Week	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Autumn	myHappymind - Meet Your Brain					myHappymind Places				myHappymind - Celebrate						
Spring	myHappymind - Appreciate				Healthy Lifestyles	myHappymind - Relate					Friendships	Families and Close Positive Relationships	Buffer weeks can be used to catch up on missed lessons or to consolidate learning, making the most of our extra resources, including themed activities inspired by events throughout the year like Christmas, Diwali and Chinese New Year.			
Summer	myHappymind - Engage						Communities	Shared Responsibilities	Ourselves growing and changing - Grief	Ourselves growing and changing - Transition						

Week	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Autumn	myHappymind - Meet Your Brain					myHappymind Places				Showing Respect and Managing Hurtful Behaviours	myHappymind - Celebrate					
Spring	myHappymind - Appreciate				First Aid	Media Literacy Digital Resilience	myHappymind - Relate				Safe relationships		Buffer weeks can be used to catch up on missed lessons or to consolidate learning, making the most of our extra resources, including themed activities inspired by events throughout the year like Christmas, Diwali and Chinese New Year.			
Summer	myHappymind - Engage				Keepping Safe		Economic Wellbeing			Ourselves growing and changing - Transition (2)						