationships	Buffer weeks can be used to catch up on missed lessons or to consolidate learning, making the most of our extra resources, including themed activities inspired by events throughout the year like Christmas, Diwali and Chinese New Year.				
Summer	myHappymind - Engage					Economic Wellbeing		Ourselves growing and changing - grief	Ourselves growing and changing - transition							

Week	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Autumn	myHappymind - Meet Your Brain		myHappymind Places			Shared Responsibilities		Showing Respect and Managing Hurtful Behaviours	myHappymind - Celebrate		Communities					
Spring	myHappymind - Appreciate		First Aid	Drugs, Alcohol & Tobacco	Media Literacy Digital Resilience		myHappymind - Relate	Safe Relationships			Buffer weeks can be used to catch up on missed lessons or to consolidate learning, making the most of our extra resources, including themed activities inspired by events throughout the year like Christmas, Diwali and Chinese New Year.					
Summer	myHappymind - Engage		myHappymind - Be Your Best			myHappymind - Transition Programme (2 sessions a week)										