



Personal, Social, Health and Economic Education (PSHE) Relationship and Health Education (RHE) & Social Moral Spiritual Cultural (SMSC) Curriculum Overview Whole School



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
British Value Link	Democracy	The Rule of Law Mutual Respect	Mutual Respect Tolerance The Rule of Law	Individual liberty	Mutual Respect	Individual Liberty The Rule of Law
Focus	Me and my relationships	Valuing Difference	Keeping Safe	Rights and Respect	Growing and Changing	Being my Best
EYFS	What makes me special. People close to me and how I can get help. (All About Me - LTP Overview)	Celebrating differences Comparing similarities and differences within the classroom room.	Keeping my body safe. -Safe secrets and touches. -People who can help to keep us safe. (LTP Overview – Heroes) Rule of Law	Caring for friends, environment and money	CWP Life stages. Boys and girls – similarities and differences.	Keeping my body healthy (LTP Overview – Adventures) Exploring food, exercise, sleep and growth mindset. Where does money come from?
	No Outsiders Choosing what I like <i>You Choose</i> <i>by Nick Sharrat and Pippa Goodheart</i>	No Outsiders To celebrate my family <i>Mommy, Mama and Me</i> <i>by Leslea Newman, Carol Thompson</i>	No Outsiders All families are different <i>The Family Book</i> <i>by Todd Parr</i>	No Outsiders It's okay to like different things <i>Red Rockets & Rainbow Jelly</i> <i>by Sue Heap and Nick Sharrat</i>	No Outsiders To make a new friend <i>Blue Chameloeon</i> <i>by Emily Gravett</i>	No Outsiders To say hello <i>Hello Hello</i> <i>by Brendan Wenzel</i>
Year 1	Awareness of feelings. How to communicate when I need help. How I can be a good friend.	Recognising, valuing and celebrating differences. -Developing respect and accepting others.	Cyber Safety Internet safety rules, agreeing to use these and to respect others.	Taking care of things: Myself My money My environment.	CWP My body parts. Keeping privates private.	Keeping my body clean and healthy Recognising the importance of healthy eating and good hygiene.

			-Understanding medicine safety and the importance of sleep.			Financial literacy Understanding the value of coins and notes. Understanding how to spend and save.
	No Outsiders I like the way I am <i>Elmer by David Mckee</i>	No Outsiders To join in <i>Going to the Volcano by Andy Stanton</i>	No Outsiders I share the world with lots of people <i>My World your World by Melanie Walsh</i>	No Outsiders To work together <i>Errol's Garden by Gillian Hibbs</i>	No Outsiders To find ways to play together <i>Want to play Trucks? by Ann Stott and Bob Graham</i>	No Outsiders Proud to me <i>Hair, It's a Family Affair by Mylo Freeman</i>
Year 2	Fight or Flight The range of normal emotions that we may feel. What bullying is and my school rules about bullying.	How do we make others feel? Understanding kindness and how we can help others. Developing listening skills. Tolerance of those of different faiths and beliefs and celebrating difference. Jewish Workshop	Keeping myself safe. Understanding what a safe and unsafe secret is. Understanding appropriate touch.	Online safety Knowing the importance of keeping personal information private.	CWP Growing and changing. Respecting privacy.	Looking after my body. Health & hygiene. Exercise & sleep.
	No Outsiders To have self-confidence <i>How To Be a Lion by Ed Vere</i>	No Outsiders To think about what makes a good friend <i>Amazing by Steve Antony</i>	No Outsiders To understand what diversity is <i>The Great Big book of Families by Mary Hoffman and Ros Asquith</i>	No Outsiders To welcome different people <i>Can I Join Your Club? by John Kelly and Steph Laberis</i>	No Outsiders To know I belong <i>All are Welcome by Alexandra Penfold and Suzanne Kaufman</i>	Financial literacy Understanding how to look after money including saving. Understanding wants and needs.
Year 3	Respectful relationships Online behaviours and rules and restrictions in place. Respectful relationships and how to show cooperation.	Diversity Recognising and respecting diversity Being respectful and tolerant of my community.	Staying safe online. The importance of decision-making skills and managing risks in order to stay safe online and offline.	Helping each other to stay safe. Understanding key people who are responsible for them to stay safe and healthy.	CWP Personal space and physical contact. Consent. Body difference.	Keeping myself healthy and well. Celebrating and developing my skills.
	No Outsiders To be welcoming <i>Beegu by Alexis Deacon</i>	No Outsiders To understand what a bystander is <i>We're All Wonders by R.J Palacio</i>	No Outsiders To understand what discrimination means <i>This is Our House by Michael Rosen</i>	No Outsiders To recognise and help an outsider <i>The Hueys in the New Jumper by Oliver Jeffers</i>	No Outsiders To recognise a stereotype <i>The Truth About Old People by ELina Ellis</i>	Financial literacy Understanding where money comes from and how we can keep track of it.
						No Outsiders To consider living in Britain today <i>Planet Omar: Accidental Trouble Magnet by Zanib Mian</i>

