

Week	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	
Autumn	myHappyMind - Meet Your Brain					myHappyMind Places					myHappyMind - Celebrate						
Spring	myHappyMind - Appreciate		Healthy Lifestyles		myHappyMind - Relate		Families and Close Positive Relationships		Buffer weeks can be used to catch up on missed lessons or to consolidate learning, making the most of our extra resources, including themed activities inspired by events throughout the year like Christmas, Diwali and Chinese New Year.								
Summer	myHappyMind - Engage			Shared Responsibilities	Communities	Ourselves, Growing and Changing		Transition									

Week	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	
Autumn	myHappyMind - Meet Your Brain					myHappyMind Places					myHappyMind - Celebrate						
Spring	myHappyMind - Appreciate		Keeping Safe		Media Literacy Digital Resilience	myHappyMind - Relate		Friendships		Buffer weeks can be used to catch up on missed lessons or to consolidate learning, making the most of our extra resources, including themed activities inspired by events throughout the year like Christmas, Diwali and Chinese New Year.							
Summer	myHappyMind - Engage				Safe Relationships		Economic Wellbeing		Transition								