Year 4	Forming healthy relationships Forming healthy relationships and why it is important to listen to others feelings. Developing assertive skills.	Recognising and celebrating difference. - Looking at who they should respect in society & in their families & why - understanding and challenging stereotypes Tolerance of those of different faiths and beliefs Jewish Workshop	Understanding danger, risk of hazard. Being able to identify situations which are either dangerous, risky or hazardous.	Making a difference. Exploring different ways of helping others or the environment.	CWP Body changes during puberty. Managing difficult feelings.	Taking care of my environment. Having choices and making decisions about my health.
	No Outsiders To help someone accept difference <i>Along A Different</i> <i>by Tom McLaughlin</i>	No Outsiders To find common ground <i>Aalfred and Aalbert</i> <i>by Morag Hood</i>	No Outsiders To be proud of who I am <i>Red: A Crayon's Story</i> <i>by Michael Hall</i>	No Outsiders To choose when to be assertive <i>Dogs Don't Do Ballet</i> <i>by Anna Kemp and Sarah Oglivie</i>	No Outsiders To look after my mental health <i>When Sadness Comes to Call</i> <i>by Eva Elamd</i>	Financial literacy Considering where money comes and how we can spend or save our money.
Year 5	Friendship skills including compromise and cooperation. Understanding my own feelings and recognising the emotional needs of others.	Communicating Effectively - When to seek help if they or someone else feels afraid or unsafe online - critical digital awareness	Safety Central Visit Communicating Effectively Understanding strategies that can be used to deal with face to face and online bullying.	My health rights, respect and duties. Considering ways in which they can make a difference. Understanding media manipulation and AI.	CWP Growing up and changing bodies. Managing difficult feelings.	Growing independence and taking ownership and keeping myself healthy. Developing media awareness and safety.
	No Outsiders To justify my actions <i>Rose Blanche</i> <i>by Ian McEwan and Roberto Innocenti</i>	No Outsiders To exchange dialogue and express an opinion <i>And Tango Makes Three</i> <i>by Justin Richardson and Peter Parnell</i>	No Outsiders To consider responses to racist behaviour <i>Mixed</i> <i>by Arree Chung</i>	No Outsiders To recognise when someone needs help <i>How To Heal a Broken Wing</i> <i>by Bob Graham</i>	No Outsiders To explore friendship <i>The Girls</i> <i>by Lauren Lee and Jenny Lovlie</i>	No Outsiders To consider consequences <i>Kenny Lives With Erica and Martina</i> <i>by Olly Pike</i>
Year 6	Forming positive relationships. Understanding when I might need to demonstrate assertiveness. Understanding safe/unsafe touches.	Recognising and reflecting on prejudice-based bullying. - understanding bystander behaviour	Safety Central Visit Digital footprint What to do in a scenario where personal information is posted online and how to stay safe online. m	Digital critical thinking. Understanding media bias including social media and how to create caring communities and environments.	CWP Puberty, Relationships & Reproduction. Keeping safe including online.	Aspirations -routes into careers: college, apprenticeship, university -looking after my wellbeing.
						Financial literacy Considering how our money can help other people and how we can look after our money.

	No Outsiders To justify actions <i>Rose Blanche</i> by Ian McEwan	No Outsiders To consider language and freedom of speech <i>The Only Way is Badger</i> by Stella J. Jones & Carmen Saldana	No Outsiders To consider responses to immigration <i>King of the Sky</i> by Nicola Davis	No Outsiders To consider causes of racism <i>The Island</i> by Armin Greder	No Outsiders To show acceptance <i>Introducing Teddy</i> By Jessica Walton & Dougal MacPherson	No Outsiders To consider democracy <i>A Day in the Life of Marlon Bundo</i> by Marlon Bundo & Jill Twiss
Whole School	Democracy School Parliament Elections (KS1&2) Class Charter (All) Rule of Law Halloween visit from police Mutual Respect Black History Month	Tolerance of those of different faiths and beliefs Jewish Visit Assembly (KS2) Rule of Law Bonfire Night visit from fire service National Anti-bullying Week Anti-bullying Alliance Individual liberty Remembrance	Children's Mental Health Week National Internet Safety Day		NSPCC Consent for Kids	Democracy Voting the dinner menu Tolerance of those of different faiths and beliefs Sikh Visit Assembly (KS2) Aspirations Week Rule of Law Railway Safety Water Safety